

ck'´uedum,f
rdvdE´yO\$mygVdawmf
jrefrmjyef

earm wó b*0awm t&[awm or®morÁK'´ó/

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csOf;uyfNyD;aomf rdvdE´rif;onf (ynm[laom)
rD;&SL;rD;wdkifudk aqmifaom?
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rdvdE´yO\$musrf;ü (odjrifem,l&ef pGrf;Edkifaom)

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okwd-a0'usrf;¹? ordwd-urÇmhOya'ousrf;²? ocFsm-
ocFsmac: tbd"r®musrf;³? a,m*-a,m*ac:
tbd"r®musrf;⁴? eDwd-eDwdusrf;⁵? Odaoodu-
Odaooduac: tbd"r®musrf;⁶? *Pdw-twGuftcsuf -
ocFsmusrf;⁷? *E"ÁÁ-twD;trlwf wl&d,m-ynmusrf;⁸?
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"EkaÁÁ'-'EkaÁÁ'usrf;¹⁰? yk&mP-yk&mPusrf;¹¹?
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2-0ó*PeyOşm (odu©mawmfudk ar;jcif;)

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3-0DrHoeyOşm (pHkprf;avQmufar;jcif;)

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15-ynmvu©PyOšm (ynmvu©Pm jyóem)

15/ rdvdE´rif;onf]]toQifbk&m;em*aoe ynmonf
tb,fvu©Pm&Sdygoenf;}}[k ar;avQmuf\ rif;jrwf igonf
a&S;reodum&tar;üyif]]ynmonf
ydkif;jzwfjCIF;vu©Pm&Sd\}}[lí qdktyfcJhNyD?
wpfenf;aomfum; ynmonf
xGef;vif;awmufyjcif;vu©Pm&Sd\[k (ajzMum;awmfrl\)/
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vu©Pm&Sdygoenf;[k (ar;avQmuf\)/ rif;jrwf
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jyK\? xdkodkY xif&Sm;jcif; aMumifh ur®|
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ynmonf xGef;vif;awmufyjcif; vu©Pm&Sd\[k
(ajzMum;awmfrl\)/

toQifbk&m;em*aoe oifhavsmfavsmufywfygay\[k
(avQmuf\)/ /

wpfq,fhig;ckajrmuf ynmvu©PyO\$m NyD;

16-emem"r®meH
{uudpötbdedyæg'eyO\$m
(w&m;toD;oD;wdkY tusKd;wpfckwnf;udk
NyD;pD;jcif; jyóem)

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**pr[m0*fü tar;ypämjyóem
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2-t'ge0*f

**1-"r®oEÅwd yOšm (w&m;tpOftquf
qufpyfyHk jyóem)**

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(avQmuf\)/ /

a&S;OD;pGmaom "r®oEÅwdyO\$ m NyD;V

2-y#doE´[eyO\$ m (y#doaE´ rae&rludk od rod jyóem)

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3-ÓPynmyOšm (ÓPfESifh ynm jyóem)

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rnf}}[k podkYaom pdwftMuH jzpf&mao;oavm[k
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(avQmuf\)/ rif;jrwf ig;yg;aom tjrpfq;wdkYujhodkY
o'`daNE´? OD&d,daNE´? owdaNE´? orm"da`E´?
yndaNE´[laom £aNE´ig;yg;wdkYudk rSwftyfukef\?
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zsufqD;tyfukefaom udavomwdkYonfvnf; wpfzef
rjzpfukef/ rif;jrwf podkYvQif ynmonf rdrd\
jyKvkyfzG,fodjcif;udpöudk jyKNyD;í jyKNyD;umrQ
xdkcPüyif csKyfaysmuf\?]]tedpö}}

[lívnf;aumif;?]] 'ku©}}[lívnf;aumif;?]] tewå}}
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´? owda`E´? orm"da`E´? ynda`E´[laom £a`E
´ig;yg;wdkYukd rSwftyfukef\? rif;jrwf ppfajrjyifü
usufpm;aomol&Jaumif;ujhodkY ur®|
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csKyfaysmuf\?]]tedpö}}[lívnf;aumif;?]] 'ku©}}
[lívnf;aumif;?]]tewå}}[lívnf;aumif; xdkynmu
jyKtyfaom bm0emuHonf rcsKyfaysmuf[k
(rdefYawmfrl\)/

toQifbk&m;em*aoe oifhavsmfavsmufywfygay\[k
(avQmuf\)//

oHk;ckajrmuf ÓPynmyOšm NyD;V

**4-y#doE´[eyk*³/₄va0'd,eyOšm
(y#doaE´raeol a0'emcHpm; rcHpm;jyóem)**

4/ rdvdE´rif;onf]]toQifbk&m;em*aoe
y#doaE´rae&ol (&[EÅm) yk*³/₄Kdvfonf wfpfHk
wfp&maom 'ku©a0'emukd cHpm;ygao;oavm}}[k
ar;avQmuf\ em*aoerax&fonf tcsKdUaom a0'emukd
cHpm;&\? tcsKdUaom a0'emukd rcHpm;&[k
(ajzawmfrl\)/ tb,fa0'emukd cHpm;&ygoenf;?
tb,fa0'emukd rcHpm;&ygoenf;/ rif;jrwf ukd,füjzpfaom
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xdktaMumif;taxmuftyHh uif;jcif;aMumifh
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jrwfpGmbk&m;onf]]xdky#doaE´ rae&ol
(&[EÅmyk*³/₄dKvf) onf ukd,füjzpfaom
a0'emwpfckukdom cHpm;&\? pdwfüjzpfaom
a0'emukd rcHpm;&}}[k pa'oemawmfukdvnf;
a[mawmfrltyf\[k (ajzawmfrl\)/

toQifbk&m;em*aoe tMuif (&[EÅm) yk*³/₄dKvfonf
'ku©a0'emukd cHpm;&\? xdk (&[EÅm) yk*³/₄dKvfonf

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toQifbk&m;em*aoe oifhavsmfavsmufywyfgyay\[k
(avQmuf\)/ /

av;ckajrmuf y#doE´[eyk*³/₄va0'd,eyOšm NyD;V

5-a0'emyOšm (a0'emjyóem)

5/ rdvdE´rif;onf]]toQifbk&m;em*aoe okca0'emonf
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rif;jrwf umr*kPfü rSDukefaom þ]a*[ódw}
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umr*kPfrS xGufajrmufaMumif; psmefr*fü rSDukefaom
]aeu©r®ódw} aomreó a0'emwdkYum;
ajcmufyg;tjym;&Sdukef\? umr*kPfü rSDukefaom

a'greóa0'emwdkYum; ajcmufyg; tjym;&Sdukef\?
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 a'greóa0'emwdkYum; ajcmufyg;tjym;&Sdukef\?
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 ajcmufyg;tjym;&Sdukef\? umr*kPfrS
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 oifhavsmfavsmufywfygay\[k (avQmuf\)// /

ig;ckajrmuf a0'emyOšm NyD;V

1/ aomreóç a'greóç
 Oayu©ma0'emoHk;rsKd;wdkYukd a*[ódw
 aeu©r®ódw ESpfyg;ESifhajršmuf? ajcmufrsKd;
 jzpfV ,if;ajcmufrsKd;ukd
 tm½Hkajcmufyg;ESifhajršmuf? (6_6)= 36 jzpfV ,if;
 36 ukd twdwfç tem*wfc ypöKyÜef umvoHk;yg;ESifh
 ajršmufaomf (36_3)= 108-a0'em wpf&mh&SpfrsKd;
 jzpfV

Ä

**6-emr½ly{uwåemewåyOšm (emrf½kyf wl
rwl jyóem)**

6/ rdvdE´rif;onf]]toQifbk&m;em*aoe tb,fw&m;onf
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em*aoerax&fonf]]rif;jrwf emrf½kyfonf y#doaE¨ae\}}
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a,musfm;onf rif;BuD; tuREfkyfonf p a,musmf;\ v,fukd
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xdka,musfm;\ rD;rSomvQif jzpfay:vmyg\[k
(avQmufxm;)/ rif;jrwf ptwlomvQif
aonfhtqHk;jzpfam emrf¹/₂kyfonf tu,fívnf;
tjcm;wpfyg;jzpf\? y#doaE`tcgü emrf¹/₂kyf onf tu,fíum;
tjcm;wpfyg;jzpf\? odkYjzpfamfum;
xdka&S;emrf¹/₂kyfaMumifh omvQif xdkaemuf
emrf¹/₂kyfonf jzpf\? xdkYaMumifh ,kwfnHhukefaom
tukodkvfuHwdkYrS rvGwfEdkif[k (rdefYawmfrl\)/

xdkYxuftvGef OyrmjyKawmfrylgOD;avmh[k
(avQmuf\)/ rif;jrwf Oyrmtm;jzifh wfpfHk
wpfa,mufaom a,musfm;onf i,f&G,faomoli,frukd
aphpyfaMumif;vrf;
awmif;&rf;ajymqdkíhtoGif;Opömukd ay;cJhNyD;vQif
zJoGm;&m\? xdkoli,fronf aemuftcgü
xdrf;jrm;oifhavmuf t&G,f a&mufavV xdkYaemufS
tjcm;a,musfm;onf toGif;Opömukd ay;í xdrf;jrm;rlukd
jyK&m\? xdktcg yxra,musfm;onf
jyefvmí]]tcsif;a,musfm; oifonf tb,fhaMumifh ig\
r,m;ukd odrf;ykdufbdoenf;}}[k (ajymqdk&m\)/
xdkxdrf;jrm;olonf]]oifhr,m;ukd ig raqmif,l? oif
aphpyfaMumif;vrf; awmif;&rf; ajymqdkí
toGif;Opömay;xm;aomoli,fronf i,f&G,fEkysKdaom
tjcm;wpfyg;aom rdef;rygwnf;? toGif;Opömay;í
igxdrf;jrm;aom xdrf;jrm;oifhavmuf t&G,f a&mufaom
poli,fronfum; tjcm;wpfyg;omwnf;}}[k (ajymqdk&m\)/
xdka,musfm; ESpfamufwdkYonf jiif;chKMuukefvsuf
oifrif;jrwftxHodkY vmukef&m\? rif;jrwf oifrif;jrwf onf
tb,foltm; w&m;ukd tEdkifay;rnfenf;[k (ar;awmfrl\)/
toQifbk&m; yxra&S;OD; a,musfm;tm; w&m;ukd
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(avQmuf\)/ rif;jrwf Oyrmtm;jzifh wpfpHk
wpfa,mufaom a,musfm;onf EGm;ausmif;om;\ vufrS
EGm;EdkYtdk;ukd 0,fí]]eufjzefrS ,lí oGm;tHh}}[k
xdkEGm;ausmif;om;\ vufüyifvQif tyfEHScJhí
zJoGm;&m\? xdkEGm;EdkYonf eufjzefü
EdkY"rf;jzpfav&m\? xdkEGm;EdkYtdk;0,faom
a,musfm;onf vmí]]ig\ EGm;EdkYtdk;ukd ay;avmh}}
[k (qdk&m\)/ xdkEGm;ausmif;om;onf EdkY"rf;ukd
jy&m\ EGm;EdkY0,faom a,musfm;onf]]igonf oif\
vufrS EdkY"rf;ukd r0,f? ig\ EGm;EdkYtdk;ukdom
ay;avmh}}[k (qdk&m\)/ xdkEGm;ausmif;
om;onf]]EdkYonf oif rodpoF EdkY"rf; jzpfav\}}[k
(ajymqdk&m\)/ xdkolwdkYonf jiif;cHkMuukefvsuf
oifrif;jrwf\ txHodkU vmukef&m\? rif;jrwf oifrif;jrwf
onf tb,foltm; w&m; ukd tEdkifay;rnfenf;[k (ar;awmfrl\)/
toQifbk&m; EGm;ausmif;om;tm; w&m;ukd
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w&m;ukd tEdkifay;tHhenf;[k (ar;awmfrl\)/
xdkEGm;EdkYtdk;0,faom a,musfm;onf podkYyif
qdkapumrl pifppfaomfum; xdkEdkY"rf;onf
xdkEGm;EdkYrSomvQif jzpfvmyg\[k (avQmuf\)/
rif;jrwf ptwlomvQif aoonfhtqHk; jzpfaom emrf¹/₂kyfonf
tu,fíum; tjcm;wpfyg;jzpf\? y#doaE`tcgüjzpfaom
emrf¹/₂kyfonf tu,fíum; tjcm;wpfyg;jzpf\?
odkYjzpfaomfvnf; xdkaemufemrf¹/₂kyfonf
xdka&S;emrf¹/₂kyfaMumifhomvQif jzpf\?
xdkYaMumifh ,kwfnHhukefaom tukodkvfuHwdkYrS

rvGwfEdkif[k (rdefYawmfrl\)/ toQifbk&m;em*aoe
oifhavsmfavsmufywfgyay\[k (avQmuf\)/ /

**ajcmufckajrmuf emr^{1/2}ly{uwåemewåyOšm
NyD;V**

**7-ax&y#doE´[emy#doE´[eyOšm
(em*aoerax&f wpfzefy#doaE"ae rae
jyóem)**

7/ rdvdE´rif;onf]]toQifbk&m;em*aoe
toQifbk&m;onfum; y#doaE"ae&OD;rnfavm}}[k
ar;avQmufV/ rif;jrwf rar;ygvifh oifrif;BuD;tm;
xdktar;jzifh tb,ftusKd;&SdtHhenf;?]]rif;jrwf
Oyg'gef&Sdao;onf jzpftHh y#doaE"ae&vwåHU?
Oyg'gefr&Sdonf jzpftHh y#doaE" rae&vwåHU}}[k
igonf a&S;rqGuyif ajymMum;tyfNyD r[kwfavm[k
(rdefYawmfrl\)/

OyrmjyKawmfrlygOD;avmh[k (avQmuf\)/ rif;jrwf
Oyrm;tm;jzifh wfpfHkwpfa,mufaom a,musfm;onf
rif;tm; aus;Zl;ukd jyKav&m\? rif;onf ESpfoufonfjzpfí
aus;Zl;wkHY csD;ajršmufjcif;ukd jyKjyef&m\?
xdka,musfm;onf xdkrif;jyKaom csD;ajršmufjcif;jzifh
umr*kPfig;yg;wdkYjzifh uHkvHkjynfhpHkonfjzpfí
oHk;aqmifcHpm;&m\? xdk,musfm;onf
vltaygif;tm;]]rif;onf ightm; wfpfHkwpfckaom
aus;Zl;wkHYukd rjyK}}[k tu,fí ajymMum;tHh? rif;jrwf
todkYenf; xdk,musfm;onf oifhavsmfpGm jyKvkyfonf
jzpf&moavm[k (ar;awmfrl\)/ toQifbk&m;
oifhavsmfpGm jyKvkyfonf rzpf&myg[k (avQmufxm;\)/
rif;jrwf ptwlomvQif oifrif;jrwf tm; xdktar;jzifh
tb,ftusKd;&SdtHhenf;? igonf]]Oyg'gef&Sdao;onf
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jzpfthH y#doaE`rae&vwåHU[k igonf a&S;rqGuyif
a[mMum;tyfNyD; r[kwfygavm}][k (rdefYawmfrl\)/
toQifbk&m;em*aoe oifhavsmfavsmufywyfgyay\[k
(avQmuf\)/ /

**ckepfckajrmuf ax&y#doE´[emy#doE´[eyOšm
NyD;V**

**8-emr^{1/2}lyy#doE´[eyOšm (emrf^{1/2}kyfESifh
y#doaE`aerl jyóem)**

8/ rdvdE´rif;onf]]toQifbk&m;em*aoe]emrf^{1/2}kyf}[lí
tMuifpum;ukd rdefYqdkawmfrl\?
xdkemrf^{1/2}kyfESpfyg;wdkYwGif tb,fw&m;onf
emrfygenf;? tb,fw&m;onf ^{1/2}kyfygenf;}}[k
ar;avQmufV rif;jrwf xdkemrf^{1/2}kyfESpfyg;wdkYwGif
xif&Sm;Murf;wrf;aom oabmonf ^{1/2}kyfwnf;?
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apwodufw&m;wdkYonf emrfwnf;[k (rdefYawmfrl\)/
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xdkemrf^{1/2}kyfw&m;wdkYonf tcsif;csif; wpyfg;onf
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[k (rdefYawmfrl\)/

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rjzpfwHkjim;tHh? tOonfvnf; rjzpfav&m/
xdkESpfyg;wdkYwGif a&Munfç tO=
ESpfyg;pHkwdkYonf tcsif;csif; wpyfg;onf wpyfg;ü
rSDukef\? xdk a&Munfç tOwdkY\ wpfaygif;wnf; omvQif
jzpfjcf;onf xif&Sm;ouJhodkY? rif;jrwf ptwlomvQif
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½kyfonfvnf; rjzpf&m? xdkemrf½kyfESpfyg;wdkYwGif
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wpfyg;onf wpfyg;ü rSDukef\? xdkemrf½kyfwdkY\
wpfaygif;wnf;omvQif jzpfjCIF;onf xif&Sm;\? podkY
xdkemrf½kyfESpfyg;onf &SnfpGmaom umvywfvHk;
usifvnfajy;oGm;&av\[k (rdefYawmfrl\)/
toQifbk&m;em*aoe oifhavsmfavsmufywfygay\[k
(avQmuf\)/ /

&Spfckajrmuf emr½lyy#doE´[eyOšm NyD;V

9-t' geyOšm (umv jyóem)

9/ rdvdE
´rif;onf]]toQifbk&m;em*aoe]&SnfpGmaom umv}[lí
tMuifpum;ukdhrdefYqdkawmfrl\? pumvrnfonf
tb,fygenf;}}[k (avQmuf\)/ rif;jrwf twdwfonf umv rnf\
tem*wfonf umv rnf\? ypöKyÜefonf umv rnf\[k
(rdefYawmfrl\)/ toQifbk&m; tvHk;pHkaom
umvwdkYonf &Sdygavukefoavm[k (avQmufxm;\)/
rif;jrwf tcsKdUaom umv onf &Sd\? tcsKdUaom
umvonf r&Sd[k (ajzMum;awmfrl\)/ toQifbk&m;
tb,fumvonf &Sdí tb,fumvonf r&Sdygoenf;[k
(ar;avQmuf\)/ rif;jrwf tMuifocFg&wdkYonf twdwf
jzpfukef\? ypöyÜKefrS uif;vGwfukef\?
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xdkumvonf &Sd\? tMuifowå0gwdkYonf
 aovGefukefaomf wpyfg;aom bHkb0ü rjzpfukef?
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 (ajzqdkrdefhMum;awmfrl\)/ toQifbk&m;em*aoe
 oifhavsmfavsmufywfygay\[k (avQmuf\)/ /

ukd;ckajrmuf t'geyOšm NyD;V

ESpfckajrmuf t'ge0*f NyD;V

pt'ge0*fü tar;ykpämjyóem ukd;yg;wdkYwnf;/

3-0dpm&0*f

1-t'gerlvvyOšm (umv\ t&if;rlv jyóem)

1/ rdvdE´rif;onf]]toQifbk&m;em*aoe twdwfumv\
 t&if;rlvonf tb,fygenf;? tem*wfumv\ t&if;rlvonf
 tb,fygenf;? ypöKyÜefumv\ t&if;rlvonf tb,fygenf;}}[k
 ar;avQmufV rif;jrwf twdwfumv? tem*wfumv?
 ypöKyÜefumv\ t&if;rlvonf opö mav;yg;ukd
 rodrl]t0dZÆem} yifwnf;? t0dZÆem[laom
 taMumif;aMumifh ocFg&wdkY jzpfukef\? ocFg&[laom
 taMumif;aMumifh 0dnmPf jzpf\? 0dnmPf[laom
 taMumif;aMumifh emrf½kyf jzpf\? emrf½kyf[laom
 taMumif;aMumifh tZÑwådum,weajcmufyg;jzpf\?
 tZÑwådum,weajcmufyg;[laom taMumif;aMumifh
 zójzpf\? zó[laom taMumif;aMumifh a0'emjzpf\?
 a0'em[laom taMumif;aMumifh wPSm jzpf\?
 wPSm[laom taMumif;aMumifh Oyg'gef jzpf\?
 Oyg'gef[laom taMumif;aMumifh b0jzpf\? b0[laom

taMumif;aMumifh Zmwd jzpf\? Zmwd[laom taMumif;
aMumifh Z&mç r&Ponfvnf;aumif;? aomuç y&da0'ç
'ku©ç a'greóç Oyg,mowdkYonfvnf;aumif; jzpfukef\
podkYvQif tvHk;pHkaom umv\ a&S;tpGef;onf
rxif&Sm;[k (rdefYawmfrl\)/ toQifbk&m;em*aoe
oifhavsmfavsmufywfygay\[k (avQmuf\)/ /

a&S;OD;pGmaom t' gerlvyošm NyD;V

2-yk&draum#dyOšm (a&S;tpGef; jyóem)

2/ rdvdE´rif;onf]]toQifbk&m;em*aoe a&S;jzpfaom
tpGef; (tydkif;tjcm;) onf rxif[k tMuifpum;ukd
rdefYqdkawmfrl\? xdkpum;\ Oyrmukd
jyKawmfrlygOD;avmh}}[k (avQmuf\)/ rif;jrwf
Oyrmmtm;jzifh a,musfm;onf ao;i,faom rsKd;aphukd
ajrű pdkufysKd;&m\? xdkrsKd;aphrS tñGefYxGufvwfí
tpOftwdkif; BuD;yGg;jcif;ç pnfyifjcif;ç
jyefYajymjcif;odkY a&mufvwfaomf toD;ç oD;&m\
xdktoD;rSvnf; rsKd;aphukd ,lí wpfzef
pdkufysKd;jyef&m\? xdkrsKd;aphrSvnf;
tñGefYxGufvwfí tpOftwdkif; BuD;yGg;jcif;ç pnfyifjcif;ç
jyefYajymjcif;odkY a&mufvwfaomf toD;ç oD;&m\
podkYvQif p (rsKd;aph) tpOf\ tpGef; (tydkif;tjcm;)onf
&Sdygoavm[k (ar;awmfrl\)/ toQifbk&m; r&Sdyg[k
(avQmufxm;)\)/ rif;jrwf ptwlomvQif &SnfpGmaom
umv\vnf; a&S;jzpfaom tpGef; (tydkif;tjcm;) onf rxif[k
(ajzMum;awmfrl\)/

xdkYxuftvGef OyrmjyKawmfrlygOD;avmh[k
(avQmuf\)/ rif;jrwf MuufrrS MuufOonf O&m\? MuufOrS
Muufronf ayguf&m\? MuufrrS MuufOonf O&m\? podkY
tqifhqifh jzpfaomf ptpGef; (tydkif;tjcm;) onf
&Sdaumif;ygtHhavm[k (ar;awmfrl\)/ toQifbk&m; r&Sd
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p&SnpfGmaom umv\vnf; tpGef; (tydkif;tjcm;) onf
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toQifbk&m; xdkYxuftvGef
OyrmjyKawmfrlygOD;avmh/ em*aoerax&fonf ajrÜ
puf0dkif; a&;í rdvdE´rif;BuD;tm;]]rif;jrwf ppuf0dkif;\
tpGef; (tydkif;tjcm;) onf &Sdygoavm}}[k ppum;ukd
rdefYawmfrl\ r&Sdyg toQifbk&m;/ rif;jrwf ptwlomvQif
pu©Kyom'½kyfukdvnf;aumif;?

½lyg½HkwkYukdkvnf;aumif; tpJGtrSDjyKí
pu©K0dnmPfjzpfay:\? pu©Kyom'½kyf? ½lyg½Hk?
pu©K0dnmPfpdwf oHk;rsKd;wdkY\
a&mpyfaygif;qHkrdonfjzpfí awGUxdrl]zó} jzpfay:\?
awGUxdrl]zó}[laom taMumif;aMumifh
cHpm;rl]a0'em} jzpfay:\? cHpm;rl]a0'em}[laom
taMumif; aMumifh uyfNidwG,fwmrl]wPSm} jzpfay:\?
uyfNidwG,fwmrl]wPSm}[laom taMumif;aMumifh
jyif;pGmpJGvrf;rl]Oyg'gef} jzpfay:\? Oyg'gef[laom
taMumif;aMumifh ukodkvfc tukodkvfapwemuH
jzpfay:\? uHaMumifh wpfzef pu©Kyom'½kyf
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(ed'geoH,kwf*[ywd0*fü) a[mMum;awmfrltyfukef\
podkYvQif jrwfpGmbk&m; a[mawmfrltyf onfhtwdkif;
ppu©K0dnmPf tpOftquf\ tpGef; (tydkif;tjcm;) onf
&SdygtHhavm[k (ar;awmfrl\)/ r&Sdyg toQifbk&m;[k
(avQmuf\)/

aomwyom'½kyfukdvnf;aumif;?
o'´g½HkwkYukdkvnf;aumif; tpJGtrSDjyKí/y/
raem'Gg&ukdvnf;aumif;?
"r®m½HkwkYukdkvnf;aumif; tpJGtrSDjyKí
raem0dnmPfonf jzpfay:\? raem'Gg&? "r®m½Hk?
raem0dnmPfoHk;rsKd;wdkY
a&mpyfaygif;qHkrdonfjzpfí awGUxdrl]zó} jzpfay:\?
awGUxdrl]zó}[laom taMumif;aMumifh
cHpm;rl]a0'em} jzpfay:\? cHpm;rl]a0'em}[laom

taMumif; aMumifh uyfNidwG,fwmrl]wPSm} jzpfay:\?
uyfNidwG,fwmrl]wPSm}[laom taMumif;aMumifh
jyif;pGmpJGvrf;rl]Oyg'gef} jzpfay:\? Oyg'gef[laom
taMumif;aMumifh ukodkvfc tukodkvfapwemuH
jzpfay:\? uHaMumifh wpfzef pu©Kyom'½kyf
jzpfay:jyef\}}[lí ppufwdkYukd jrwpfGmbk&m;onf
a[mMum;awmfrltyfukef? podkYvQif jrwpfGmbk&m;
a[mawmfrltyfonfhtwdkif; bpu©K0dnmPf tpOftquf\
tpGef; (tydkif;tjcm;) onf &SdygtHhavm[k (ar;awmfrl\)/
r&Sdyg toQifbk&m;/ rif;jrwf podkYvQif &SnfpGmaom
umv\vnf; a&S;jzpfNyD;aom tpGef; (tykdif;tjcm;)onf
rxif[k (rdefYawmfrl\)/

toQifbk&m;em*aoe oifhavsmfavsmufywyfgyay\[k
(avQmuf\)/ /

ESpfckajrmuf yk&draum#dyOšm NyD;V

3-aum#dynm,eyOšm (a&S;tpGef; xifrxif jyóem)

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rdefYqdkawmfrl? xdka&S;jzpfaom tpGef;
(tydkif;tjcm;) onf tb,fygenf;}}[k ar;avQmufV rif;jrwf
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(tydkif;tjcm;) rnf[k (rdefYawmfrl\)/
toQifbk&m;em*aoe]]a&S;jzpfaom tpGef;
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a&S;jzpfaom tpGef; (tydkif; tjcm;) onf rxifygoavm[k
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(tydkif;tjcm;) onf rxif[k (rdefYawmfrl\)/ toQifbk&m;

tb,fa&S;tpGef; (tydkif;tjcm;) onf xifygoenf;? tb,f
a&S;tpGef; (tydkif;tjcm;) onf rxif ygoenf;[k
(ar;avQmuf\)/ rif;jrwf þumvrS a&S;umvü tcgcyfodrf;
tcsif;cyfodrf; t0dZÆmw&m;onf rjzpfzl;? a&S;tpGef;
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csKyfuif;aysmufuG,fav\? þa&S;tpGef; (tydkif; tjcm;)
onf xif\k (rdefYawmfrl\)/

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Ä

6-a0'*lyOšm (ZD0rnfaom vdyfjymaumiftwåjyóem)

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xdkvif;uGif;ESpfckwdkY\ xdcwf aygif;qkHjcif;uJhodkY
awGUxdrl]zó} udk rSwf&m\k (rdefYawmfrl\)/

toQifbk&m;em*aoe oifhavsmfavsmufywfygay\k
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&Spfckajrmuf zóvu©PyOšm NyD;V

9-a0'emvu©PyOšm (a0'emvu©Pmjyóem)

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tb,fvu©Pm&Sdygoenf;k (ar;avQmuf\)/ rif;jrwf
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14-0dpm&vu©PyOšm (0dpm&vu©Pmjyóem)

14/ toQifbk&m;em*aoe 0dpm&onf
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3-yOöm,weur®edAÁwåyOšm (tm,weig;yg; uHaMumifh jzpfykH jyóem)

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9-edAÁmevbeyOšm (edAÁmef&jcf; jyóem)

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(avQmuf\)/ /

q,fckajrmuf edAÁmeokcZmeeyOšm NyD;V

av;ckajrmuf edAÁme0*f NyD;V

pedAÁme0*fü tar;ykpämjyóem q,fyg;wdkYwnf;/

5-Ak'´0*f

1-Ak'´ó tw→d ew→dbm0yO\$ (jrwfpGmbk&m; &Sd r&Sd jyóem)

1/ rdvdE´rif;onf]]toQifbk&m;em*aoe
toQifbk&m;onf jrwfpGmbk&m;udk zl;jrifzl;yg oavm[k
ar;avQmuf\ rif;jrwf rzl;jrifzl;yg[k
(rdefYawmfrl\)/ ,if;odkY rzl;jrifzl;onf&Sdaomf
toQifbk&m;\ q&mwdkYonf jrwfpGmbk&m;udk
zl;jrifzl;ygukefoavm}}[k ar;avQmuf\ rif;jrwf
rzl;jrifbl;ygukef[k (rdefYawmfrl\)/ toQifbk&m;em*aoe
odkYjzpfvQif jrwfpGmbk&m; r&Sdacs wum;[k
(avQmuf\)/ rif;jrwf [dr0EÅmt&yfü OD[mjrpufudk
oifrif;jrwf jrifzl;oavm[k (ar;awmfrl\)/ toQifbk&m;
rjrifbl;yg[k (avQmuf\)/ ,if;odkY rjrifbl;aomf oifrif;jrwf\
tzonef OD[mjrpufudk jrifzl;ygoavm[k (ar;awmfrl\)/
toQifbk&m; rjrifzl;yg[k (avQmuf\)/ rif;jrwf odkYjzpfrl
OD[mjrpfonf r&Sdacs wum;[k (rdefYqdk\)/ toQifbk&m;
&Sdyg\? tuREkfyfonf OD[mjrpufudk tu,fíum; rjrifbl;yg?
tuREkfyf\ tzonefvnf; OD[mjrpufudk tu,fíum; rjrifzl;yg?
odkYaomfvnf; OD[mjrpfonf &Sdyg\[k (avQmuf\)/
rif;jrwf ptwlmvQif igonf jrwfpGmbk&m;udk tu,fíum;
rsufjrif]'d|} rzl;jrifvdkuf&? ig\ q&mwdkYonfvnf;
jrwfpGmbk&m;udk tu,fíum; rsufjrif]'d|}
rzl;jrifvdkuf&yg? odkYaomfvnf; jrwfpGmbk&m;onf
&Sd\[k (rdefYawmfrl\)/

toQifbk&m;em*aoe oifhavsmfavsmufywfygay\[k
(avQmuf\)/ /

**a&S;OD;pGmaom Ak'´ó tw→d ew→dbm0yO\$
NyD;\h**

2-Ak'ó tEkwå&bm0yOşm (jrwpGmbk&m; twkr&SdjrwfykH jyóem)

2/ rdvdE´rif;onf]]toQifbk&m;em*aoe
jrwpGmbk&m;onf twkr&Sd jrwfygoavm}}[k
ar;avQmuf\ rif;jrwf jrwpGmbk&m;onf twkr&Sd
jrwfonf rSef[k (rdefYawmfrl\)/ toQif bk&m;em*aoe
rjrizl;ygb]vsuf]]jrwpGmbk&m;onf twkr&Sd jrwf\}}[k
tb,fodkY odyg oenf;[k (avQmuf\)/ rif;jrwf xdkt&mudk
tb,fodkY rSwfxifoenf;? r[mork'´&mudk rjrizl;
ao;aomolwdkYonf r[mork'´&monf us,f\? tapmufeuf\?
ra&wGufEdkif? ouf0iful;cyf Edkifc\]? tMuif
r[mork'´&mü **Fg? ,rkem? tpd&0wD? o&bl? r[D[laom
bjrpfBuD;ig;oG,fwdkY tjrJrjywf pD;0ifukef\?
xdkr[mork'´&m\ ,kwfavsmhaom tjzpfonfvnf;aumif;?
jynfhvQHaom tjzpfonfvnf;aumif; rxifEdkifav[k
odEdkifukef&moavm[k (ar;awmfrl\)/ toQif bk&m;
[kwfyg\ odEdkifukef&myg\ [k (avQmuf\)/ rif;jrwf
ptwlmvQif BuD;jrwfawmfrl Lukefaom
y&dedAÁmef0ifpHawmfrl LukefNyD;aom
wynfhom0uwdkYudk jrif&aomaMumifh
jrwpGmbk&m;onf twkr&Sd jrwf\ [lí odEdkif&m\ [k
(rdefYawmfrl\)/
toQifbk&m;em*aoe oifhavsmfavsmufywfygay\ [k
(avQmuf\)/ /

ESpfckajrmuf Ak'ó tEkwå&bm0yOşm NyD;V

3-Ak'ó tEkwå&bm0ZmeeyOşm

**(jrwpGmbk&m;\ twkr&Sdonfhtjzpfudk od
rod jyóem)**

3/ rdvdE´rif;onf]]toQifbk&m;em*aoe
jrwpfGmbk&m;onf twkr&Sd jrwl[k odjci;iSg
wwfaumif;ygoavm}}[k ar;avQmuf/
rif;jrwl]]jrwpfGmbk&m;onf twkr&Sd jrwl}}[k
odjci;iSg wwfaumif;onf rSef[k (rdefYawmfrl\)/
toQifbk&m;em*aoe tb,fodkYvQif]]jrwpfGmbk&m;onf
twkr&Sd jrwl}}[k odjci;iSg wwfaumif;ygoenf;[k
(avQmuf\)/ rif;jrwl a&S;ujzpfzl;onfum;
wdóax&trnf&aom pma&;q&mBuD;onf &SdcJhzl;NyD?
xdkpma&;q&mBuD; uG,fvGefjci;iSg
ESpfaygif;rsm;pGm ausmfvGefNyD;jzpfygvuf
xdkpma&;q&mBuD;udk tb,fodkY odEdkifygoenf;[k
(ar;awmfrl\)/ toQifbk&m; xdkq&mBuD; a&;xm;aom
pmjzifh od&ygl[k (avQmuf\)/ rif;jrwl ptwlomvQif
tMuifolonf w&m;udk jrif? xdkolonf jrwpfGmbk&m;udk
jrif? rif;jrwl xkdpum;rSef? jrwpfGmbk&m;onf
w&m;awmfudk a[mMum;awmfrltyfc]h\k
(rdefYawmfrl\)/

toQifbk&m;em*aoe oifhavsmfavsmufywfygay\k
(avQmuf\)/ /

**okH;ckajrmuf Ak'´ó tEkwa&bm0ZmeeyO\$m
NyD;V**

**4-"r®'d|yO\$m (w&m;awmfudk jrif rjif
jyóem)**

4/ rdvdE´rif;onf]]toQifbk&m;em*aoe
toQifbk&m;onf w&m;awmfudk jrifyg oavm}}[k
ar;avQmuf/
rif;jrwl jrwpfGmbk&m;
ñTefMum;awmfrlaom enf;jzifhom? jrwpfGmbk&m;
ynwfawmfrlcsufjzifhom toufxufqkH;

wynfhom0uwdkYonf vdkufemusifhaqmiftyf\[k
(rdefYawmfrl\)/

toQifbk&m;em*aoe oifhavsmfavsmufywfygay\[k
(avsmuf\)/ /

av;ckajrmuf "r®'d|yOšm NyD;V

5-touFrey#doE´[eyOšm (rajymif;a&TU&b] y#doaE"ae rae jyóem)

5/ rdvdE´rif;onf]]toQifbk&m;em*aoe (pb0rS
wpfpkHwpf&mryg) rajymif;a&TU&b] y#doaE"
p]Gae&ygoavm}}[k ar;avQmuf\ rif;jrwf (pb0rS
wpfpkHwpf&mryg) rajymif;a&TU&b]
y#doaE"pGJae&onf rSef\[k (rdeYfawmfrl\)/
toQifbk&m;em*aoe (pb0rS wpfpkHwpf&mryg)
rajymif;a&TU&b] tb,fodkY y#doaE"pGJae&ygoenf;?
OyrmjyKawmfrlygOD;avmh[k (avQmuf\)/ rif;jrwf
Oyrmtm;jzifh wpfpkHwpfa,mufaom a,mufsm;onf
rD;wdkifwpfckrS rD;wdkifwpfckudk nšdxGef;&m\?
rif;jrwf todkYenf; xdkrD;onf xdkrD;wdkifrS
ajymif;a&TUoGm;oavm[k (ar;awmfrl\)/ toQifbk&m;
rajymif;a&TUyg[k (avQmuf\)/ rif;jrwf ptwlomvQif
(pb0rS wpfpkHwpf&mryg) rajymif;a&T U&b]
y#doaE"p]Gae&\[k (rdefYawmfrl\)/

xdkYxuftvGef OyrmjyKawmfrlygOD;avmh[k
(avQmuf\)/ rif;jrwf oifrif;jrwfonf i,f&G,f pOfu
uAsmq&m\ txHü wpfpkHwpfckaom uAsmudk
oif,lzl;onfudk rSwfrdyg\avm[k (ar;awmfrl\)/
toQifbk&m;[kwfyg\ rSwfrdyg\[k (avQmuf\)/ rif;jrwf
todkYenf; xdkuAsm onf q&mhxHrS
ajymif;a&TUvmoaavm[k (ar;awmfrl\)/ toQifbk&m;
rajymif;a&TUyg[k (avQmuf\)/ rif;jrwf ptwlomvQif

(pb0rS wpfpkHwpf&mryg) rajymif;a&TU&b
y#doaE"p]Gae &[k (rdefYawmfrl\)/

toQifbk&m;em*aoe oifhavsmfavsmufywfygay\[k
(avQmuf\)/ /

ig;ckajrmuf touFrey#doE´[eyOšm NyD;V

6-a0'*lyOšm (a0'*l]twåvdyfjymaumif}jyóem)

6/ rdvdE´rif;onf]]toQifbk&m;em*aoe a0'*ludk
y&rwfjzifh &tyfygoavm}}[k ar;avQmufV rif;jrwf
y&rw-tm;jzifh a0'*ludk r&Edkif[k em*aoerax&fonf
(rdefYawmfrl\)/

toQifbk&m;em*aoeonf oifhavsmfavsmufywfygay\
[k (avQmuf\)/ /

ajcmufckajrmuf a0'*lyOšm NyD;V

7-tnum,ouFreyOšm (tjcm;udk,fodkY ajymif;aom owå0g &Sd r&Sdjyóem)

7/ rdvdE´rif;onf]]toQifbk&m;em*aoe
tMuifowå0gonf pudk,faumifrS wpfyg;aom
udk,faumifodkY a&TUajymif;\? wpfpkHwpfa,mufaom
xdkowå0grsKd;&Sdygoavm}}[k ar;avQmufV rif;jrwf
r&Sd[k (rdefYawmfrl\)/ toQifbk&m;em*aoe
pudk,faumifrS wpfyg;aom udk,faumif odkY
ajymif;a&TUAom owå0gonf tu,fí r&Sdrl ,kwfnHhaom
uHwdkYrS vGwfajrmufol jzpfygvwåHU avm[k
(ar;avQmuf\)/ rif;jrwf[kwfrSef\? tu,fí

y#doaE`raecJhrl ,kwfnHhaom uHwdkYrS
vGwfajrmufol jzpfvwa`HU? rif;jrwf tMuifhaMumifh
y#doaE`ae&ao;\? xdkYaMumifh ,kwfnHhaom
uHwdkYrS rvGwfEdkif[k (rdefYawmfrl\)/

OyrmjyKawmfrlygOD;avmh[k (avQmuf\)/ rif;jrwf
wpfa,mufaom a,mufsm;onf tjcm;aomol\ o&ufoD;udk
cdk;,l&m\? xdko&ufoD;cdk;aomolonf tjyph'PfodkY
a&muf&moavm[k (ar;awmfrl\)/ toQifbk&m;[kwfyg\
tjyph'PfodkY a&muf&myg\k (avQmuf\)/ rif;jrwf
xkdcdk;olonf tjcm;ol pdkufysKd;tyfaom
o&ufoD;wdkYudk cdk;onf r[kwfygb]vsuf tb,fhaMumifh
tjyph'PfodkY a&muf&moenf;k (ar;awmfrl\)/
toQifbk&m; xdkcdk;,ltyfaom o&ufoD;wdkYonf tjcm;ol
pdkufysKd;aom o&ufoD;wdkYudk rSDí jzpfay:ukef\
xdkYaMumifh tjyph'PfodkY a&muf&myg\k (avQmuf\)/
rif;jrwf ptwlvQif p (ypöKyÜef) emrf¹/₂kyfjzifh
aumif;onfvnf;jzpfaoam? raumif;onfvnf;jzpfaoam uHudk
jyK\? xdkuHaMumifh tjcm;aom emrf¹/₂kyfonf
y#doaE`ae\? xdkYaMumifh ,kwfnHhaom uHwdkYrS
rvGwfEkdif[k (rdefYawmfrl\)/

toQifbk&m;em*aoe oifhavsmfavsmufywfygay\k
(avQmuf\)/ /

ckepfckajrmuf tnum,ouFreyO\$`m NyD;/

**8-ur®zvtw~dbm0yO\$`m (uH\
tusdK;&Sdonf\ tjzpfjyóem)**

8/ rdvdE`rif;onf]]toQifbk&m;em*aoe
pemrf¹/₂kyfjzifh ukodkvfuHudkvnf;aumif;?
tukodkvfuHudkvnf;aumif; jyKvkyftyf\? xdkuHwdkYonf
tb,fü wnf&Sdaeygukefoenf;}}[k ar;avQmuf\ rif;jrwf
xdkuHwdkYonf tpOfwpdkuf aemufrS vdkufaom

t&dyfuJhodkY tpOfwpkduf aemufrS vdkufwwfukef\[k
(rdefYawmfrl\)/ toQifbk&m;]]pae&müvnf;aumif;?
pae&müvnf;aumif; xdkuHwdkYonf wnf&Sdukef\}}[k
jyjcif;iSg wwfaumif;ygoavm[k (ar;avQmuf\)/
rif;jrwf]]pae&müvnf;aumif;? pae&müvnf;aumif;
xdkuHwdkYonf wnf&Sdukef\}}[k xdkuHwdkYudk
jyjcif;iSg rwwfaumif;[k (rdefYawmfrl\)/

OyrmjyKawmfrylgOD;avmh[k (avQmuf\)/ rif;jrwf
xdkt&mudk tb,fodkY rSwfxifoenf;? tMuifopfyifwdkYonf
toD;wdkY roD;ao;ukef?]]pae&müvnf;aumif;?
pae&müvnf;aumif; xdktoD;wdkYonf wnfukef\}}[k
xdkopfyifwdkY\ toD;wdkYudk jyjcif;iSg
wwfaumif;ygoavm[k (ar;awmfrl\)/ toQifbk&m;
rwwfaumif;yg[k (avQmuf\)/ rif;jrwf ptwlomvQif tpOf\
rjywfjcif;aMumifh]]pae&müvnf;aumif;?
pae&müvnf;aumif; xdkuHwdkYonf wnf&Sdukef\}}[k
jyjcif;iSg rwwfaumif;[k (rdefYawmfrl\)/

toQifbk&m;em*aoe oifhavsmfavsmufywfygay\[k
(avQmuf\)/ /

&Spfckajrmuf ur®zvtw→dbm0yOšm NyD;V

9-OyÜZÆwdZmeeyOšm (y#doaE"jzpfwnfrludk odç rodjyóem)

9/ rdvdE´rif;onf]]toQifbk&m;em*aoe tMuifolonf
y#doaE"wnfae&ao;\?
xdkolonf]y#doaE"wnfae&OD;tHh}[k odygoavm}}[k
ar;avQmufV rif;jrwf tMuifolonf y#doE" wnfae&ao;\?
xdkolonf]]y#doaE"wnfae&OD;tHh}}[k odyg\[k
(rdefYawmfrl\)/ Oyrm jyKawmfrylgOD;avmh[k
(avQmuf\)/ rif;jrwf Oyrmmtm;jzifh v,fxGefa,mufsm;onf
rsKd;aphwdkYudk ajrü pdkufysKd;Mujcsí

rdk;aumif;pGm &Gmaomf]]pyg;jzpfvåHU}}[k
odEdkif&moavm[k (ar;awmfrl\)/ toQifbk&m; rSefyg\
odEdkif&myg\[k (avQmuf\)/ rif;jrwf ptwlomvQif
tMuifolonfhy#doaE`wnfae&ao;\? xdkolonf ]]y#doaE`
wnfae&OD;våHU}}[k od\[k (rdefYawmfrl\)/

toQifbk&m;em*aoe oifhavsmfavsmufywfygay\[k
(avQmuf\)/ /

udk;ckajrmuf OyÜZÆwdZmeeyOšm NyD;V

10-Ak'`ed'óeyOšm (jrwpGmbk&m;udk jyEdkif? rjyEdkifjóem)

10/ rdvdE´rif;onf]]toQifbk&m;em*aoe
jrwpGmbk&m;onf &Sdyg\avm}}[k ar;avQmuf\
rif;jrwf jrwpGmbk&m;onf &Sday\[k (rdefYawmfrl\)/
toQifbk&m;em*aoe]]jrwpGmbk&m;onf
pae&müvnf;aumif;? pae&müvnf;aumif; &Sd\}}[k
jyjcif;iSg wwfaumif; ygoavm[k (ar;avQmuf\)/ rif;jrwf
jrwpGmbk&m;onf ½kyfemrft<uif;r&Sdaom
edAÁme"mwfjzifh y&dedAÁmefjyKawmfrlavNyD?
jrwpGmbk&m;onf]]pae&müvnf;aumif;?
pae&müvnf;aumif; &Sd\}}[k jyjcif;iSg rwwfaumif;[k
(rdefYawmfrl\)/

OyrmjyKawmfrlygOD;avmh[k avQmuf\
xdkt&mudk tb,fodkY rSwfxifoenf;?
awmufavmifaeom rD;ykHBuD;\ tMuifrD;awmufonf
csKyfaysmufNyD?
xdkrD;awmufrD;vQHonf]]pae&müvnf;aumif;?
pae&müvnf;aumif; &Sd\}}[k jyjcif;iSg
wwfaumif;ygoavm[k (ar;awmfrl\)/ toQifbk&m;
jyjcif;iSg rwwfaumif;yg? xdkrD;awmufrD;vQHonf
csKyfaysmufNyD? rD;[laom ynwfr&Sdjcif;odkY

a&mufcJhNyD[k (avQmuf\)/ rif;jrwf ptwlomvQif
jrwfpGmbk&m; onf ½kyfemrft<uif; r&Sdaom
edAÁme"mwfjzifh y&dedAÁmefjyKawmfrlavNyD?
csKyfuG,fjCIF;odkY a&muf awmfrlavNyD?
jrwfpGmbk&m;onf]]pae&müvnf;aumif;?
pae&müvnf;aumif; &Sd\}}[k jyjcif; iSg rwwfaumif;?
rif;jrwf w&m;taygif;jzifh jrwfpGmbk&m;udk jyjcif;iSg
wwfaumif;\? rif;jrwf xkdpum;rSef\? jrwfpGmbk&m;onf
w&m;awmfudk a[mxm;awmfrlcJh\[k (rdefYawmfrl\)/
toQifbk&m;em*aoe oifhavsmfavsmufywfygay\[k
(avQmuf\)/ /

q,fckajrmuf Ak'ed'óeyOšm NyD;V

ig;ckajrmuf Ak'0*f NyD;V

pAk'0*fü tar;ykpäm jyóem q,fckwdkYwnf;/

6-owd0*f

**1-um,yd,m,eyOšm (rdrdudk,fudk cspf?
rcspfjyóem)**

1/ rdvdE´rif;onf]]toQifbk&m;em*aoe &[ef;wdkYonf
udk,fudk cspfygoavm}}[k ar;avQmufV rif;jrwf
&[ef;wdkYonf udk,fudk rcspf[k (rdefYawmfrl\)/
toQifbk&m; odkYjzpfygvuf tb,fhaMumifh
cifrifukefoenf;? jrwfEdk;ukefoenf;[k (ar;avQmuf\)/
rif;jrwf wpfcgwpf&Hü ppfwkduf&modkY oGm;aom
oifrif;jrwftm; jrm;xdrSefzl;oavm[k (ar;awmfrl\)/
toQifbk&m; jrm;xdrSefzl;yg\[k (avQmuf\)/ rif;jrwf
todkYenf; xdkjrm;xdrSefaom temudk vdrf;aq;jzifhvnf;
vdrf;tyfonf r[kwfavm? qDjzifhvnf; okwfvI;tyfonf
r[kwfavm? El;nHhaom t0wfpjym;jzifhvnf;

ywfpnf;tyfonf r[kwfvam[k (ar;awmfrl\)/ toQifbk&m;
 [kwfyg\? vdrf;aq;jzifhvnf; vdrf;tyfyg\? qDjzifhvnf;
 okwfv\;tyfyg\? El;nHhaom t0wfpjym;jzifhvnf;
 ywfpnf;tyfyg\k (avQmuf\)/ rif;jrwf todkYenf; temudk
 oifcspfoavm? xdkodkY cspfaomaMumifh
 vdrf;aq;jzifhvnf; vdrf;tyfoavm? qDjzifhvnf;
 okwfv\;tyfoavm? El;nHhaom t0wfpjym;jzifhvnf;
 ywfpnf;tyfoavm[k (ar;awmfrl\)/ toQifbk&m;
 tuREkfyfonf temudk rcspsyf? pifppfaomfum;
 tom;Ekwufapjcif;iSg vdrf;aq;jzifhvnf; vdrf;tyfyg\?
 qDjzifhvnf; okwfv\;tyfyg\? El;nHhaom
 t0wfpjym;jzifhvnf; ywfpnf;tyfyg\k avQmuf\ rif;jrwf
 ptwlyifvQif &[ef;wdkYonf udk,fudk rcsyf?
 odkYrcspfaomfvnf; &[ef;wdkYonf wyfrufrlü
 repfjrKyfukefbj jrwfaom omoemawmfudk
 csD;ajr\$mufjcif;iSg udk,fudk aqmifukef\? rif;jrwf pifppf
 aomfum; jrwfpGmbk&m;onf udk,fudk temESifh wl\lí
 a[mawmfrltyf\? xdkYaMumifh &[ef;wdkY onf wyfrufrlü
 repfjrKyfukefbj temujhodkaY udk,fudk aqmifukef\?
 rif;jrwf jrwfpGmbk&m;onf-]]pdkaom ta&jzifh
 &pfywfzkH;vTrf;tyfaom (pudk,fonf) udk;ayguf'Gg&
 trm0&Sd\? tdkif;trmBuD;vnf; jzpf\? rpif roefY
 ykyfeHYn\$DpGm xGufus vmí
 t&yfxuf0ef;usifrS ,dkpD;\}}[k pa'oemawmfudkvnf;
 a[mtyf\k (rdefYawmfrl\)/

toQifbk&m;em*aoe oifhavsmfavsmufywyfygay\k
 (avQmuf\)/ /

a&S;OD;pGmaom um,yd,m,eyO\$m NyD;V

**2-oAÁnLbm0yO\$m (jrwfpGmbk&m;
 w&m;tm;vkH;udk od? rodjyóem)**

2/ rdvdE´rif;onf]]toQifbk&m;em*aoe
jrwpfGmbk&m;onf tvkH;pkHudk tukeftpif odyg\avm?
tvkH;pkHudk tukeftpif jrifyg\avm}}[k ar;avQmuf\/
rif;jrwpf jrwpfGmbk&m;onf tvkH;pkHudk tukeftpif od\
tvkH;pkHudk tukeftpif jrif\[k (rdefYawmfrl\)/
toQifbk&m; em*aoe xdkodkY odygc jrifygvsuf
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tpOftm;jzifh ynwfawmfrlygoenf;[k (ar;avQmuf\)/
rif;jrwpf þajrjyifü tvkH;pkHaom aq;rsKd;wdkYudk
odaom wpfpkHwpfOD;aom aq;q&monf oifrif;jrwpftm;
&Sdyg\avm[k (ar;awmfrl\)/ toQif bk&m; &Sdyg\[k
(avQmuf\)/ rif;jrwpf todkYenf;? xdkaq;q&monf olemudk
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(avQmuf\)/ rif;jrwpf þtwlomvQif jrwpfGmbk&m;onf
tvkH;pkHudk tukeftpif od\
tvkH;pkHudk tukeftpif
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odu©myk'fynwf&ef tcsdeftcg a&mufR SomvQif
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wynfhom0uwdkYtm; ynwf awmfrl\[k (rdefYawmfrl\)/
toQifbk&m;em*aoe oifhavsmfavsmufywyfgyay\[k
(avQmuf\)/ /

ESpfckajrmuf oAÁnLbm0yOšm NyD;V

3-r[myk&dovu©PyOšm

**(jrwpfGmbk&m; r[myk&dovu©Pm
jynfhpkH? rjynfhpkHjyóem)**

3/ rdvdE´rif;onf]]toQifbk&m;em*aoe
jrwpfGmbk&m;onf okH;q,fhESpfyg;aom
r[myk&dovu©PmwdkYESifh jynfhpkHygoavm?
&Spfq,faom vu©Pmawmfi,fwdkYjzifhvnf;
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em*aoerax&f onf]]rif;jrwf yGifhcsyfrsm;aom
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ar;awmfvl\ toQifbk&m; &Sdygonf[k (avQmuf\)/
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teHYtm;jzifhvnf;aumif;? t&omtm;jzifhvnf;aumif;
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(rdefYawmfri\)/

toQifbk&m;em*aoe oifhavsmfavsmufywfygay\[k
(avQmuf\)/ /

okH;ckajrmuf r[myk&dovu©PyO\$ m NyD;V

**4-b*0awm jA[®pm&dyO\$ m
(jrwfpGmbk&m; jA[®pm&D rnf?
rrnfjyóem)**

4/ rdvdE´rif;onf]]toQifbk&m;em*aoe
jrwfpGmbk&m;onf jA[®mrif;\
tusifhudkusifhol]jA[®pm&D}rnfygoavm} }[k
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jA[®monf jrwfpGmbk&m;\ wynfhomwnf;[k
(rdefYawmfrl\)/

toQifbk&m;em*aoe oifhavsmfavsmufywyfygay\[k
(avQmuf\)/ /

av;ckajrmuf b*0awm jA[®pm&dyO\$ m NyD;V

5-b*0awm OyorÜ'gyO\$ m (jrwfpGmbk&m; ylöif; jzpf? rjzpfjyóem)

5/ rdvdE´rif;onf]]toQifbk&m;em*aoe &[ef;ylöif;\
tjzpfonf aumif;jrwfyg\ avm}}[k ar;avQmufV rif;jrwf
&[ef;ylöif;\ tjzpfonf aumif;jrwf\[k (rdefYawmfrl\)/
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ay;oifh ay;xdkufaom ylöif;tjzpf r&SdcJhay[k
(rdefYawmfrl\)/

toQifbk&m;em*aoe oifhavsmfavsmufywyfygay\[k
(avQmuf\)/ /

ig;ckajrmuf b*0awm OyorÜ'gyO\$ m NyD;V

6-tókaboZÆmaboZÆyO\$ m (rsuf&nf\ aq;ESifh ab;jzpfykHjyóem)

6/ rdvdE´rif;onf]]toQifbk&m;em*aoe tMuifolonf
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w&m;cifrifoizifh idka<u;\? idka<u;ukefaom
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rsuf&nfonf&m*Nidrf;aMumif; aq;aumif;jzpfygoenf;?
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aq;aumif;rjzpfEdkif[k (rdefYawmfrl\)/
toQifbk&m;em*aoe oifhavsmfavsmufywygay\[k
(avQmuf\)/ /

ajcmufckajrmuf tókaboZÆmaboZÆyOşm NyD;V

7-o&m*0Dw&m*ememu&PyOşm (&m*&SdolESifh&m*uif;ol xl;ykH jyóem)

7/ rdvdE´rif;onf]]toQifbk&m;em*aoe&m*&Sdol\
vnf;aumif;? &m*uif;ol\ vnf;aumif; xl;jcm;aom
taMumif;onf tb,fygenf;}}[k ar;avQmuf\ rif;jrwf
wpfa,mufaomolonf vTrf;rdk;ouf0ifí wnf\
wpfa,mufaomolonfum; vTrf;rdk;ouf0ifí rwnf? podkY
xl;jcm;\[k (rdefYawmfrl\)/ toQifbk&m;
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toQifbk&m;&m*&Sdaomoljzpfap?&m*uif;aomoljzpfap

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rif;jrwf&m*ruif;aomolonf t&omudk
cHpm;onfjzpfívnf;aumif;? &owPSmjzifh cHpm;
onfjzpfívnf;aumif; abmZOofudk okH;aqmif\?
&m*uif;aomolonfum; t&omudk cHpm;í om
abmZOofudk okH;aqmif\? &owPSmjzifh cHpm;írlum;
abmZOofudk rokH;aqmifav[k (rdefYawmfrl\)/

toQifbk&m;em*aoe oifhavsmfavsmufywfygay\[k
(avQmuf\)/ /

**ckepfckajrmuf o&m*0Dw&m*ememu&PyO&m
NyD;V**

**8-ynmywd|meyO&m (ynm\ wnfae&m
jyóem)**

8/ rdvdE´rif;onf]]toQifbk&m;em*aoe ynmonf
tb,ft&yfü xif&Sm;pGm aeyg oenf;}}[k ar;avQmuf\/
rif;jrwf ynmonf wpfpkHwpfckaom t&yfü xif&Sm;pGm
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avonf r&Sd oavm[k (ar;awmfrl\)/

toQifbk&m;em*aoe oifhavsmfavsmufywfygay\[k
(avQmuf\)/ /

&Spfckajrmuf ynmywd|meyO&m NyD;V

9-oHom&yOšm (oHo&m jyóem)

9/ rdvdE´rif;onf]]toQifbk&m;em*aoe oHo&m[lí
tMuifpum;udk qdkawmfrl\? xdkoHo&monf
tb,fygenf;}}[k ar;avQmuf\ rif;jrwf pt&yfç pbkHü jzpfí
pt&yfç pbkHüyifvQif ao\? pt&yfç pbkHü aoí
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xdkbkHü aoí wpfyg;aom t&yfç wpfyg;aom bkHü
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BuD;pGmaom o&ufyifonf jzpfjyefí toD;oD;jyef&m\?
podkY (qufum qufum pdkufysKd;aomf)
xdko&ufyifwdkY\ tqkH; onf rxif? rif;jrwf ptwlomvQif
pt&yfç pbkHü jzpfí pt&yfç pbkHüyifvQif ao\? pt&yfç
pbkHü aoí wpfyg;aom t&yfç wpfyg;aom bkHü
jzpfjyef\? xdkt&yfç xdkbkHü jzpfí xdkt&yfç
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wpfyg;aom t&yfç wpfyg;aom bkHü jzpfjyef\? rif;jrwf
podkYvQif oHo&monf jzpf\k (rdefYawmfrl\)/

toQifbk&m;em*aoe oifhavsmfavsmufywfygay\k
(avQmuf\)/ /

udk;ckajrmuf oHom&yOšm NyD;V

10-pd&uwo&PyOšm

(MumjrifhpGmu jyKNyD;onfudk atmufarhEdkifrl jyóem)

10/ rdvdE´rif;onf]]toQifbk&m;em*aoe
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t&mudk tb,fw&m;jzifh atmufarhEkdifygoenf;}}[k
ar;avQmuf\ rif;jrwf owdw&m;jzifh atmufarhEdkif[k
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(rdefYawmfrl\)/

toQifbk&m;em*aoe oifhavsmfavsmufywfygay\[k
(avQmuf\)/ /

q,fckajrmuf pd&uwo&PyOšm NyD;V

11-tbdZmeEÅowdyOšm (owdonf tjrJodrSwfí jzpf? rjzpf jyóem)

11/ rdvdE´rif;onf]]toQifbk&m;em*aoe
tvkH;pkHaom owdonf tjrJodrSwfí jzpfyg oavm?
odkYr[kwf (tjcm;olwdkY) vlHHUaqmfrSom
jzpfygoavm}}[k ar;awmfrl\ rif;jrwf owd onf
tjrJodrSwfívnf; jzpf\? (tjcm;olwdkY) vlHUaqmfívnf;
jzpf\[k (rdefYawmfrl\)/ toQif bk&m;em*aoe

tvkH;pkHaom owdonf podkYvQif tjrJodrSwfí
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owdonf r&Sdwef&m[k (avQmuf\)/ rif;jrwf
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r&SdcJhrl (qifpG,fyGwfyeF;csDpaom) twwfonfwdkY\
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taMumif;wdkYjzifhvnf;aumif; jyKzG,f r&Sdawmh&m?
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toQifbk&m;em*aoe oifhavsmfavsmufywfygay\[k
(avQmuf\)/ /

wpfq,fhwpfckajrmuf tbdZmeEÅowdyOšm NyD;V

ajcmufckajrmuf owd0*f NyD;V

**powd0*fü tar;ykpämjyóem
wpfq,fhwpfckwdkYwnf;/**

7-t¹/₂ly"r®00wåme0*f

**1-owdOyÜZÆeyOšm (owdjzpfay:yHk
jyóem)**

1/ rdvdE´rif;onf]]toQifbk&m;em*aoe
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jzpfygoenf;}}[k ar;avQmufV rif;jrwf

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rif;jrwf tjrJodrSwfaomtm;jzifhvnf; owdjzpf\
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5-'GdEéH avmukyÜEémeH orubm0yOšm

(avmuESpfckü jzpf&rl\ wlrQyHk jyóem)

5/ rdvdE´rif;onf]]toQifbk&m;em*aoe tMuifolonf
pvlUjynfü aovGefí jA[®mhjynfü jzpf&m\
tMuifolonfvnf; pvlUjynfü aovGefí uo®d&wdkif;ü
jzpf&m\
tb,folu Mumjrirfhí tb,folu vsifjrefygoenf;}}[k
ar;avQmuf\\ rif;jrwf
xdkolESpfa,mufwdkYonfhDtrQyif jzpf&myg\\k
(rdefYawmfrl\\)/

OyrmjyKawmfrlygOD;avmh[k (avQmuf\\)/ rif;jrwf
oifrif;jrwf\\ arG;zGm;&mNrdKUonf tb,frSmenf;[k
(ar;awmfrl\\)/ toQifbk&m; (tvoE´uRef;0,f) uvodrnfaom
&Gmonf &Sdyg\\? xdkuvod&Gmü tuREkfyfonf
arG;zGm;yg\\k (avQmuf\\)/ rif;jrwf uvod&Gmonf
pom*vNrdKUrS tb,frQavmuf a0;uGmoenf;[k
(ar;awmfrl\\)/ toQifbk&m; ,lZemESpf&m wdkifwdkif
a0;uGmyg\\k (avQmuf\\)/ rif;jrwf uo®d&wdkif;onf
pom*vjynfrS tb,frQ avmuf a0;uGmoenf;[k ar;awmfrl\\
toQifbk&m; wpfq,fhESpf,lZemwdkifatmif a0;uGmyg\\k
(avQmuf\\)/ rif;jrwf wdkufwGef;yg\\? oifrif;jrwfonf
uvod&Gmudk MuHpnfatmufarhygavmh[k
(rdefYawmfrl\\)/ toQifbk&m; MuHpnf
atmufarhNyD;ygNyD[k (avQmuf\\)/ rif;jrwf wdkufwGef;
yg\\? oifrif;jrwfonf uo®d&wdkif;udk MuHpnf
atmufarhygOD;avmh[k (rdefYawmfrl\\)/ toQif bk&m;
MuHpnfatmufarhNyD;ygNyD[k (avQmuf\\)/ rif;jrwf
tb,ft&yfudk MumjrirhpGm MuHpnf atmufarh&oenf;?
tb,ft&yfudk vsifjrefpGm MuHpnf atmufarh&oenf;[k
(ar;awmfrl\\)/ toQifbk&m; tnDtrQyif

MuHpnfatmufarh&yg\[k (avQmuf\)/ rif;jrwf
ptwlomvQif tMuifolonf pvlUjynfü aovGefí
jA[®mhjynfü jzpf&m\? tMuifolonfvnf; pvlUjynfü
aovGefí uo®d&wdkif;ü jzpf&m\?
xdkolESpfa,mufwdkYonf tnDtrQomvQif jzpfukef\[k
(rdefYawmfrl\)/

xdkYxuftvGef OyrmjyKawmfrylgOD;avmh[k
(avQmuf\)/ rif;jrwf xdkt&mudk tb,fodkY rSwfxifoenf;/
iSufESpfaumifwdkYonf aumif;uifjzifh
ysHoGm;ukef&m\? xdkisufESpfaumifwdkYwGif
iSufwpfaumifonf jrifhaom opfyifü em;&m\?
iSufwpfaumifonf edrfhaom opfyifü em;&m\? tnDtrQ
wpfNyKdifeuf em;í &yfwnfukefaom
xdkiSufESpfaumifwdkYwGif tb,fiSuf\ t&dyfonf
a&S;OD;pGm ajrü xif&moenf;? tb,fiSuf\ t&dyfonf
MumjrirfhrS ajrü xif&moenf;[k (rdefYawmfrl\)/
toQifbk&m; t&dyfonf wpfNydKifeufyif ajrü xifyg\[k
(avQmuf\)/ rif;jrwf ptwlomvQif tMuifolonf pvlUjynfü
aovGefí jA[®mhjynfü jzpf&m\? tMuif olonfvnf;
pvlUjynfü aovGefí uo®d&wdkif;ü jzpf&m\?
xdkolESpfa,mufwdkYonf tnDtrQ omvQif jzpfukef\[k
(rdefYawmfrl\)/

toQifbk&m;em*aoe oifhavsmfavsmufywfygay\[k
(avQmuf\)/ /

**ig;ckajrmuf 'GdEéH avmukyÜEémeH
orubm0yOšm NyD;V**

6-aAmZÑ*FyOšm (aAmZÑifjyóem)

6/ rdvdE´rif;onf]]toQifbk&m;em*aoe
aAmZÑifwdkYonf tb,frQ &Sdygukefoenf;}}[k
ar;avQmufV rif;jrwf aAmZÑifwdkYonf

ckepfyg;&Sdukef\[k (rdefYawmfrl\)/ toQifbk&m;
tb,frQavmufukefaom aAmZÑifwdkYjzifh
odEdkifygoenf;[k (ar;avQmuf\)/ rif;jrwf "r®0dp,
oarÁmZÑif[laom wpfyg;wnf;aom aAmZÑifjzifh
odEdkifyg\[k (rdefYawmfrl\)/ toQifbk&m; xkdodkY
wpfyg;wnf;aom aAmZÑifjzifh odEdkifygvsuf
tb,fhaMumifh aAmZÑifckepfyg;wdkYudk
a[mtfygukefoenf;[k (ar;avQmuf\)/ rif;jrwf xdk&mudk
tb,fodkY rSwfxifoenf;/ oefvsuftdrfö xnfhx;m;aom
oefvsufonf vufjzifh rudkifb jzwfawmufzG,f&m
0w¬Kudk jzwfjcif;iSg pGrf;Edkif&m oavm[k
(ar;awmfrl\)/ toQifbk&m; rpGrf;Edkifyg[k (avQmuf\)/
rif;jrwf ptwlomvQif aAmZÑifajcmufyg;wdkYESifh
uif;í "r®0dp,oarÁmZÑifjzifh rodEdkif[k (rdefYawmfrl\)/
toQifbk&m;em*aoe oifhavsmfavsmufywfygay\[k
(avQmuf\)/ /

ajcmufckajrmuf aAmZÑ*FyO\$ m NyD;V

7-ygyyknmeH tyÜgeyÜbm0yO\$ m

(tukodkvfESifh ukodkvf tenf;trsm; jyóem)

7/ rdvdE´rif;onf]]toQifbk&m;em*aoe
ukodkvfaumif;rlonfvnf;aumif;? tukodkvf
raumif;rlonfvnf;aumif; tb,fu rsm;jym;ygoenf;}}[k
ar;avQmuf\ rif;jrwf ukodkvf aumif;rlonfum;
rsm;jym;\? tukodkvfraumif;rlonf enf;yg;\[k
(rdefYawmfrl\)/ tb,f taMumif;aMumifhygenf;[k
(avQmuf\)/ rif;jrwf tukodkvfraumif;rljyKaomolonfum;
igonf tukodkvfraumif;rluHukd jyKrdNyD[k
ESvHk;r&Tifjcif;jzpf\? xdkodkY pdwfrMunfjzL
ESvHk;ylaom aMumifh tukodkvfraumif;rlonf

rwdk;yGg;/ rif;jrwf aumif;rlukodkvfudk
jyKaomolonfum; ylyefrl r&Sd? yuwd at;jr
pdwf&Tifys\? pdwf&Tifysoltm; 0rf;ajrmufjCIF;jzpfay:\V
0rf;ajrmufaomoltm; ESpfodrfhjCIF;jzpfay:\?
ESpfodrfhaom pdwf&Sdol\ udk,fonf Nidrf;at;\?
Nidrf;at;aom udk,f&Sdaomolonf csrf;omudk cHpm;\?
csrf;omaomol\ pdwfonf wnfMunf\? wnfMunf
aomolonf[kwfrSefaomtwdkif; od\
xdktaMumif;aMumifh ukodkvfaumif;rlonf wdk;yGg;\V
rif;jrwf vufajcjywfaom a,mufsm;onf
jrwfpGmbk&m;tm; wpfckaom MumvufMumcdkifudk
ay;vSLÍ udk;q,fhwpfurÇmwdkYywfVHk;
z½dkz&jysufpD;usa&muf&m tyg,fi&jodkY
ra&muf&vwåHU? rif;jrwf ptaMumif;aMumifhvnf;
ukodkvfaumif;rlonf rsm;jym;\? tukodkvfraumif;rlonf
enf;yg;\[k igqdk\[k (rdefYawmfrl\)/

toQifbk&m;em*aoe oifhavsmfavsmufywyfgyay\[k
(avQmuf\)/ /

**ckepfckajrmuf ygyyknmeH tyÜgeyÜbm0yOşm
NyD;\V**

8-ZmeEÅmZmeEÅygyu&PyOşm

**(odvsuf raumif;rludk jyKjCIF;? rodbj
raumif;rludk jyKjCIF; jyóem)**

8/ rdvdE´rif;onf]]toQifbk&m;em*aoe tMuifolonf
odvsuf raumif;rluHudk jyK\? tMuifolonf rodrlí
raumif;rluHudk jyK\? tb,fol\ raumif;rltukodkvfuHonf
rsm;jym; ygoenf;}}[k ar;avQmuf\ em*aoerax&fonf
rif;jrwf tMuifolonf rodrlí raumif;rluH udk jyK\?
xdkrodrlí raumif;rluHjyKol\ raumif;rltukodkvfonf
rsm;jym;\[k (rdefYawmfrl\)/ toQifbk&m;em*aoe

odkYjzpfvQif tuREkfyfwdkY\
tMuifrif;om;onfvnf;aumif;? tMuifrif; trwfonfvnf;aumif;
rodrlí raumif;rluHudk jyKtHh? xdkolUtm;
tuREkfyfwdkYonf ESpfqxufaom 'Pfudk
ay;&ukeftHhavm[k (avQmuf\)/ rif;jrwf xdk&mudk
tb,fodkY rSwfxifoenf;? ylavmifaom? &J&Jawmufaom?
tvQHajymifajymif awmufavmifaom
rD;ESifhwuGjzpfao oHcj oHwHk;udk
wpfa,mufaomolonf odvsuf udkif&m\
wpfa,mufaomolonf rodrlí udkif&m\? tb,foludk
jyif;xefpGm avmif&moenf;[k (ar;awmfrl\)/ toQifbk&m;
tMuif olonfum; rodrlí udkif&m\? xdkolUtm;
jyif;xefpGm avmif&myg\k (avQmuf\)/ rif;jrwf
ptwlomvQif tMuifolonfhrodrlí tukodkvfraumif;rluHudk
jyK\? xdkolUtm; raumif;rl uHonf rsm;jym;\k
(rdefYawmfrl\)/

toQifbk&m;em*aoe oifhavsmfavsmufywfygay\k
(avQmuf\)/ /

**&Spfckajrmuf ZmeEÅmZmeEÅygyu&PyOšm
NyD;V**

9-Owå&uk^{1/2}kum'd*reyOšm

**(ajrmufuRef;ponfodkY oGm;Edkif?
roGm;Edkif jyóem)**

9/ rdvdE´rif;onf]]toQifbk&m;em*aoe pudk,fjzifh
ajrmufuRef;odkY jzpfap? jA[®mhjynfodkY jzpfap?
odkYr[kwf tjcm;uRef;odkY jzpfap oGm;Edkifol
wpfpHkwpfa,muf &Sdygoavm}}[k ar;avQmuf\ rif;jrwf
r[mbkwfav;yg;&Sdaom pudk,fjzifh ajrmufuRef;odkY
jzpfap? jA[®mhjynfodkY jzpfap? odkYr[kwf

tjcm;uRef;odkY jzpfap oGm;Edkifol &Sd\[k
(rdefYawmfrl\)/

toQifbk&m;em*aoe r[mbkwfav;yg;&Sdaom
budk,fjzifh ajrmufuRef;odkY jzpfap? jA[®mhjynfodkY
jzpfap? odkYr[kwf tjcm;uRef;odkY jzpfap tb,fodkY
oGm;Edkif&mygoenf;[k (avQmuf\)/ rif;jrwf
oifrif;jrwfonf pajrBuD;ü wpxGmjzpfap?
wpfawmifjzpfap ckefzl;yg\ avm? ckefzl;onfudk
rSwfrdyg\avm[k (ar;awmfrl\)/ toQifbk&m; rSwfrdyg\
toQifbk&m; em*aoe tuREkfyfonf &SpfawmifrQ
tjrifhudkvnf; ckefEdkifyg\[k (avQmuf\)/ rif;jrwf oif
rif;jrwfonf &SpfawmifrQtjrifhudk todkYckefoenf;[k
(ar;awmfrl\)/ toQifbk&m; tuREkfyfonf pt&yfü
usa&muftHh[k pdwfudk jzpfap\? pdwfjzpfonfESifh
wpfNydKifeuf tuREkfyf\ udk,fonf ayghyg;yg\[k
(avQmuf\)/ rif;jrwf ptwlmvQif wefcdk;ESifh
jynfhpHkaom? pdwfavhvmNyD;onfh tjzpfodkY
a&mufaom &[ef;onf udk,fudk pdwfü aumif;pGm wifí
pdwf\tpGrf;jzifh aumif;uifodkY oGm;Edkif[k
(rdefYawmfrl\)/

toQifbk&m;em*aoe oifhavsmfavsmufywfygay\[k
(avQmuf\)/ /

udk;ckajrmuf Owå&uk¹/₂kum'd*reyOşm NyD;V

10-'DC|dyOşm (t¹/₂dk;&Snfjyóem)

10/ rdvdE
´rif;onf]]toQifbk&m;em*aoe]t¹/₂dk;wdkYonf ,lZemwp
f&mwdkifatmif &Snfukef\ }[k toQifbk&m;wdkY
qdkawmfrlukef\? opfyifaomfrQvnf;
xdkrQavmuf ,lZemwpf&m r&SdEdkif? t¹/₂dk;wdkYonf

tb,frSm ,lZemwpcf&mwdkif &SnfEdkifvwåHUenf;}}[k
ar;avQmuf\

rif;jrwf xdk&mudk tb,fodkY
rSwfxifoenf;?]]r[mork'´&mü ,lZemig;&mwdkif
&SdMuukefaom ig;wdkYonf &Sdukef\}}[k
oifMum;zl;onf r[kwfavm[k (ar;awmfrl\)/ toQif bk&m;
[kwfyg\? Mum;zl;yg\[k (avQmuf\)/
rif;jrwf ,lZemig;&m&Sdaom ig;\
t½dk;wdkYonf ,lZemwpcf&m&Snfukefonf jzpfoifhonf
r[kwfavm[k (rdefYawmfrl\)/

toQifbk&m;em*aoe oifhavsmfavsmufywfygay\[k
(avQmuf\)/ /

q,fckajrmuf 'DC|dyOšm NyD;V

11-tómo yómo eda&m"yOšm

**(xGufouf? OifoufcsKyf&ef wwfEdkif?
rwwfEdkifjyóem)**

11/ rdvdE
´rif;onf]]toQifbk&m;em*aoe]xGufouf0ifoufwdkYudk
csKyfapjcif;iSg wwfpGrf; Edkif\ }[k toQifbk&m;wdkY
qdkawmfrlukefonf r[kwfavm}}[k ar;avQmuf\
rif;jrwf[kwf\? xGufouf 0ifoufwdkYudk csKyfapjcif;iSg
wwfpGrf;Edkif\[k (rdefYawmfrl\)/ toQifbk&m;em*aoe
tb,fodkYvQif xGufouf0ifoufwdkYudk csKyfapjcif;iSg
wwfpGrf;Edkifygoenf;[k (avQmuf\)/ rif;jrwf
xdkt&mudk tb,fodkY rSwfxifoenf;? oifrif;jrwfonf
wpfpHkwpfa,mufaomol\ a[mufoHudk Mum;zl;oavm[k
(ar;awmfrl\)/ toQifbk&m; Mum;zl;yg\[k (avQmuf\)/
rif;jrwf todkYenf;? xdka[mufoHonf udk,fudk
auG;ñGwfvdkufaomf aysmufuif;&monf r[kwf avm[k

(ar;awmfrl\)/ toQifbk&m; aysmufuif;&myg\[k
(avQmuf\)/ rif;jrwf ur®|mef; tm½kHrxHktyfaom
udk,f&Sdaom? 0d&wDtm½HkrxHktyfaom
oDv&Sdaom? ur®|mef;tm½kHrxHktyfaom
pdwf&Sdaom? yGg;xHktyfaom ynmr&Sdaomol\
xdka[mufaom toHpifvsuf udk,fudk auG;ñGwf umrQ
aysmufuif;bdao;\? ur®|mef;tm½HkxHktyfNyD;aom
udk,f&Sdaom? 0d&wDtm½kHxHktyfNyD;aom
oDv&Sdaom? ur®|mef;tm½HkxHktyfNyD;aom
pdwf&Sdaom? yGg;tyfxHktyfNyD;aom ynm&Sdaom?
pwkw¬ psmefudk 0ifpm;aomol\
xGufouf0ifoufwdkYonf tb,frSm rcsKyfbj
&SdvwåHUenf;[k (rdefYawmfrl\)/

toQifbk&m;em*aoe oifhavsmfavsmufywfygay\[k
(avQmuf\)/ /

**wpfq,fhwpfckajrmuf tómó yómoeda&m"yOšm
NyD;V**

12-ork'´yOšm (ork'´&mjyóem)

12/ rdvdE´rif;onf]]toQifbk&m;em*aoe]ork'´&m
ork'´&m}[lí qdktyfyg\? tb,f taMumif;aMumifh
a&udk]ork'´&m}[lí qdktyfygoenf;}}[k ar;avQmuf\
em*aoerax&fonf]]rif;jrwf tMuifrQavmuf a&&Sd\
xdkrQavmuf ief\ tMuifrQavmuf ief\? xdkrQavmuf
a&&Sd\ xdkYaMumifh]ork'´&m}[lí qdktyf\}}[k
(rdefYawmfrl\)/

toQifbk&m;em*aoe oifhavsmfavsmufywfygay\[k
(avQmuf\)/ /

wpfq,fhESpfckajrmuf ork'´yOšm NyD;V

13-ork'´{u&oyO\$ m (ork'´&m\ tieft&omwpfckwnf;&SdyHkjyóem)

13/ rdvdE´rif;onf]]toQifbk&m;em*aoe
tb,ftaMumif;aMumifh ork'´&monf iefaom t&om
wpfckwnf;om &Sdygoenf;}}[k ar;avQmuf\ rif;jrwf a&\
MumjrifhpGm wnfonf\ tjzpfaMumifhomvQif
ork'´&monf iefaom t&om wpfckwnf;om &Sd\[k
(rdefYawmfrl\)/

toQifbk&m;em*aoe oifhavsmfavsmufywfygay\[k
(avQmuf\)/ /

wpfq,fhoHk;ckajrmuf ork'´{u&oyO\$ m NyD;/

14-okckryO\$ m (odrfarGUaom t&m0w–Kjyóem)

14/ rdvdE´rif;onf]]toQifbk&m;em*aoe
odrfarGUaom t&m[lorQtm;vHk;udk jzwfawmufjCIF;iSg
wwfEdkifygoavm[k ar;avQmuf\ rif;jrwf odrfarGUaom
t&m[lorQ tm;vHk;udk jzwfawmufjCIF;iSg wwfEdkiF[k
(rdefYawmfrl\)/ toQifbk&m; odrfarGUaomt&m
tm;vHk;onf tb,fygenf;[k (ar;avQmuf\)/ rif;jrwf
w&m;onfomvQif odrfarGUaom t&m[lorQwdkYxuf
odrfarGU\? rif;jrwf w&m;[lorQtm;vHk;wdkYonf
odrfarGUMuonf r[kwfukef?]]odrfarGU\}}[laom
ptrnfonfvnf;aumif;?]½kefY&if;\}}[laom
ptrnfonfvnf;aumif; ukodkvfç tukodkvfw&m;wdkY\
trnfwnf;/ jzwfawmufzG,f[lorQtm;vHk;udk ynmjzifh
jzwf awmuf\ ynmrS ESpfckajrmufjzpfaom
jzwfawmufaMumif; w&m;r&Sd[k (rdefYawmfrl\)/

toQifbk&m;em*aoe oifhavsmfavsmufywfygay\[k
(avQmuf\)/ /

wpfq,fhav;ckajrmuf okckryO\$ m NyD;V

15-0dnmPemew→yO\$ m (0dnmPf\teuftxl;xl;jyóem)

15/ rdvdE´rif;onf]]toQifbk&m;em*aoe]0dnmPf}
[laom w&m;vnf;aumif;?]ynm}[laom w&m;vnf;aumif;?
]udk,fü ZD0ac:aom vdyfjyumaumif twå}vnf;aumif;
pw&m; oHk;yg;wdkYonf teufvnf; xl;jcm;? o´gvnf;
xl;jcm;ygukefoavm? odkYr[kwf teuf wlukefí o´grQom
xl;jcm;ygukefoavm}][k ar;avQmufV rif;jrwf
0dnmPfonf tm½Hkudk odjcif; vu©Pm&Sd\? ynmonf
cGJjcm;í odjcif;vu©Pm&SdV udk,fü ZD0ac:aom
vdyfjyumaumif twåudk r&tyf[k (rdefYawmfrl\)/
ZD0ac:aom vdyfjyumaumif twåudk tu,fí r&tyfonf
jzpftHh? xdkodkY r&tyfaomf tb,folonf
rsufpd]pu©K}jzifh tqif;]½lyg½Hk}udk jrif&ygoenf;?
em;]aomw} jzifh toH]o´g½Hk}udk Mum;&ygoenf;?
ESmacgif;]Cme}jzifh teHY]*E¨m½Hk}udk erf;&SL
&ygoenf;? vQm]Zd0Sg}jzifh t&om]&om½Hk}udk
vsuf&ygoenf;? udk,f]um,}jzifh tawGUtxd]azm|
AÁm½Hk}udk awGUxd&ygoenf;? pdwf]raem}jzifh
oabmw&m;]"r®m½Hk}udk od&ygoenf;[k
(ar;avQmuf\)/ em*aoerax&fonf]]ZD0ac:aom
vdyfjyumaumif twåonf rsufpd]pu©K}jzifh
tqif;]½lyg½Hk}udk tu,fí jrifonf jzpftHh/y/
pdwf]raem}jzifh oabmw&m;]"r®m½Hk}udk tu,fí
odonf jzpftHU? pu©K'Gg&wdkYudk
zGifhvSpfukefonf&Sdaomf us,fpGmaom aumif;uifjzifh
tjyifodkY rsufESmrlvsuf ½lyg½Hkudk aumif;pGm
jrif&moavm? aomw'Gg&wdkYudk
zGifhvSpfukefonf&Sdaomf? Cme'Gg&udk zGifhvSpf
onf&Sdaomf? Zd0Sg'Gg&udk zGifhvSpfonf&Sdaomf?

um,'Gg&udk zGifhvSpfonf&Sdaomf us,fpGmaom
aumif;uifjzifh toH]o'´g¹/₂kH}udk aumif;pGm
Mum;&moavm? teHY]*E¨m¹/₂Hk}udk erf;&SL&m
oavm? t&om]&om¹/₂Hk}udk vsuf&moavm?
tawGUtxd]azm|AÁm¹/₂Hk}udk awGUxd&moavm}}[k
ar;awmfrl\ toQifbk&m; rawGUxdyg[k (avQmuf\)/
rif;jrwf odkYjzpfvQif udk,fü ZD0ac:aom
vdyfjymaumiftwåudk r&tyf[k (rdefYawmfrl\)/

toQifbk&m;em*aoe oifhavsmfavsmufywfygay\[k
(avQmuf\)/ /

wpfq,fhig;ckajrmuf 0dnmPemew¬yOšm NyD;V

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udk;ckajrmufOwã&du&PD,yOšm NyD;V

10-£''dAv'óeyOšm (£''dyg'fpGrf;tm;udk jyjcif; jyóem)

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q,fckajrmuf £'°dAv'óeyOšm NyD;V

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2-tabZÆ0*f

1-ck'´gEkck'´uyOšm

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MunfhtyfV

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av;ckajrmuf oAÁnKwÓP0*f NyD;V

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q,fyg;wdkYwnf;/**

5-oE!00*f

**1-oE!0yOšm (oE!0 paom *gxMESifh
pyfaom jyóem)**

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jyóem)**

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(7) jrwfaom w&m;udk
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&Spfckajrmuf 'kóDvyOšm NyD;V

9-O'uowåZD0yOšm (a&onf owåZD0 [kwf? r[kwf jyóem)

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udk;ckajrmuf O'uowåZD0yOşm NyD;V

a&S;OD;pGmaom Ak'´0*f NyD;V

þAk' 0*fü tar;ykpämjyóem udk;ckwdkYwnf;/

2-edyÜyOö0*f

1-edyÜyOöyOšm (oHo&mrcsJUwwfaom w&m; jyóem)

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Nydwåm? ajrzkwfbDvl;wdkYonf &SdukefV udEé&m?
a>rBuD;? e*g;? *VKef? od""ewfrsKd;?
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usm;opf? 0H? awmacG;? atmif;? tdrfacG;?
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ykvJ? ywåjrm;? c½koif;? ausmufovif;?oEÅm?
ywåjrm;eD? ywåjrm;ajymuf? aMumifrsuf&GJ? pdef?
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tacgufeHYom? t&GufeHYom? tyGifh eHYom?
toD;eHYom? tvHk;pHkaom eHYomonf &SdV jruf?
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&Spfckajrmuf te0aooodu©my'yOşm NyD;V

9-ol&d,wyeyOšm (ae\ xGef;vif;awmufyrl jyóem)

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ukd;ckajrmuf ol&d,wyeyOšm NyD;V

10-uXdewyeyOšm (ae\ jyif;pGm xGef;vif;awmufyrl jyóem)

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q,fckajrmuf uXdewyeyOšm NyD;V

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pedyÜylö0*fü tar;ykpämjyóem q,fyg;wdkYwnf;/

3-a0óEÅ&0*f

**1-a0óEÅ&yOšm (a0óEÅ&mrif;BuD;\
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(avQmuf\)/

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(1) rif;jrwf avmuü trdonf taESmiftzJGUwnf;/

(2) rif;jrwf avmuü tzonf taESmiftzJGUwnf;/

(3) rif;jrwf avmuü r,m;onf taESiftzJGUwnf;/

(4) rif;jrwf avmuü om;orD;wdkYonf
taESmiftzJGUwnf;/

(5) rif;jrwf avmuü aqGrsKd;wdkYonf
taESmiftzJGUwnf;/

(6) rif;jrwf avmuü rdwfaqGonf taESmiftzJGUwnf;/

(7) rif;jrwf avmuü Opömonf taESmiftzJGUwnf;/

(8) rif;jrwf avmuü vmbfylaZmfoumonf
taESmiftzJGUwnf;/

(9) rif;jrwf avmuü tpdK;&jcif;onf taESmiftzJGUwnf;/

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jypfwifty\? ESdyfpufty\? $t^{\frac{1}{2}}$ kdtao rjyKtyf/

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yk $^{\frac{3}{4}}$ dKvfudk/

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(9) tvkyfvufrJh yk $^{\frac{3}{4}}$ dKvfudk/

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tvGef &Tifys\ jyHK;&,f\ Orf;ajrmuf\ Munfvifaom
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5-okydeyOşm (tdyfruf jyóem)

5/ toQifbk&m;em*aoe pavmuü
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- (1) avem&Sdolonf tdyfrufudk jrifruf/
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- (3) ovdyfem&Sdolonf tdyfrufudk jrifruf/
- (4) ewfwdkYaqmifjyaomtm;jzifh tdyfrufudk jrifruf/
- (5) avhusufzl;aomtm;jzifh tdyfrufudk jrifruf/
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tocFwedAÁme"mwfonf &Snf\? vsm;\? xl\? ysHU\?
us,f\? us,fajym\? us,fjyefY\? BuD;\V ckepfESpfatmuf
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udk;ckajrmuf {uEÅokcedAÁmeyOšm NyD;V

10-edAÁme^{1/2}lyoP²meyOšm (edAÁmef\ tqif; toGifoP²mef jyóem)

10/ toQifbk&m;em*aoe]]edAÁmef edAÁmef}}[k
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Oyrmtm;jzifh jzpfap? taMumif;tm;jzifh jzpfap?
toifh,kwådtm;jzifh jzpfap? enf;tm;jzifh jzpfap
aqmifjyCIF;iSg rwwfEdkif/ rif;jrwf pdwfudk
avhvmNyD;aom wefcdk;ESifh jynfhpHkaom
yk^{*3/4}dKvfonf r[mork'´&müha&udk
jCIFwG,frnfqdkaoMf jCIFwG,fEdkif&mao;V
xkdr[mork'´&mü rSDaeaom owå0gwdkYudkvnf;
a&wGufnrnfqdkaoMf a&wGufEdkif&mao;V pdwfudk

avhvmNyD;aom wefcdk;ESifh jynfhpHkaom
xkdyk*³/₄dKvfonf edAÁmef\ tqif;udkvnf;aumif;?
oP²mefudkvnf;aumif;? t&G,fudkvnf;aumif;?
twkdif;t&Snfudkvnf;aumif; Oyrmtm;jzifh jzpfap?
taMumif;tm;jzifh jzpfap? toifh,kwådtm;jzifh jzpfap?
enf;tm;jzifh jzpfap xdkYjyifvnf; aqmifjyjcif;iSg
rwwfEdkif/

rif;jrwf t&Sdoabmjzpfaoem edAÁmef\
tqif;udkvnf;aumif;? oP²mefudkvnf;aumif;?
t&G,fudkvnf;aumif;? twkdif;t&Snfudkvnf;aumif;
Oyrmtm;jzifh jzpfap? taMumif;tm;jzifh jzpfap?
toifh,kwådtm;jzifh jzpfap? enf;tm;jzifh jzpfap
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taMumif;tm;jzifh jzpfap? toifh,kwådtm;jzifh jzpfap?
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enf;tm;jzifh jzpfap aqmifjyjcif;iSg rwwfEdkifyg[k
(avQmuf\)/ rif;jrwf xif&Sm;&Sdukefaom t¹/₂lybHkü
jzpfukefaom jA[®mwdkY\ tqif;udkvnf;aumif;?

oP²mefudkvnf;aumif;? t&G,fudkvnf;aumif;?
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edAÁmef\ tqif;udkvnf;aumif;? oP²mefudkvnf;aumif;?
t&G,fudkvnf;aumif;? twkdif;t&Snfudkvnf;aumif;
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toifh,kwådtm;jzifh jzpfap? enf;tm;jzifh jzpfap
aqmifjyjcif;iSg rwwfEdkif[k (rdefYawmfrl\)/

toQifbk&m;em*aoe edAÁmefonf pifppf csrf;omonf
jzpfygapawmh/ xkdedAÁmef\ tqif; udkvnf;aumif;?
oP²mefudkvnf;aumif;? t&G,fudkvnf;aumif;?
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(avQmuf\)/

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*kPfoHk;yg;? pE´ul;eD\ *kPfoHk;yg;? axmywfMunf\
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(rdefYawmfrl\)/

toQifbk&m;em*aoe]]y'kr®mMum\ *kPfwpfyg;onf
edAÁmefodkY ouf0if\}}[lí ,if; pum;udk qdkawmfrl\
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(rdefYawmfrl\)/

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edAÁmefodkY ouf0ifukef\}}[lí ,if; pum;udk

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toQifbk&m;em*aoe]]r[mork'´&m\
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[lí ,if;pum;udk qdkawmfrl\ r[mork'´&m\
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xkdrSmbufurf;r&Sd/ tvHk;pHkaom jrpfwdkYjzifh
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ae&mjzpfV rif;jrwf r[mork'´&m\ þpwd,*kPfonf
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rif;jrwf r[mork'´&m\ þ*kPfav;yg;wdkYonf
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 edAÁmefodkY ouf0if\ rif;jrwf aemufwpfrsKd;um; (4)
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toQifbk&m;em*aoe]]aumif;uif\ *kPfQ,fyg;wdkYonf
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 edAÁmefonf (1) y#doaE¨rae? (2) rtdk? (3) rao? (4)
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 trSDr&Sd? (8) t&d,m yk*³/₄dKvfwdkY\ oGm;&mjzpf\?
 (9) tydwftyifr&Sd? (10) tqHk;r&Sd? rif;jrwf aumif;uif\
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toQifbk&m;em*aoe]]ywåjrm;&wem\
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rif;jrwf ywåjrm;&wem\ p*kPfoHk;yg;wdkYonf
edAÁmefodkY ouf0ifukef\[k (rdefYawmfrl\)/

toQifbk&m;em*aoe]]pE´ul;eD\
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pum;udk qdkawmfrl\ pE´ul;eD\
tb,f*kPfoHk;yg;wdkYonf edAÁmefodkY
ouf0ifygukefoenf;[k (ar;avQmuf\)/ rif;jrwf (1) pE
´ul;eDonf &EdkifcJouJhodkY? rif;jrwf ptwlomvQif
edAÁmefonf &EdkifcJ\ rif;jrwf pE´ul;eD\ pyXr*kPfonf
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pE´ul;eDonf twlr&Sd aumif;aom teHY&SdouJhodkY?
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teHY &Sd\ rif;jrwf pE´ul;eD\ p'kwd,*kPfonf
edAÁmefodkY ouf 0if\ rif;jrwf aemufwpfrsKd;um; (3)
pE´ul;eDudk vlaumif;olaumif;wdkY
csD;rGrf;tyfouJhodkY? rif;jrwf ptwlomvQif
edAÁmefudk t&d,molawmfaumif;wdkY csD;rGrf;tyf\

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(rdefYawmfrl\)/

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xdkt&yfonf &Sd\[k (rdefYawmfrl\)/

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ESvHk;oGif;aomf ouúwdkif; ,Gef;wdkif;ü jzpfap?
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NyD;V**

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**pa0óEÅ&0*fü tar;ykpämjyóem
wpfq,fhESpfyg;wdkYwnf;/**

4-tEkrme0*f

1-tEkrmeyOšm (rSef;qí]jrwpfGmbk&m;&SdaMumif; } od&yHk jyóem)

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aumif;pGmomvQif twkvkdufí vnfapEdkifoulhodkY?
ptwl jrwpGmbk&m; vnfaptyfaom twkr&Sdaom
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igrjrif? &[ef;wdkY om&dykwå&monf jrwpGmbk&m;
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(rdefYawmfrl\)/

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csrf;omrsKd;wdkYonfvnf;aumif; &Sdukef/
xdktvHk;pHkonf wpfq,fhoHk;yg;aom "lwiftusifhwdkYü
pkaygif;qdkufa&mufyg\k (avQmuf\)/ /

ESpfckajrmuf "kw*FyOşm NyD;V

av;ckajrmuf tEkrme0*f NyD;V

6-Moyr®uxmyOšm rmwdum

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rif;jrwf pomoemawmfü t&[wåzdkvfukd
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jrnf;\ t*Fgwpfyg;ukd ,ltyfV

Muuf\ t*Fgig;yg;wdkYukd ,ltyfukefV

&SO fheuf\ t*Fgwpfyg;ukd ,ltyfV

opfr\ t*Fgwpfyg;ukd ,ltyfV

opfzkd\ t*FgESpfyg;wdkYukd ,ltyfukefV

vdyf\ t*Fgig;yg;wdkYukd ,ltyfukefV

0g;yif\ t*Fgwpfyg;ukd ,ltyfV

av;\ t*Fgwpfyg;ukd ,ltyfV

usD;\ t*FgESpfyg;wdkYukd ,ltyfukefV

arsmuf\ t*FgESpfyg;wdkYukd ,ltyfukefV

a&S;OD;pGmaom *j'b0*f NyD;V

Al;EG,f\ t*Fgwpfyg;ukd ,ltyfV

y'kr®mMum\ t*FgoHk;yg;wdkYukd ,ltyfukefV

rsKd;aph\ t*FgESpfyg;wdkYukd ,ltyfukefV

omvuvsmPDyif\ t*Fgwpfyg;ukd ,ltyfV

avS\ t*FgoHk;yg;wdkYukd ,ltyfukefV

ausmufql;\ t*FgESpfyg;wdkYukd ,ltyfukefV

vif;,Ofwdkif\ t*Fgwpfyg;ukd ,ltyfV

avSolBuD;\ t*FgoHk;yg;wdkYukd ,ltyfukefV

trlvkyf avSxdk;om;\ t*Fgwpfyg;ukd ,ltyfV

ork'´&m\ t*Fgig;yg;wdkYukd ,ltyfukefV

ESpfckjrmuf ork'´0*f NyD;V

ajrBuD;\ t*Fgig;yg;wdkYukd ,ltyfukefV

a&\ t*Fgig;yg;wdkYukd ,ltyfukefV

rD;\ t*Fgig;yg;wdkYukd ,ltyfukefV

av\ t*Fgig;yg;wdkYukd ,ltyfukefV

awmif\ t*Fgig;yg;wdkYukd ,ltyfukefV

aumif;uif\ t*Fgig;yg;wdkYukd ,ltyfukefV

v\ t*Fgig;yg;wdkYukd ,ltyfukefV

ae\ t*Fgckepfyg;wdkYukd ,ltyfukefV

odMum;rif;\ t*FgoHk;yg;wdkYukd ,ltyfukefV

pMu0aw;rif;\ t*Fgav;yg;wdkYukd ,ltyfukefV

oHk;ckajrmuf yx0D0*f NyD;V

jc\ t*Fgwpfyg;ukd ,ltyfV

aMumif\ t*FgESpfyg;wdkYukd ,ltyfukefV

<uuf\ t*Fgwpfyg;ukd ,ltyfV

uif;NrD;aumuf\ t*Fgwpfyg;ukd ,ltyfV

a>ryg\ t*Fgwpfyg;ukd ,ltyfV

ajracG;tdk\ t*FgESpfyg;wdkYukd ,ltyfukefV

orif\ t*FgoHk;yg;wdkYukd ,ltyfukefV

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0uf\ t*FgESpfyg;wdkYukd ,ltyfukefV

qif\ t*Fgig;yg;wdkYukd ,ltyfukefV av;ckajrmuf

Oypdum0*f NyD;V

jcaoFh\ t*Fgckepfyg;wdkYukd ,ltyfukefV

puú0ufiSuf\ t*FgoHk;yg;wdkYukd ,ltyfukefV
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vif;EdkY\ t*FgESpfyg;wdkYukd ,ltyfukefV
arQmh\ t*Fgwpfyg;ukd ,ltyfV
a>r\ t*FgoHk;yg;wdkYukd ,ltyfukefV

**pyg;BuD;a>r\ t*Fgwpfyg;ukd ,ltyfV ig;ckajrmuf
oD[0*f NyD;V**

yifhul\ t*Fgwpfyg;ukd ,ltyfV
EdkYpdkYoli,f\ t*Fgwpfyg;ukd ,ltyfV
ukef;vdyfajymuf\ t*Fgwpfyg;ukd ,ltyfV
awmtkyf\ t*Fgig;yg;wdkYukd ,ltyfukefV
opfyif\ t*FgoHk;yg;wdkYukd ,ltyfukefV
rkd;\ t*Fgig;yg;wdkYukd ,ltyfukefV
ywåjrm;&wem\ t*FgoHk;yg;wdkYukd ,ltyfukefV
om;rkqdk;\ t*Fgav;yg;wdkYukd ,ltyfukefV
ig;rQm;ol\ t*FgESpfyg;wdkYukd ,ltyfukefV
**wpnf;orm;\ t*FgESpfyg;wdkYukd ,ltyfukefV
ajcmufckajrmuf ruú#0*f NyD;V**

tdk;\ t*Fgwpfyg;ukd ,ltyfV
wD;wkwiSuf\ t*FgESpfyg;wdkYukd ,ltyfukefV
xD;\ t*FgoHk;yg;wdkYukd ,ltyfukefV
v,f\ t*FgoHk;yg;wdkYukd ,ltyfukefV
tqdyfajzaq;\ t*FgESpfyg;wdkYukd ,ltyfukefV

abmZOfl t*FgoHk;yg;wdkYukd ,ltyfukefV
av;orm;\ t*Fgav;yg;wdkYukd ,ltyfukefV

ckepfckajrmuf ukrÇ0*f NyD;V

rif;\ t*Fgav;yg;wdkYukd ,ltyfukefV
wHcg;apmifh\ t*FgESpfyg;wdkYukd ,ltyfukefV
"m;aoG;ausmuf\ t*Fgwpfyg;ukd ,ltyfV
qDrD;\ t*FgESpfyg;wdkYukd ,ltyfukefV
Oa'gif;\ t*FgESpfyg;wdkYukd ,ltyfukefV
jrif;\ t*FgESpfyg;wdkYukd ,ltyfukefV
xHk;tdkif\ t*FgESpfyg;wdkYukd ,ltyfukefV
wHcg;cHk\ t*FgESpfyg;wdkYukd ,ltyfukefV
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oefvsuf\ t*FgESpfyg;wdkYukd ,ltyfukefV
ig;\ t*FgESpfyg;wdkYukd ,ltyfukefV
NrDpm;\ t*Fgwpfyg;ukd ,ltyfV
olem\ t*FgESpfyg;wdkYukd ,ltyfukefV
aool\ t*FgESpfyg;wdkYukd ,ltyfukefV
jrpf\ t*FgESpfyg;wdkYukd ,ltyfukefV
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c&D;vrf;\ t*FgESpfyg;wdkYukd ,ltyfukefV
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cdk;ol\ t*FgoHk;yg;wdkYukd ,ltyfukefV
odrf;iSuf\ t*Fgwpfyg;ukd ,ltyfV
acG;\ t*Fgwpfyg;ukd ,ltyfV
aq;orm;\ t*FgoHk;yg;wdkYukd ,ltyfukefV

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pmr&Dom;\ t*Fgwpfyg;ukd ,ltyfV
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ckdr\ t*FgoHk;yg;wdkYukd ,ltyfukefV
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v,fxGeform;\ t*FgoHk;yg;wdkYukd ,ltyfukefV
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a,mufr\ t*Fgwpfyg;ukd ,ltyfV
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pm;zG,fukd pm;aomufaomol\ t*FgESpfyg;wdkYukd
,ltyfukefV
tyfcsKyform;\ t*Fgwpfyg;ukd ,ltyfV
avSolBuD; avSpD;ol\ t*Fgwpfyg;ukd ,ltyfV
ysm;ydwkef;\ t*FgESpfyg;wdkYukd ,ltyfukef\[k
(rdefYawmfrl\)/ /

tusOf;acgif;pOf]rmwdum} NyD;V

1-*j'b0*f

1-*j'b*FyO\$m (jrnf;\ t*Fg jyóem)

1/ toQifbk&m;em*aoe]]jrnf;\
t*Fgwpfyg;ukd ,ltyf\}}[lí qdkawmfrl? tb,f

t*Fgwpfyg;ukd ,ltyfygoenf;[k (ar;avQmuf\)/ rif;jrwf
Oyrmtm;jzifh jrnf;rnfonfum; wHjrufacs;pGefY&m
(trldufyHk)üvnf;aumif;? c&D;vrf;qHküvnf;aumif;?
c&D;pyf vrf;Mum;üvnf;aumif;?
&GmwHcg;üvnf;aumif;? zJGyHküvnf;aumif;
trSwfr&Sdwpfckckaom ae&mü tdyfEdkif\? ttdyfrsm;/
rif;jrwf ptwlomvQif ur®|mef;pD;jzef;aom
a,m*Dyk*³/4dKvfonf jruftcif;ü jzpfap? opf&Guftcif;ü
jzpfap? opfcif;anmifapmif;ü jzpfap? ajrü jzpfap
trSwfr&Sdwpfckckaom ae&mü om;a&e,fukd cif;í
tdyf&m\ (xdkodkY tdyfaomfvnf;) rsm;pGm rtdyf&m/
rif;jrwf jrnf;\ pt*Fgwpfyg;ukd ,ltyf\ rif;jrwf ewfxufewf
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wynfh]om0u}wdkYonf xif;aqG;wHk;ESifh wlukefí
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bpum;ukdvnf; a[mawmfrltyf\ /

a&S;OD;pGmaom *j'b*FyOšm NyD;V

2-ukuúK#*FyOšm (Muuf\ t*Fgjyóem)

2/ toQifbk&m;em*aoe]]Muuf\
t*Fgig;yg;wdkYukd ,ltyfukef\}}[lí qdkawmfrl\
tb,ft*Fgig;yg;wdkYukd ,ltyfygukefoenf;[k
(ar;avQmuf\)/ rif;jrwf Muufonf avsmufywf

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a,m*Dyk*³/₄dKvfonf avsmufywfoifhavsmfaom
tcsdeftcgü apwD&ifjyifukd wHjrufvSnf;í aomufa&ç
oHk;aqmifa&ukd xnfhxm;NyD;aemuf ukd,fukd
okwfoifNyD;vQif apwDawmfukd &Sdcck;í oDwif;BuD;
&[ef;wdkYtm; zl;jrif&ef oGm;í
avsmufywfoifhavsmfaom tcsdeftcgü qdyfNidrf&m
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pt*Fgukd ,ltyfV

rif;jrwf aemufwpfrsKd;um; Muufonf
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a,m*Dyk*³/₄dKvfonf avsmufywfoifhavsmfaom
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wHjrufvSnf;í aomufa& oHk;a&ukd xnfhxm;NyD;aemuf
ukd,fukd okwfoifNyD;vQif apwDawmfukd
&Sdcck;NyD;í wpfzef qdyfNidrf&mt&yfodkY Oif&mV
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rif;jrwf aemufwpfrsKd;um; Muufonf
ajrukd ,ufum ,ufum tpmudk
aumuf,lpm;rsKdouJhodkY? rif;jrwf ptwlomvQif ur®|
mef;pD;jzef;aom a,m*Dyk*³/₄dKvfonf qifjcifí qifjcifí
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roHk;aqmiftyf? þukd,f\ wnfwHhcdkifjrJ¹/₂Hkomç
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vSnf;pmqDujhokdkYvnf;aumif;? ptwl qGrf;abmZOfukd
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bpum;ukdvnf; a[mawmfrltyfV

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ruef;bJvsuf uef;ouJhokdY jzpf&mV awmü jzpfap?
qGrf;ch&Gmü jzpfap? qGrf;tvdkYiSg vSnfhvnf&mü
jzpfap wyfrufzG,f jzpfukefaom ¹/₂lyg¹/₂Hkç o'g¹/₂Hkç
*E"m¹/₂Hkç &om¹/₂Hkç azm|AÁm¹/₂Hkç
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touJhokdY jzpf&m\? a,musfm;ç rdef;rç tqif;ç toHpaom
trSwfedrdwfukd r,l&m? vufajcpaom oP²mefukd r,l&m/
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a,m*Dyk*³/₄dKvfonf rsufpd&Sdvsufvnf; uef;oluJhokdY
jzpf&m\? em;&Sdvsufvnf; em;yif;oluJhokdY jzpf&m\?
ynm&Sdvsufvnf; oltuJhokdY jzpf&m\? tm;&Sdvsufvnf;
tm;enf;oluJhokdY jzpf&m\? ukd,fusKd;jzpfay:vwfaomf
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a[mawmfrltyfV

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rdrdtdrfukd rpGefYouJhokdY? rif;jrwf ptwlomvQif ur®|
mef;pD;jzef;aom a,m*Dyk*³/₄dKvf onf
ouFef;csKyfjCIF;trlukd jyKaomfvnf;aumif;? trlopfukd
jyKaomfvnf;aumif;? 0wfBuD; 0wfi,f
jyKaomfvnf;aumif;? ygVdoifaomfvnf;aumif;?

ygVdoifapaomfvnf;aumif; oifhavsmf aomtm;jzifh
 ESvHk;oGif;jcif;ukd rpGefY&m? rif;jrwf
 boifhavsmfaomtm;jyifh ESvHk;oGif;rl]a,med
 aomreodum&} onfum; a,m*Dyk*³/₄dKvf\
 ukd,fydkiftdrfwnf;/ rif;jrwf Muuf\
 ig;ckajrmufaom
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 NyD;aom qifonf rdrd\ ESarmif;ukd
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ESpfckajrmuf ukuúK#*FyOşm NyD;/

3-uvE´u*FyOşm (&SOfh\ t*Fg jyóem)

3/ toQifbk&m;em*aoe]]&SOfh\
 t*Fgwpfyg;ukd ,ltyf\}}[lí qdkawmfrl\? tb,ft*Fg
 wpfyg;ukd ,ltyfygoenf;[k (ar;avQmuf\)/ rif;jrwf
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 xdktNrD;aqmufykwfjzifhom &efolukd
 y,fvSefoujhodkY? rif;jrwf ptwlomvQif ur®|
 mef;pD;jzef;aom a,m*Dyk*³/₄dKvfonf udavom&efol
 a&S;¹/₂la&mufvmonf&Sdaomf owdy|mefaqmuf

ykwfukd cgwGufí BuD;atmifjyKvsuf xdkowdy|
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plVyE!urax&fonf-]]tMuifcgu &[ef;\ *kPfukd
zsufqD;wwfukefaom udavomwdkY a&S;½l
a&mufvmukef\? xdktcg udavomwdkYukd owdy|
mefaqmufykwfjzifh tzefzef txyfxyf owfykwftyfukef\}}
[k ppum;ukdvnf; a[mawmfrltyf\ /

oHk;ckajrmuf uvE´u*FyOšm NyD;V

4-'Dyded,*FyOšm (opfr\ t*Fg jyóem)

4/ toQifbk&m;em*aoe]]opfr\
t*Fgwpfyg;ukd ,ltyf\}}[lí qdkawmfr\? tb,f
t*Fgwpfyg;ukd ,ltyfygoenf;[k (ar;avQmuf\)/ rif;jrwf
opfronf wpfBudrfomvQif ukd,f0ef ukd ,\? tzefzef
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y#doaE`wnfaejzpfyGm;&jcif;? trd0rf;ü udef;&jcif;?
pkawa&GUavsm&jcif;? ysufpD;jcif;?ukefjcif;?
ysufjym;jcif;ukdvnf;aumif;? oHo&mab;ukdvnf;aumif;?
raumif;aom b0ukdvnf;aumif;?
rnDñGwfonfukdvnf;aumif;?
ESdyfpuftyfonfukdvnf;aumif; jrifí]]'kwd,b0ü y#doaE`
raeawmhtHh}}[k oifhavsmfaomtm;jzifh ESvHk;oGif;
jcif;ukd jyK&m\ rif;jrwf opfr\ pt*Fgwpfyg;ukd ,ltyf\
rif;jrwf ewfxufewfjzpfawmfrlaom jrwpfGmbk&m;onf
okwåedygwf "ed,a*gygvuokwfü-]]"ed,
EGm;vm;Oobonf zjGUBuKd;wdkYukd jzwfouJhodkY
(O`Hbm*d, oHa,mZOfig;yg;[laom) taESmiftzJGU
(zjGUBuKd;)wdkYukd ydkif;jzwfívnf;aumif;?

qifajymifBuD;onf qiforEG,fukd jzwfouJhodkY
(Mo&rÇm*d, oHa,mZOf ig;yg;[laom) taESmiftzJGU
(zJGUBuKd;)wdkYukd jzwfívnf;aumif; oGm;awmhtHh?
igonf trd0rf;ü wpfzef udef;atmif;jcif;odkY
uyfa&mufawmh rnf r[kwf? odkYjzpfaomaMumifh
rkd;rif; tu,fí &Gmvkdrl &Gmawmhavmh}}[k
bpum;ukdvnf; a[mawmfrltyfV /

av;ckajrmuf 'Dyded,*FyOşm NyD;V

5-'Dydu*FyOşm (opfzkd\ t*Fg jyóem)

5/ toQifbk&m;em*aoe]]opfzkd\
t*FgESpfyg;wdkYukd ,ltyfukef\}}[lí qdkawmfrl\
tb,ft*FgESpfyg;wdkYukd ,ltyfygukefoenf;[k
(ar;avQmuf\)/ rif;jrwf opfzdkdonf awmü toGm;cufaom
jrufawmç opfawmç awmifukd trSDjyKí ykef;atmif;um
om;aumifwdkYukd zrf;,louJhodkY? rif;jrwf ptwlvomvQif
ur®|mef;pD;jzef;aom a,m*Dyk*³/₄dKvfonf
qdwfNidrf&m awmç opfyif&if;ç awmifç acsmufç
awmifacgif;ç okomefç awmtkyfç vGifwD;acgifç
aumuf¹/₂kd;yHkukdvnf;aumif;? vloHenf;aom?
a<u;aMumfoHenf;aom? vlwdkY\
oGm;vmrlaMumifhjzpfonfh avrS uif;aom? vlwdkY\
vQKdU0Sufrlukd jyKvkyfjcif;iSg avsmufywfaom?
wpfa,mufwnf; udef;atmifjcif;iSg avsmufywfaom
ae&mukdvnf;aumif; rSD0J&mV rif;jrwf
qdwfNidrf&mukd rSD0Jaom? ur®|mef; pD;jzef;aom
a,m*Dyk*³/₄Kdvfonf rMumrDyif
tbdnmOfajcmufyg;wdkYüvnf; avhvmNyD;jcif;odkY
a&mufV rif;jrwf opfzkd\ a&S;OD;pGmaom
pt*Fgukd ,ltyfV rif;jrwf o*Fg,emwif
rax&fwdkYonf-]]opfzdkrnfonf (awmawmifü)
ykef;atmif;í om;aumifwdkYukd zrf;ouJhodkY?

xdktwlomvQif tjrJ,SOfaom vkHYv&Sdaom?
OdyóemyGm;xHkaom pbk&m;&Sif\ om;awmfonf
awmodkY Oifí jrwfaom zdkvfw&m;ukd zrf;,\\}}[k
bpum;ukdvnf; qdkawmfrltyfV

rif;jrwf aemufwpfrsKd;um; opfzdkonf
trSwfr&Sdaom om;aumifukd owfí vuf0JeHyg;jzifh
vJusaom om;aumifukd rpm;ouJhodkY? rif;jrwf
ptwlomvQif ur®|mef;pD;jzef;aom a,m*D
yk*³/₄dKvfonf 0g;ay;jcif;jzifhvnf;aumif;?
opf&Gufay;jcif;jzifhvnf;aumif;?
yef;ay;jcif;jzifhvnf;aumif;?
opfoD;ay;jcif;jzifhvnf;aumif;?
a&csKd;qyfjymay;jcif;jzifhvnf;aumif;? ajrnufay;jcif;
jzifhvnf;aumif;?
a&csKd;uo,frlefYay;jcif;jzifhvnf;aumif;?
wHylay;jcif;jzifhvnf;aumif;? rsufESm
opfa&ay;jcif;jzifhvnf;aumif;?
ajr\$muifyifhajymqdkjcif;jzifhvnf;aumif;?
yJaemuf[if;tvm; pum; rrSefwpfcGef;ç rSefwpfcGef;
ajymqdkjcif;jzifhvnf;aumif;? txdef;ozG,f oli,fukd
jyKjyifí qifjyif xdef;odrf;jcif;jzifhvnf;aumif;? 'g,umwdkY
apyg;onfukd oGm;vmjcif;jzifhvnf;aumif;? aq;0g;
ukojcif;jzifhvnf;aumif;? wreftrljzifhvnf;aumif;?
apcdkif;onfukd oGm;vmjcif;jzifhvnf;aumif;?
qGrf;wkHYay;jcif;jzifhvnf;aumif;?
ay;wkHYay;ojzifhvnf;aumif;? tdrf,majrponfukd
pD&ifojzifhvnf;aumif;? eu©wfqdk;ç aumif;
a[mojzifhvnf;aumif;?
t*F0dZÆmtwwfa[mojzifhvnf;aumif; qkdNyD;onfrS
wpfyg;tjcm;aom bk&m;&Sifujh&JU wm;jrpftyfaomç
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rpm;&m/ rif;jrwf opfzdkd\ ESpfckajrmufaom
pt*Fgukd ,ltyfV w&m;ppfolBuD; jzpfawmfrlaom

toQifom&dykwå&m rax&fonf-]]igonf
Elwf>rufajymqdk&jcif;aMumifhjzpfaom
aumif;jrwfaom EdkYCem qGrf;ukd tu,fí pm;onf
jzpftHh? ig\ toufarG;rlonf ujh&JUtyfonf jzpf&mV ig\
ttl onf tjyifodkYxGufí usufpm;rlvnf; usufpm;apumrl?
toufukd pGefY&apumrl ig\ toufarG;rlukd
rzsufqD;awmhtHh}}[k a[m awmfrltyfV /

ig;ckajrmuf 'Dydu*FyOšm NyD;V

6-ukr®*FyOšm (vdyf\ t*Fgjyóem)

6/ toQifbk&m;em*aoe]]vdyf\
t*Fgig;yg;wdkYukd ,ltyfukef\}}[lí qdkawmfrlV
tb,ft*Fgig;yg;wdkYukd ,ltyfygukefoenf;[k
(ar;avQmuf\)/ rif;jrwf vdyfonf a&üom usufpm;í
a&üomvQif aejcif;ukd jyKouJhodkY? rif;jrwf
ptwlomvQif ur®|mef;pD;jzef;aom a,m*Dyk*³/₄dKvfonf
ouf&Sdowå0gtm;vHk;wdkY\ tusKd;pD;yGm;ukd
tpOfapmifhaom arwåmESifhwuGaom?
jyefYajymaom? jrwfonfhtjzpfodkYa&mufaom?
twdkif;t&Snfr&Sdaom? &efuif;aom?
aMumifhMuuif;aompdwfjzifh tvHk;pHkaom
owåavmuukd ysHUESHYapí ae&mV rif;jrwf vdyf\
a&S;OD;pGmaom pt*Fgukd ,ltyfV

rif;jrwf aemufwpfrsKd;um; vdyfonf a&ü
ay:vwfaomf OD;acgif;ukd csDyifhvsuf ay:\?
wpfOD;wpfa,mufaomolukd tu,fí
jriftHh?]]xdkolwdkYonf wpfzef ighukd rjrifapownf;}}
[k xdkt&yfüom ikyfvQKd;\? euf¹/₂ldif;&modkY ouf0ifV
rif;jrwf ptwlomvQif ur®|mef; pD;jzef;aom
a,m*Dyk*³/₄dKvfonf udavomwdkY teD;odkY
usa&mufvmukefaomf]]udavomwdkYonf wpfzef
ighukd rjrifapownf;}}[k tm¹/₂Hk[laom a&tdkifü

ikyfvQKd;&m\? euf¹/₂ldif;&modkY oufqif;&mV rif;jrwf
vdyf\ ESpfckajrmufaom pt*Fgukd ,ltyfV

rif;jrwf aemufwpfrsKd;um; vdyfonf a&rS xGufí
rdrdukd,fukd aevSef;ouJhodkY? rif;jrwf ptwlomvQif
ur®|mef;pD;jzef;aom a,m*Dyk*³/₄dKvfonf xdkifjCIF;ç
&yfjCIF;ç avsmif;jCIF;ç pBuø oGm;jCIF;rS pdwfukd
xkwfaqmifí or®yÜ"mefü pdwfukd ajcmufaoGUap&mV
rif;jrwf vdyf\ oHk;ck ajrmufaom pt*Fgukd ,ltyfV

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qdwfNidrf&m t&yfü aeouJhodkY? rif;jrwf ptwlomvQif
ur®|mef;pD;jzef;aom a,m*Dyk*³/₄dKvfonf
vmbfylaZmfoum tausmf tapmukd pGefYy,fí
qdwfokOf;aom? qdwfNidrfaom awmç awmtkyfç
awmifç acsmufç awmifacgif; odkYvnf;aumif;?
vloHenf;aom? a<u;aMumfoHenf;aom
qdwfNidrf&mt&yfodkYvnf;aumif; ouf Oifí
qdwfNidrf&müom ae&mV rif;jrwf vdyf\
av;ckajrmufaom pt*Fgukd ,ltyfV rif;jrwf
0*FEÅykPÖm;\om;jzpfaom Oyaoerax&fonf-]&[ef;onf
wpfyg;wnf; udef;atmif;aevkdaomaMumifh
qdwfNidrfaom? a<u;aMumfoHenf;aom?
om;&JorifwdkY rSD0J&mjzpfaom ausmif;ukd
rSD0J&m\}}[k ppum;ukdvnf; a[mawmfrltyfV

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oGm;vwfaomf wpfOD;wpfa,mufudkrlvnf; tu,fí jrftHh?
toHukdrlnf; tu,fí Mum;tHh? vnfyif;vQif
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aevsuf? rdrdukd,fukd apmifh a&Smufvsuf
wnfaeouJhodkY? rif;jrwf ptwlomvQif ur®|
mef;pD;jzef;aom a,m*Dyk*³/₄dKvfonf tqif;ç toHç
teHYç t&omç tawGUTxdç oabmw&m;[laom
tvHk;pHkaom tm¹/₂HkwdkY a&S;¹/₂l

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rif;jrwf ewfxufewf jzpfawmfrlaom jrwpGmbk&m;onf
oH,kwåedum,fjrwf ukr®Lyrokwfü-]]vdyfonf rdrdykdif
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&[ef;onf pdwftMuHtpnfwdkYukd aumif;pGm
xdef;xm;ygvQif wPSm'd|d trSDrcH&bJ
wpfyg;yk*³/₄dKvfukd rxdcdkuf rn§Of;qJrlí
csKyfNidrf;&\ wpfpHkwpfa,mufukdrQ rpGyfpJG
rajymqdk&m}}[k bpum;ukdvnf; a[mawmfrltyf\ /

ajcmufckajrmuf ukr®*FyOşm NyD;

7-0Ho*FyOşm (0g;\ t*Fg jyóem)

7/ toQifbk&m;em*aoe]]0g;\ t*Fgwpfyg;ukd ,ltyf\}}
[lí qdkawmfrl\ tb,ft*Fg wpfyg;ukd ,ltyfygoenf;[k
(ar;avQmuf\)/ rif;jrwf 0g;onf avwdkuf&mt&yfodkY
ñGwfudkif; aomtm;jzifh avsmfapouJhodkY?
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jrwpGmbk&m;\ tqHk;trawmfudk avsmfapí?
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jrwpGmbk&m;\ pum;awmfudk tcgcyfodrf; nDñGwf
oifhavsmfapí? tyfpyfaomç tjyphuif;aom t&yfü

wnfvuf? tyg,fudk vGefajrmufEdkif\}}[k
bpum;udkvnf; a[mawmfrltyf\ /

ckepfckajrmuf 0Ho*FyOšm NyD;V

8-pmy*FyOšm (av;\ t*Fg jyóem)

8/ toQifbk&m;em*aoe]]av;\ t*Fgwpfyg;udk ,ltyf\}}
[lí qdkawmfrl\ tb,f t* Fgwpfyg;udk ,ltyfygoenf;[k
(ar;avQmuf\)/ rif;jrwf aumif;pGm a&Gtyfaom av;onf
ñGwf auG;onf&Sdaomf tzsm;rS t&if;wkdifatmif
tnDtrQom ñGwfauG;í awmifhcdkifraeoujhodkY?
rif;jrwf ptwlmvQif ur®|mef;pD;jzef;aom
a,m*Dyk*³/₄dKvfonf oDwif;BuD;ç oDwif;vwfç
oDwif;i,fjzpfaoam &[ef;wdkYü avsmfpGm
udkif;ñGwf&m\? rawmifhcdkif&m/ rif;jrwf av;\ pt*Fg
wpfyg;udk ,ltyf\ rif;jrwf ewfxufewfjzpfawmfrlaom
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av;ujhodkY ,kwfavsmhaom 0rf;&Sd&m\?
0g;ujhodkYvnf; (avtvdkufoifh) vlyf&Sm;&m\?
qefYusifbuf rusifh&m? xkdodkYaomolonf rif;xH
cpm;aexkdif&m\}}[k bpum;udkvnf; a[mawmfrltyf\ /

&Spfckajrmuf pmy*FyOšm NyD;V

9-0g,o*FyOšm (usD;iSuf\ t*Fgjyóem)

9/ toQifbk&m;em*aoe]]usD;iSuf\
t*FgESpfyg;wdkYudk ,ltyfukef\}}[lí qkdawmfrl\
tb,ft*FgESpfyg;wdkYudk ,ltyfygukefoenf;[k
(ar;avsmuf\)/ rif;jrwf usD;iSufonf ,HkrSm;
pdk;aESmifhjcif;&Sdvsuf vkHYvxkwfí
usufpm;&oujhodkY? rif;jrwf ptwlmvQif ur®|

mef;pD;jzef;aom a,m*Dyk*³/₄dKvfonf tyfoavmç
rtyfoavm[k ,HkrSm;pdk;aESmifhjcif;&Sdvuf vkHYv
xkwfum xifaom owd&Sdonf jzpfí £a`E´wdkYudk
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ha&S;OD;pGmaom pt*Fgudk ,ltyf\

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pm;oujhodkY? rif;jrwf ptwlomvQif ur®|mef;
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tusLH;0ifumrQvnf;jzpfaom w&m;ESifh avsmfnDpGm
w&m;ojzifh &tyfukefaom vmbfwdkYjzifh
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(om&dykwå&m) tm; tu,fí vSL'gef;qufuyfukefjim;tHh?
xkdabmZOfrS tvHk;pHkaom oDwif;oHk;azmfwdkYudk
cGJjcrf;a0zefíom abmZOOfudk pm;vdk\}}[k
bpum;udkvnf; a[mawmfrltyf\ /

udk;ckajrmuf 0g,o*FyOšm NyD;V

10-ruú#*FyOšm (arsmuf\ t*Fg jyóem)

10/ toQifbk&m;em*aoe arsmuf\
t*FgESpfyg;wdkYudk ,ltyfukef\}}[lí qkdawmfrl\
tb,ft*FgESpfyg;wdkYudk ,ltyfygukefoenf;[k
(ar;avsmuf\)/ rif;jrwf arsmufonf aexkdif&ef
uyfa&mufonf&Sdaomf qdwfNidrí opfcufwdkYjzifh
wpfcJeufaxG;,Sufaom? aMumufolwdkY\
ykef;atmif;&mjzpfaom? BuD;pGmaom opfyifBuD;

[kqkdtyfaom xkdodkYoabm&Sdaom t&yfü aexkdif
&ef uyfa&mufouJhodkY? rif;jrwf ptwlomvQif ur®|
mef;pD;jzef;aom a,m*Dyk*³/₄dKvfonf raumif;rlrS
&Sufwwfaom? oDvudk cspfaom? oDvESifh
jynfhpHkaom? aumif;aom tusifh&Sdaom? rsm;aom
tMum;tjrif&Sdaom? okwfc tbd"r®mudk aqmifaom?
Odenf;udk aqmifaom? cspfESpf ouftyfaom?
tav;jyKavmufaom? w&m;ojzifh qdkwwfaom?
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aumif;pGm xufoefapwwfaom? aumif;pGm
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aumif;jzpfaom q&mudk rSDí ae&m\ rif;jrwf arsmuf\
a&S;OD;pGmaom pt*Fgudk ,ltyf\

rif;jrwf aemufwpfrsKd;um; arsmufonf
opfyifüomvQif oGm;\? &yf\? xkdif\? tu,fí tdyf&ef
uyfa&mufonf jzpfthH? xkdopfyifüomvQif nOhftcg ae\
xkdif\? rif;jrwf ptwl omvQif ur®|mef;pD;jzef;aom
a,m*Dyk*³/₄Kdvfonf awmodkY a&S;¹/₂lonf jzpf&m\
awmüomvQif &yfjCIF;ç oGm;jCIF;ç xkdifjCIF;ç
avsmif;jCIF;ç tdyfjCIF;odkY oufa&muf&m\
xkdawmt&yfüomvQif owdy|mefw&m;udk
cHpm;oHk;aqmif&m\ rif;jrwf arsmuf\
ESpfckajrmufaom pt*Fgudk ,ltyf\ rif;jrwf
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pBuøoGm;vsufvnf;aumif;? &yfvsufvnf;aumif;?
xdkifaejCIF;ç avsmif;pufjCIF;jzifhvnf;aumif; wifhw,f\?
awmwGif;ü aejCIF;udkom csD;rGrf;tyf\} }[k
bpum;udkvnf; a[mawmfrltyf\ /

q,fckajrmuf ruú#*FyOşm NyD;V

a&S;OD;pGmaom *j'b0*f NyD;V

2-ork' '0*f

1-vmAkvw*FyOšm (Al;EG,f\ t*Fg jyóem)

1/ toQifbk&m;em*aoe]]Al;EG,f\
t*Fgwpfyg;udk ,ltyf\}}[lí qdkawmfrlV tb,f t*Fg
wpfyg;udk ,ltyfygoenf;[k (ar;avQmuf\)/ rif;jrwf
Al;EG,fonf jrufyifüvnf;aumif;? opfyifüvnf;aumif;?
EG,füvnf;aumif; ESarmif;wdkYjzifh qGJudkifrSDwG,fí
xdkjrufponf\ txufü BuD;yGg;ouJhodkY? rif;jrwf
ptwlmvQif ur®|mefpD;jzef;aom a,m*Dyk*³/₄dKvfonf
t&[wåzdkvfü tvGefBuD;yGg;vdkaom pdwfjzifh
(ocFg&w&m;wdkY\) tm¹/₂Hkudk qGJudkifrSDwG,fí
t&[wåzdkvfü tvGefBuD; yGg;onf jzpf&mV rif;jrwf
Al;EG,f\ pt*Fgwpfyg;udk ,ltyfV rif;jrwf w&m;ppfolBuD;
jzpfawmfrlaom
toQifom&dykwå&m;rax&fonf-]]Al;EG,frnfonfum;
jrufüvnf;aumif;? xif;wHk;ç opfyifüvnf;aumif;?
EG,füvnf;aumif; ESarmif;wdkYjzifh qGJudkifrSDwG,fí
xdkjrufopfyifponfwdkY\ txufü
pnfyifBuD;yGg;ouJhodkY? xdkYtwlmvQif
t&[wåzdkvfudk vdkvm;aom
jrwfpGmbk&m;om;awmfonf (ocFg&w&m;wdkY\)
tm¹/₂Hkudk qGJudkifrSDwG,fí t&[wåzdkvfü
BuD;yGg;onf jzpf&m\}}[k ppum;udkvnf;
a[mawmfrltyfV /

a&S;OD;pGmaom vmAkvw*FyOšm NyD;V

2-y'kr*FyOšm (y'kr®mMum\ t*Fg jyóem)

2/ toQifbk&m;em*aoe]]y'kr®mMum\
t*FgoHk;yg;wdkYudk ,ltyfukef\}}[lí qdkawmfrlV
tb,ft*FgoHk;yg;wdkYudk ,ltyfygukefoenf;[k
(ar;avQmuf\)/ rif;jrwf y'kr®mMumonf a&ü aygufí?
a&ü BuD;yGg;vsuf a&jzifh rvdrrf;usHouJhodkY? rif;jrwf
ptwlmovQif ur®|mef;pD;jzef;aom a,m*Dyk*¾dKvfonf
trsdK;üvnf;aumif;? *kdPf;üvnf;aumif;?
vmbfövnf;aumif;? tjchT&Hövnf;aumif;?
ylaZmfouúm&üvnf;aumif;? av;jrwfjcf;üvnf;aumif;?
toHk;taqmif ypönf;wdkYövnf;aumif; tvHk;pHkwdkYü
ruyfNid rvdrrf;usHonf jzpf&mV rif;jrwf y'kr®mMum\
a&S;OD;pGmaom pt*Fgudk ,ltyfV

rif;jrwf aemufwpfrsKd;um; y'kr®mMumonf a&ay:ü
wufa&mufí wnfouJhodkY? rif;jrwf ptwlmovQif ur®|
mefpD;jzef;aom a,m*Dyk*¾dKvfonf tvHk;pHkaom
avmuudk vTrf;rdk;í (avmurS) txufü wufa&mufvsuf
avmukwå&mw&m;ü wnfonf jzpf&mV rif;jrwf
y'kr®mMum\ ESpfckajrmufaom pt*Fgudk ,ltyfV

rif;jrwf aemufwpfrsKd;um; y'kr®mMumonf
tenf;i,frQaom avwdkufcwfjcf;aMumifhvnf;
wkefvlyfouJhodkY? rif;jrwf ptwlmovQif ur®|
mef;pD;jzef;aom a,m*Dyk*¾dKvfonf tenf;i,frQaom
udavomwdkYüaomfvnf; apmifhpnf;rludk jyKvsuf ab;[k
½lavh&Sdonf jzpfí ae&mV rif;jrwf y'kr®mMum\
oHk;ckajrmufaom pt*Fgudk ,ltyfV rif;jrwf ewfxufewf
jzpfawmfrlaom
jrwpfGmbk&m;onf-]]tEkjrLrQavmufukefaom
(tenf;i,frQaom) tjypfwdkYüaomfvnf; ab;[k
½lavh&Sdonf jzpfí apmifha&Smuftyfaom
odu©myk'fwdkYü aumif;pGm aqmufwnfí usifh\}}[k
bpum;udkvnf; a[mawmfrltyfV /

ESpfckajrmuf y'kr*FyOşm NyD;Vh

3-ADZ*FyOšm (rsKd;aph\ t*Fg jyóem)

3/ toQifbk&m;em*aoe]]rsKd;aph\
t*FgESpfyg;wdkYudk ,ltyfukef\}}[lí qdkawmfrlV
tb,ft*FgESpfyg;wdkYudk ,ltyfygukefoenf;[k
(ar;avQmuf\)/ rif;jrwf rsKd;aphonf tenf;i,f jzpfaomfvnf;
v,faumif;ü pdkufysKd;tyfaomf? rdk;onfvnf;aumif;pGm
a&t,Ofudk &GmoGef;vwf aomf tvGefrsm;ukefaom
toD;wdkYudk tpOfwpdkufay;ouJhodkY? rif;jrwf
ptwlomvQif tMuif tjcif;t&mjzifh usifhonf&Sdaomf
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t&[wâzdkvfwnf;[laom toD;udk tpOfwpdkuf ay;V ur®|
mef;pD;jzef;aom a,m*Dyk*³/₄dKvfonf xdkjtjcf;t&mjzifh
aumif;pGm usifh&mV rif;jrwf rsKd;aph\
a&S;OD;pGmaom pt*Fgudk ,ltyfV

rif;jrwf aemufwpfrsKd;um; rsKd;aphonf aumif;pGm
xuf0ef;usif okwfoifNyD;aom v,fü
pdkufysKd;tyfonf&Sdaomf vsifjrefpGmomvQif
aygufa&mufpnfyifouJhodkY? rif;jrwf ptwlomvQif ur®|
mef;pD;jzef;aom a,m*Dyk*³/₄dKvfonf aumif;pGm
odrf;qnf;tyfaom qdwfNidrf&mt&yfü aumif;pGm
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ypfcspdkufysKd;tyfaom pdwfonf vsifjrefpGmomvQif
aygufa&mufpnfyifV rif;jrwf rsKd;aph\
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v,fü pdkufysKd;csxm;tyfaom rsKd;aphonf
jyefYyGm;aom toD;udk jzpfapvsuf v,form;udk
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[laom v,fü vsifjrefpGmomvQif aygufa&mufpnfyif\}}[k
bpum;udkvnf; a[mawmfrltyfV /

oHk;ckajrmuf ADZ*FyOšm NyD;V

4-omvuvsmPdu*FyOšm (omvuvsmPDyif\ t*Fg jyóem)

4/ toQifbk&m;em*aoe]]omvuvsmPDrnfaom opfyif\
t*Fgwpfyg;udk ,ltyf\}}[lí qdkawmfrlV
tb,ft*Fgwpfyg;udk ,ltyfygoenf;[k (ar;avQmuf\)/ rif;jrwf
omvuvsmPD rnfaom opfyifonf ajrBuD;\ twGif;üomvQif
tawmifwpf&mvnf;aumif;? xdkTawmifwpf&m xuf
tvGefvnf;aumif; pnfyifwdk;yGg;ouJhodkY? rif;jrwf
ptwlomvQif ur®|mef;pD;jzef;aom a,m*Dyk*³/₄dKvf onf
zdkvfav;yg;ç y#dorÇd'gav;yg;ç tbdnmOfajcmufyg;ç
&[ef;w&m;tvHk;pHkudk qdwfNidrf&m t&yfüomvQif
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(bk&m;yGifhawmfrlaom) tcsdeftcg a&mufcJhaomf
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BuD;yGg;ouJhodkY? ptwlomvQif BuD;aom
vkHYv&Sdawmfrlaom jrwfpGmbk&m; tuREkfyfonf
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qdwfNidrf&m0,f w&m;tm;jzifh wdk;yGg;&ygNyD}}[k
bpum;udkvnf; a[mawmfrltyfV /

av;ckajrmuf omvuvsmPdu*FyOšm NyD;V

5-em0*FyOšm (avS\ t*Fgjyóem)

5/ toQifbk&m;em*aoe]]avS\
t*FgoHk;yg;wdkYudk ,ltyfukef\}}[lí qdkawmfrlV

tb,ft*FgoHk;yg;wdkYudk ,ltyfygukefoenf;[k
(ar;avQmuf\)/ rif;jrwf avSonf trsKd;rsKd;aom opfwdkY
pyf[yfaygif;zGJUojzifh rsm;pGmaom vlwdkYudkvnf;
u,fwifouJhodkY? rif;jrwf ptwl omvQif ur®|
mef;pD;jzef;aom a,m*Dyk*³/₄dKvfonf tusifoDv*kPfç
0wfBuD;ç 0wfi,f[laom trsKd;rsKd;aom w&m;wdkY
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wpfzufodkY) u,fwif&m\ rif;jrwf avS\ a&S;OD;pGmaom
pt*Fgudk ,ltyf\

rif;jrwf aemufwpfrsKd;um; avSonf trsKd;rsKd;aom
vldif;vHk;\ ¹/₂kdufcwfaomt[kef? us,fjyefYaom
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rif;jrwf avS\ ESpfckajrmufaom pt*Fgudk ,ltyf\

rif;jrwf aemufwpfrsKd;um; avSonf
rEldif;&SnfhEdkif? tqHk;rxif urf;rjrifrlí twdkif;rod
euf¹/₂ldif;aom? jyif;xefaom toH&Sdvsuf wdrdig;ç
wdrd*Fvig;ç ru&f;ig;taygif;wdkYjzifh a&m>yrf;aom
r[mork'´&mBuD;ü oGm;vmEdkif\? rif;jrwf ptwlomvQif
ur®|mef;pD;jzef;aom a,m*D yk*³/₄dKvfonf
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MuHpnfMuukefavmh}}[k bpum;udkvnf;
a[mawmfrltyfV /

ig;ckajrmuf em0*FyOşm NyD;V

6-em0gv*³/₄eu*FyOşm (ausmufql;\ t*Fgjyóem)

6/ toQifbk&m;em*aoe]]ausmufql;\
t*FgESpfyg;wdkYudk ,ltyfukef\}}[lí qdkawmfrlV
tb,ft*FgESpfyg;wdkYudk ,ltyfygukefoenf;[k
(ar;avQmuf\)/ rif;jrwf ausmufql;onf rsm;jym;aom
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a&tjyif&Sdaom r[mork'´&mBuD;ü avSudk Nidrfap\
&yfwnfapvsuf wl¹/₂lt&yfç zDvmt&yfodkY aqmifjcif;iSg
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mef;pD;jzef;aom
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a&S;OD;pGmaom pt*Fgudk ,ltyfV

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a&ay:odkY ray: epfjrKyf\? tawmifwpf&m &Sdaom
a&üvnf; avSudk Nidap\? &yfwnfap\? rif;jrwf
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ypönf;av;yg;üomvQif pdwfudk xm;tyf\ rif;jrwf
ausmufql;\ ESpfck ajrmufaom pt*Fgudk ,ltyf\ rif;jrwf
w&m;ppfolBuD;jzpfawmfrlaom toQifom&dykwå&m
rax&fonf-]]ork'´&mü ausmufql;onf a&ay:odkY ray:
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vmbfylaZmfouúm&ü ray:vGifukefvifh?
epfjrKyfMuukef avmh}}[k ppum;udkvnf;
a[mawmfrltyf\ /

ajcmufckajrmuf em0gv^{3/4}eu*FyOşm NyD;V

7-uly*FyOşm (vif;,Ofwdkif\ t*Fgjyóem)

7/ toQifbk&m;em*aoe]]vif;,Ofwdkif\
t*Fgwpfyg;udk ,ltyf\}}[lí qdkawmfrl\ tb,f
t*Fgwpfyg;udk ,ltyfygoenf;[k (ar;avQmuf\)/ rif;jrwf
vif;,Ofwdkifonf BuKd;udkvnf;aumif;?
om;a&vGefudkvnf;aumif;? &Gufudkvnf;aumif;
aqmifouJhodkY? rif;jrwf p twlomvQif ur®|mef;
pD;jzef;aom a,m*Dyk^{3/4}dKvf onf owdorÜZO fESifh
jynfhpHkonf jzpf&m\ a&SUodkYwuf&mç aemufodkY
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vsuf&mç usifBuD;usifi,fpGefY&mç oGm;&mç &yf&mç
xdkif&mç tdyf&mç Edk;&mç pum;ajym&mç
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jzpf&m\ rif;jrwf vif;,Ofwdkif\ wpfyg;aom
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jzpfí ynmjzifh qifjcfvsuf ae&m\? ponfum;
igbk&m;wdkY\ tqHk;trwnf;}}[k ppum;udkvnf;
a[mawmfrltyf\ /

ckepfckajrmuf uly*FyOšm NyD;V

8-ed,mru*FyOšm (avSolBuD;\ t*Fgjyóem)

8/ toQifbk&m;em*aoe]]avSolBuD;\
t*FgoHk;yg;wdkYudk ,ltyfukef\}}[lí qdkawmfrl\
tb,ft*FgoHk;yg;wdkYudk ,ltyfygukefoenf;[k
(ar;avQmuf\)/ rif;jrwf avSolBuD;onf aeYa&m nOfhyg
rjywfrvwf rarhravsmhonf jzpfí? vkHYvBudK;ukwf
tm;xkwfvsuf avSudk oGm;apouJhodkY? rif;jrwf
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pdwfudk tjrl rSwftyf ojzifh aeYa&mnOfhyg rjywf rvyfç
rarhravsmhç vkHYvBudK;ukwf tm;xkwfvsuf?
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a[mawmfrltyf\

rif;jrwf aemufwpfrsKd;um; avSolBuD;onf
r[mork'´&mü aumif;ç raumif; tvHk;pHkudk
odouJhodkY? rif;jrwf ptwlomvQif ur®|
mef;pD;jzef;aom a,m*Dyk*³/₄dKvfonf ukodkvfç
tukodkvf udkvnf;aumif;? tjypf&Sdç

r&Sdudkvnf;aumif;? t,kwfc tjrwfudkvnf;aumif;?
rnf;npfaom tzdkYç jzLpifaom tzdkYudkvnf;aumif;
od&m\ rif;jrwf avSolBuD;\ ESpfckajrmufaom
pt*Fgudk ,ltyf\

rif;jrwf aemufwpfrsKd;um;
avSolBuD;onf]]wpfpHkwpfa,mufaomolrQ pufudk
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0dwufwdkYaywnf;}}[k bpum;udkvnf;
a[mawmfrltyf\ /

&Spfckajrmuf ed,mru*FyOşm NyD;

**9-ur®um&*FyOşm (avSxdk;om;\
t*Fgjyóem)**

9/ toQifbk&m;em*aoe]]avSxdk;om;\
t*Fgwpfyg;udk ,ltyf\}}[lí qdkawmfrl\ tb,f
t*Fgwpfyg;udk ,ltyfygoenf;[k (ar;avQmuf\)/ rif;jrwf
avSxdk;om;onf]]igonf tcpm;jzpfí pavSü tvkyfvkyf&\?
igonf pavSjzifh &Gufaqmifaom tpGrf;aMumifh xrif;
tcudk &\? igonf arhavsmhjcif;udk rjyKtyf? igonf
rarhavsmhojzifh pavSudk aqmif&Guf tyf\}}[k podkY
MuHpnfoujhodkY? rif;jrwf ptwlomvQif ur®|
mef;pD;jzef;aom a,m*D yk*³/₄dKvfonf]]igonf

r[mbkwfav;yg;vQif jzpfaMumif;&Sdaom pudk,fudk
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 a[mawmfrltyfV /

udk;ckajrmuf ur®um&*FyOşm NyD;V

10-ork'´*FyOşm (ork'´&m\ t*Fgjyóem)

10/ toQifbk&m;em*aoe]]ork'´&m\
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 pt*Fgudk ,ltyfV

rif;jrwf aemufwpfrsKd;um; r[mork'´&monf ykv]ç
ywåjrm;ç aMumifrsuf&G]ç c¹/₂koif;ç ausmufovif;ç
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aus;Zl;&wemwdkYudk &onf&Sdaomf
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a&t,OfwdkYjzifhvnf;aumif; jynfhaomfvnf; rdrdurf;udk
rvGefouJhodkY? rif;jrwf ptwlomvQif ur®|
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bpum;udkvnf; a[mawmfrltyfV

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ynm&SdwdkYonf aumif;pGm qdkaom w&m;pum;jzifh

(tcgcg) Mum;em&ukefaomfvnf; ra&mifh&J?
rwif;wdrfukef}}[k bpum;udkvnf; a[mawmfrltyfV /

q,fckajrmuf ork'´*FyOšm NyD;V

ESpfckajrmuf ork'´0*f NyD;V

3-yx0D0*f

1-yx0Dt*FyOšm (ajrBuD;\ t*Fgjyóem)

1/ toQifbk&m;em*aoe]]ajrBuD;\
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tb,ft*Fgig;yg;wdkYudk ,ltyfygukefoenf;[k
(ar;avQmuf\)/ rif;jrwf ajrBuD;onf aumif;ç
raumif;jzpfukefaom y½kwfç tausmfç awmifZvyfç pE
´ul;ç rmvmusdusKponfwdkYudk avmif;cs
aomfvnf;aumif;? onf;ajcç ovdyfç jynfç aoG;ç acR;ç
tqDç wHawG;ç ESyfç tap;ç usifi,fç
usifBuD;ponfwdkYudk avmif;csaomfvnf;aumif;
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rdef;rtaygif;udk xrf;aqmifae&aomfvnf; NidKjiif
yifyef;rl r&SdouJhodkY? rif;jrwf ptwlomvQif ur®|
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rkef;jcif;rS uif;vGwfaom ajrBuD;ESifh wlaom pdwfjzifh
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xdkodkYoabm&Sdygukef\}}[k ppum;udkvnf;
qdktyf\ /

a&S;OD;pGmaom yx0Dt*FyO\$M NyD;V

2-tmy*FyO\$M (a&\ t*Fgjyóem)

2/ toQifbk&m;em*aoe]]a&\
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3-awZ*FyOşm (rD;\ t*Fgjyóem)

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jzpfukefaom? tyüvnf; jzpfukefaom? £|m¹/₂Hkç ted|
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bpum;ukdvnf; a[mawmfrltyfV /

oHk;ckajrmuf awZ*FyO\$ m NyD;V

4-0g,k*FyO\$ m (av\ t*Fg jyóem)

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bpum;ukdvnf; a[mawmfrltyfV /

av;ckajrmuf 0g,k*FyOşm NyD;V

5-yAÁw*FyOşm (awmif\ t*Fg jyóem)

5/ toQifbk&m;em*aoe]]awmif\
 t*Fgig;yg;wdkYukd ,ltyfukef\}}[lí qkdawmfrlV
 tb,ft*Fgig;yg;wdkYukd ,ltyfygukefoenf;[k
 (ar;avQmuf\)/ rif;jrwf awmifonf ra&GU&Sm;ç
 rwkefvlyfç r,drf;,kdifouJhodkY? rif;jrwf ptwlomvQif
 ur®|mef;pD;jzef;aom
 a,m*Dyk*³/₄KdvfonfhjrwfEkd;jcif;ç
 rjrwfEkd;jcif;üvnf;aumif;? t¹/₂kdtaojyKjcif;ç
 t¹/₂kdtaorjyKjcif;üvnf;aumif;? tav;jyKjcif;ç tav;
 rjyKjcif;üvnf;aumif;? tjcHt&H&Sdjcif;ç
 tjcHt&Hr&Sdjcif;üvnf;aumif;? uJh&JUjcif;ç
 csD;rGrf;jcif;üvnf;aumif;? csrf;omjcif;ç
 qif;&Jjcif;üvnf;aumif;? tvkd&Sdtyfaom tm¹/₂Hkç
 tvkdr&Sdtyfaom tm¹/₂HkwkdkYüvnf;aumif;? tqif;ç toHç
 teHYç t&omç tawGUoabm jzpfukefaom wyfrufzG,f
 tm¹/₂Hktm;vHk;wdkYü rwyfruf&m? jypfrSm;zG,f
 tm¹/₂HkwkdkYüvnf; rjypfrSm;&m? awGa0zG,f
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 ra&GU&Sm;&m? awmifonf ra&GU&Sm;ouJhodkY
 ra&GU&Sm;onf jzpf&mV rif;jrwf awmif\
 a&S;OD;pGmaom pt*Fgukd ,ltyfV rif;jrwf
 ewfxufewfjzpfawmfrlaom
 jrwfpGmbk&m;onf-]]wpfcJeufjzpfao
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 a,m*Dyk*³/₄Kdvfonf wif;rmonf jzpfí ra&maESm
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 a&maESmwGJpyfjcif;ukd rjyK&m/ rif;jrwf awmif\
 ESpfckajrmufaom pt*Fgukd ,ltyfV rif;jrwf

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a[mawmfrltyfV

rif;jrwp aemufwpfrsKd;um; awmifü rsKd;aphonf
raygufEkdifouJhodkY? rif;jrwp ptwlom vQif ur®|
mef;pD;jzef;aom a,m*Dyk³/₄Kdvfonf rdrd\ pdwfü
udavomwdkYukd raygufa&mufap&m/ rif;jrwp awmif\
oHk;ckajrmufaom pt*Fgukd ,ltyfV rif;jrwp
toQifokblwdrax&fonf-]]tMuifcgu&m*ESifh
pyf,SOfaom pdwfonf ightm; jzpfay:\? xkdtcg
ukd,fwkdiyif qifjcif\? xkd&m*pdwfukd igonf
wnfMunfonf jzpfí qHk;rV (tb,fodkY qHk;roenf;[lrl)
tcsif;okblwd oifonf wyfrufzG,f tm¹/₂Hküvnf; wyfrufbd\
jypfrSm;zG,f tm¹/₂Hküvnf; jypfrSm;bd\? awGa0zG,f
tm¹/₂Hküvnf; awGa0bd\? (prQ¹/₂kdif;pkdif;aom)
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xGufoGm;ygavavmh/ pawmt&yfonf pifMu,fukefaom?
tnpftaMu;uif;ukefaom tusifh
&Sdukefaomolawmfaumif;wdkY\ aexkdif&mwnf;?
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bpum;ukdvnf; a[mawmfrltyfV

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mef;pD;jzef;aom a,m*Dyk³/₄Kdvfonf ÓPfjzifh
jrifhwufonf jzpf&mV rif;jrwp awmif\ av;ckajrmufaom
pt*Fgukd ,ltyfV rif;jrwp ewfxufewfjzpfawmfrlaom
jrwpGmbk&m;onf-]]ynm&Sdaomolonf tMuifcgu
arhavsmhjcif;ukd rarhavsmhjcif;jzifh Ekwfy,f\?

xkdtcgü ynm&Sdonf ynmwnf;[laom jymom'fxufodkY
wufí awmifxufü wnfaeaomolonf ajrÜ
wnfaeaomolwdkYukd (ikHYí) MunfhEkdifouJhodkY?
xdkYtwl pkd;&drfjCIF;r&Sdrlí pkd;&drfhylaG;aeaom
owå0g taygif;ukdvnf;aumif;?
vlrkdufwdkYukdvnf;aumif; ikHYí MunfhEkdif\}}[k
bpum;ukdvnf; a[mawmfrltyfV

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rjrfharmufç redrfh&SKdif;ouJhodkY? rif;jrwf
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avmu"Hw&m;wdkYaMumifh wuf<urlç
pdwfedrfhusrlukd rjyKvkyf&m/ rif;jrwf awmif\
ig;ckajrmufaom pt*Fgukd ,ltyfV rif;jrwf
plVokb'´grnfaom Oygodumronf
rdrdukD;uG,fqnF;uyfaeaom &[ef;wdkYukd csD;usL;vkd
onf jzpfí -]]vltaygif; onf vmbf &j CIF; aMumifh wuf
<u\? vmbf r&j CIF; aMumifh pdwf edrfh us \?
&[ef;wdkYonf vmbf&jCIF;ç vmbfr&jCIF;aMumifh (tjrfhç
tedrfhr&Sd) wlaom oabm&Sdukef\? ig\ &[ef;wdkYonf
xkdodkYoabm &Sdukef\}}[k bpum;ukdvnf;
ajymqkdtyfV /

ig;ckajrmuf yAÁw*FyOŞm NyD;V

6-tmumo*FyOŞm (aumif;uif\ t*Fg jyóem)

6/ toQifbk&m;em*aoe]]aumif;uif\
t*Fgig;yg;wdkYukd ,ltyfukef\}}[lí qkdawmfrlV
tb,ft*Fgig;yg;wdkYukd ,ltyfygukefoenf;[k
(ar;avQmuf\)/ rif;jrwf aumif;uifonf cyfodrf;aom
tjym;tm;jzifh rukdifwG,fç rqkyfzrf;EkdifouJhodkY?
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pD;jzef;aom a,m*Dyk*³/₄Kdvfonf tedpöç 'ku©ç
tewå[laom ocFg&w&m;wdkYü pdwfukd vSnfhvnf
oGm;vmap&mV rif;jrwf aumif;uif\ ESpfckajrmufaom
pt*Fgukd ,ltyfV

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oDv&Sdol? rEldif;&Snfhityfaom ÓPf&Sdol jzpf&mV
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tajr§;t,Sufr&Sd? rif;jrwf ptwlomvQif ur®|
mef;pD;jzef;aom a,m*Dyk*³/₄Kdvfonf trsKd;
('g,um)üvnf;aumif;? *kdPf;*Püvnf;aumif;?
vmbfvmbüvnf;aumif;? ausmif;tdyf&m
ae&müvnf;aumif;? ypönf;yvdaAm"üvnf;aumif;?
tvHk;pHkaom udavomwdkYüvnf;aumif;
tm;vHk;wdkYü tNidtuyfr&Sdonf jzpf&m\?
twG,ftwmr&Sdonfç wnf&mr&Sdonfç tajr§;t,Suf
r&Sdonf jzpf&mV rif;jrwf aumif;uif\ ig;ckajrmufaom

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rESpfoufzG,fjzpfaoam zówdkYonf oif\ pdwfukd
odrf;usKH;í rwnfEkdifukefvwåHU}}[k bpum;ukdvnf;
a[mawmfrltyf\ /

ajcmufckajrmuf tmumo*FyOşm NyD;

7-pE´*FyOşm (v\ t*Fg jyóem)

7/ toQifbk&m;em*aoe]]\
t*Fgig;yg;wdkYukd ,ltyfukef\}}[lí qkdawmfrl\ tb,f
t*Fgig;yg;wdkYukd ,ltyfygukefoenf;[k (ar;avQmuf\)/
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wdk;wufwkd;wufí yGg;ouJhodkY? rif;jrwf ptwlomvQif
ur®|mef;pD;jzef;aom a,m*D yk^{*3/4}Kdvfonf tusifhoDvc
*kPfaus;Zl;ç 0wfBuD;0wfi,füvnf;aumif;? ygVdoifjcif;ç
w&m;xl; &jcif;üvnf;aumif;? wpfyg;wnf;
udef;atmif;jcif;üvnf;aumif;? owdy|mefüvnf;aumif;?
£a`E´wdkYü vHkjckHaom wHcg;&Sdrlüvnf;aumif;?
pm;zG,fü twkdif;t&Snfukd odrlüvnf;aumif;?
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pt*Fgudk ,ltyf\

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bpum;udkvnf; a[mawmfrltyf\ /

ckepfckajrmuf pE´*FyOşm NyD;V

8-ol&d,*FyOşm (ae\ t*Fg jyóem)

8/ toQifbk&m;em*aoe]]ae\
t*Fgckepfyg;wdkYudk ,ltyfukef\}}[lí qdkawmfrl\ tb,f
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(ar;avQmuf\)/ rif;jrwf aeonf tvkH;pkHaom a&udk
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tusifhoDvç *kPfaus;Zl;ç OwfBuD;
Owfi,ftusifhwdkYjzifhvnf;aumif;? psmefç Odarmu©ç
orm"dç ormywfç £a`E´ç Adkvfç aAmZösifç owdy|
mefç or®yÜ"mefç £'"dyg'fwdkYjzifhvnf;aumif;
ewfESifhwuGaom vltaygif;udk aumif;pGm
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omvQif ur®|mef;pD;jzef;aom a,m*Dyk*³/₄Kdvfonf
£a`E´ç Adkvfç aAmZösifç owdy|mefç or®yÜ"mefç
£'´dyg'fjzpfaom avmuDç avmukwå&mw&m;wdkYudk
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rif;jrwf toQif0*Ðorax&fonf-]]aeonf xGufay:vwfaomf
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aumif;onfrlvnf; jzpfaom? raumif;onfrlvnf; jzpfaom
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xGufay:vwfí tqif;udk xifjrifapouJhodkY txl; xl;aom
w&m;vrf;aMumif;udk xifjrifap\}}[k bpum;udkvnf; a[m
awmfrltyfV /

&Spfckajrmuf ol&d,*FyOšm NyD;V

9-ouú*FyOšm (odMum;rif;\ t*Fg jyóem)

9/ toQifbk&m;em*aoe]]odMum;rif;\
t*FgokH;yg;wdkYudk ,ltyfukef\}}[lí qdkawmfrlV

tb,ft*FgokH;yg;wdkYudk ,ltyfygukefoenf;[k
(ar;avQmuf\)/ rif;jrwf odMum;rif;onf {uef
pifppftm;jzifh csrf;omESifh jynfhpkHouJhodkY? rif;jrwf
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a&S;OD;pGmaom pt*Fgudk ,ltyf\

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jcif;udk jzpfap\? rif;jrwf ptwlomvQif ur®|
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mef;pD;jzef;aom a,m*Dyk*³/₄dKvfonf qdwfNidrf&mü
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vkHYv&Sdawmfrlaom jrwpGmbk&m; toQifbk&m;\
omoemawmfü tMuifcgrSpí tuREkfyf &[ef;jyK\?
xdktcgrS pí umr0dwufESifhpyfvsuf pdwfjzpfzl;onfudk
tuREkfyf rodpzl;yg}}[k bpum;udkvnf;
a[mawmfrltyf\ /

udk;ckajrmuf ouú*FyO\$ m NyD;V

**10-puú0wåd*FyO\$ m (pMu0aw;rif;\ t*Fg
jyóem)**

10/ toQifbk&m;em*aoe]]pMu0aw;rif;\
t*Fgav;yg;wdkYudk ,ltyfukef\}}[lí qdkawmfrlV
tb,ft*Fgav;yg;wdkYudk ,ltyfygukefoenf;[k
(ar;avQmuf\)/ rif;jrwf pMu0aw;rif;onf av;yg;aom
o*F[0w—KwdkYjzifh vltaygif;udk
csD;ajr\$mufouJhodkY? rif;jrwf ptwlomvQif ur®|
mef;pD;jzef;aom a,m*Dyk*³/₄Kdvfonf
y&dowfav;yg;wdkY\ pdwfudk csD;ajr\$muf&m\
axmufyHh&m\? &Tifap&m\? rif;jrwf pMu0aw;rif;\
a&S;OD;pGmaom pt*Fgudk ,ltyfV

rif;jrwf aemufwpfrsKd;um; pMu0aw;rif;\
wdkif;EdkifiHü cdk;olwdkYonf rx<uukefouJhodkY?
rif;jrwf ptwlomvQif ur®|mef;pD;jzef;aom
a,m*Dyk*³/₄Kdvfonf umr0dwufç Asmyg'0dwufç
0d[ðom 0dwufwdkYudk rjzpfap&m/ rif;jrwf
pMu0aw;rif;\ ESpfckajrmufaom pt*Fgudk ,ltyfV rif;jrwf
ewfxufewfjzpfawmfrlaom
jrwfpGmbk&m;onf-]]tMuifolonf umr0dwufponfrS
at;Nidrf;rlü arGUavsmfonf jzpfíom tcgcyfodrf;
owdxm;vsuf tokbtm¹/₂kHudk yGg;rsm;\? polonfum;
udavom ysufpD;atmif jyKEdkifayvwåHU? polonf
rm&frif;\ taESmiftzJGU udk jzwfEdkifayvwåHU}}[k
bpum;udkvnf; a[mawmfrltyfV

rif;jrwf aemufwpfrsKd;um; pMu0aw;rif;onf
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aumif;ç raumif;wdkYudk pl;prf;vsuf
vSnfhvnfouJhodkY? rif;jrwf ptwlomvQifhur®|
mef;pD;jzef;aom a,m*Dyk*³/₄Kdvfonf ightm;
pokH;yg;aom taMumif;wdkYjzifh rpGyfpGJtyfonf jzpfí
aeYonfukefvGefygav\avm[k um,uHç 0pDuHç
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pMu0aw;rif;\ okH;ckajrmufaom pt*Fgukd ,ltyfV rif;jrwf
ewfxuf ewf jzpfawmfrlaom jrwfpGmbk&m;onf
t*kFwå&edum,fjrwfÜ-]]ightm; tb,fodkYtm;jzifh jzpfí

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rjywfqifjciftyf\}}[k bpum;udkvnf; a[mawmfrltyfV

rif;jrwf aemufwpfrsKd;um; pMu0aw;rif;onf twGif;ç
ty tapmifhta&Smufudk aumif;pGm pD&iftyfouJhodkY?
rif;jrwf ptwlomvQif ur®|mef;pD;jzef;aom
a,m*Dyk*³/₄Kdvfonf twGif;ç ty udavomwdkYudk
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wHcg;apmifh&Sdaom t&d,om0uonf tukodkvfudk
y,fpGefY\? ukodkvfudk yGg;rsm;\? tjypf&Sdaom
w&m;udk y,fpGefY\? tjypfr&Sdaom w&m; udk
yGg;rsm;\? rdrdudk,fudk pifMu,fpGm aqmif\}}[k
bpum;udkvnf; a[mawmfrltyfV /

q,fckajrmuf puú0wdå*FyOşm NyD;V

okH;ckajrmuf yx0D0*f NyD;V

4-Oypdum0*f

1-Oypdu*FyOşm (jc\ t*Fg jyóem)

1/ toQifbk&m;em*aoe]]jc\ t*Fgwpfyg;udk ,ltyf\}}
[lí qdkawmfrlV tb,ft*Fg wpfyg;udk ,ltyfygoenf;[k
(ar;avQmuf\)/ rif;jrwf jconf txufü ajrtrdk;udk jyKvsuf
rdrdudk,fudk ydwfzkH;í tpm&Smjcif;iSg
vSnfhvnfouJhodkY? rif;jrwf ptwlomvQif ur®|mef;
pD;jzef;aom a,m*Dyk*³/₄Kdvfonf
oDvapmifhxdef;rl[laom trdk;udk jyKvsuf pdwfudk
ydwfzkH;í qGrf; tvdkYiSg vSnfhvnf&mV rif;jrwf ur®|
mef;pD;jzef;aom a,m*Dyk*³/₄Kdvfonf
oDvapmifhxdef;rl[laom trdk;jzifh tvkH;pkHaom

ab;udk vGefajrmufEdkif\ rif;jrwf jc\ wpfyg;aom
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toQifOyaoerax&fonf-]]tm;xkwfjcf; vkHYv&Sdaom
&[ef;onf oDvapmifhxdef;rl[laom trdk;udk
jyKvkyfvsuf? pdwfudk avmujzifh rvdrf;usHtyfonf jzpfí?
&m*ab;ponfrS vGwfajrmuf&\}}[k bpum;udkvnf;
a[mawmfrltyf\ /

a&S;OD;pGmaom Oypdu*FyOšm NyD;V

2-AdVm&*FyOšm (aMumif\ t*Fg jyóem)

2/ toQifbk&m;em*aoe]]aMumif\
t*FgESpfyg;wdkYudk ,ltyfukef\}}[lí qdkawmfrl\ tb,f
t*FgESpfyg;wdkYudk ,ltyfygukefoenf;[k (ar;avQmuf\)/
rif;jrwf aMumifonf vdkPf*lodkY oGm;aomfvnf;aumif;?
opfaccgif;odkY oGm;aomfvnf;aumif;? jymom'fOD;jynf;\
twGif;odkY oGm;aomfvnf;aumif; <uufudkomvQif
&SmazGouJhodkY? rif;jrwf ptwlomvQif ur®|
mef;pD;jzef;aom a,m*Dyk*³/₄dKvfonf &GmodkY
oGm;aomfvnf;aumif;? awmodkY
oGm;aomfvnf;aumif;? opfyif &if;odkY
oGm;aomfvnf;aumif;? qdwfNidrf&mt&yfodkY
oGm;aomfvnf;aumif; rjywfrvyf rarh ravsmhojzifh
um,*wmowdwnf;[laom abmZOofudkomvQif
&SmrSD;tyf\ rif;jrwf aMumif\ a&S;OD;pGmaom
pt*Fgudk ,ltyf\

rif;jrwf aemufwpfrsKd;um; aMumifonf teD;üomvQif
tpmudk &SmazGouJhodkY? rif;jrwf ptwlomvQif ur®|
mef;pD;jzef;aom a,m*Dyk*³/₄Kdvfonf
pOyg'geu©E`mig;yg;wdkYüomvQif jzpfjcf;ç
ysufjcf;udk tzefzef ¹/₂lqifjcfonf jzpfí ae&m\?
pw&m;um; ¹/₂kyfwnf;? pw&m;um; ¹/₂kyf\ jzpfrlç
jzpfamumif;wnf;? pw&m;um; ¹/₂kyf\

csKyfrlçcsKyfaMumif;wnf;? þw&m;um; a0'emwnf;?
 þw&m;um; a0'em\ jzpfrlç jzpfaMumif;wnf;?
 þw&m;um; a0'em\ csKyfrlç csKyfaMumif;wnf;?
 þw&m;um; onmwnf;? þw&m;um; onm\ jzpfrlç
 jzpfaMumif;wnf;? þw&m;um; onm\
 csKyfrlçcsKyfaMumif;wnf;? þw&m;um;
 ocFg&wdkYwnf;? þw&m;um; ocFg&wdkY\ jzpfrlç
 jzpfaMumif;wnf;? þw&m;um; ocFg&wdkY\ csKyfrlç
 csKyfaMumif;wnf;? þ w&m;um; OdnmPfwf;?
 þw&m;um; OdnmPf\ jzpfrlçjzpfaMumif;wnf;?
 þw&m;um; OdnmPf\ csKyfrlç csKyfaMumif;wnf;[k
 ½lqifjcifonf jzpfí ae&m\ rif;jrwf aMumif\
 ESpfckajrmufaom þt*Fgudk ,ltyf\ rif;jrwf
 ewfxufewfjzpfawmfrlaom
 jrwfpGmbk&m;onf-]]þudk,fcE``mrS ta0;ü rjzpfoifh?
 txufb0*fjA[®mhjynfonf tb,fjyK tHhenf;? ypöKyÜef[k
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 [k þpum;udkvnf; a[mawmfrltyf\ /

ESpfckajrmuf AdVm&*FyOşm NyD;V

3-OE´L&*FyOşm (<uuf\ t*Fg jyóem)

3/ toQifbk&m;em*aoe]]<uuf\
 t*Fgwpfyg;udk ,ltyf\}}[lí qdkawmfrl\ tb,ft*Fg
 wpfyg;udk ,ltyfygoenf;[k (ar;avQmuf\)/ rif;jrwf
 <uufonf xdkrS þrS oGm;vmonf&Sdaomf
 tpmtm[m&udkom tOD;rlonfjzpfí oGm;vmouJhodkY?
 rif;jrwf þtwlomvQif ur®|mef; pD;jzef;aom
 a,m*Dyk*¾Kdvfonf xdkrS þrS
 vSnfhvnfoGm;vmonf&Sdaomf oifhavsmfaomtm;jzifh
 ESvkH;oGif;rludkom tOD;rlonfjzpfí vSnfhvnfoGm;&m\
 rif;jrwf <uuf\ wpfyg;aom þt*Fgudk ,ltyf\ rif;jrwf
 0*FEÅykPÖm;\ om;jzpfaom

toQifOyaoerax&fonf-]]w&m;ü tOD;rlí aexkdifvsuf
rqkwfepfrlí tcgcyfodrf; owd&Sdvsuf 0dyóem½IMunfh
yGg;rsm;aomolonf&m*ponfrS Nidrf;vsuf
aexdkif&m\}}[k ppum;udkvnf; a[mawmfrltyfV /

okH;ckajrmuf OE´L&*FyOšm NyD;V

4-0dpädu*FyOšm (uif;NrD;aumuf\ t*Fg jyóem)

4/ toQifbk&m;em*aoe]]uif;NrD;aumuf\
t*Fgwpfyg;udk ,ltyf\}}[lí qdkawmfrlV tb,f
t*Fgwpfyg;udk ,ltyfygoenf;[k (ar;avQmuf\)/ rif;jrwf
uif;NrD;aumufonf tNrD;vQif vufeuf&Sdonf jzpfí
tNrD;udk axmifvsuf oGm;ouJhodkY? rif;jrwf
ptwlmvQif ur®|mef;pD;jzef;aom a,m*Dyk*¾Kdvsfonf
ÓPfvQif vufeuf&Sdonf jzpf&m\? ÓPfudk pdkufaxmifí
ae&mV rif;jrwf uif;NrD;aumuf\ wpfyg;aom
pt*Fgudk ,ltyfV rif;jrwf 0*FEÅykPÖm;\ om;jzpfaom
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yGg;rsm;aeaomolonf tvkH;pkHaom ab;rS
vGwfajrmuf&\? xdkolonf olwpfyg;wdkY
rn\$Of;qJEdkifaomolvnf; jzpf&ay\}}[k ppum;udkvnf;
a[mawmfrltyfV /

av;ckajrmuf 0dpädu*FyOšm NyD;V

5-eukv*FyOšm (a>ryg\ t*Fg jyóem)

5/ toQifbk&m;em*aoe]]a>ryg\
t*Fgwpfyg;udk ,ltyf\}}[lí qdkawmfrlV tb,ft*Fg
wpfyg;udk ,ltyfygoenf;[k (ar;avQmuf\)/ rif;jrwf

a>rygonf a>rodK Y uyfonf&Sdaomf (udk,fum) aq;jzifh
udk,fudk xkHí a>rudk zrf;,ljcif;iSg csOf;uyfouJhodkY?
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qefYusifjCIF;wdkYjzifh ESdyfpufaom vltaygif;odkY
csOf;uyfonf&Sdaomf arwåmaq;jzifh pdwfudk
tpOfryjwf vdrf;usH&mV rif;jrwf a>ryg\ wpfyg;aom
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toQifom&dykwå&mraX&fonf-]]xdkodkY
(cdkuf&efjzpfjCIF;ç jiif;ckHjCIF;ponf)
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olwpfyg;wdkYtm;vnf;aumif; arwåmyGg;xkHjCIF;udk
jyKtyfjyK oifh\? arwåmpdwfjzifh jzefYtyf\? ponfum;
jrwpGmbk&m;wdkY\ tqkH;tr awmfwnf;}}[k
bpum;udkvnf; a[mawmfrltyfV /

ig;ckajrmuf eukv*FyOşm NyD;V

6-Z&od*Fgv*FyOşm (ajracG;tdk\ t*Fg jyóem)

6/ toQifbk&m;em*aoe]]ajracG;tdk\
t*FgESpfyg;wdkYudk ,ltyfukef\}}[lí qdkawmfrl\? tb,f
t*FgESpfyg;wdkYudk ,ltyfygukefoenf;[k (ar;avQmuf\)/
rif;jrwf ajracG;tdkonf tpmudk &onf&Sdaomf rpufqkyf
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ptwlomvQif ur®|mef; pD;jzef;aom
a,m*Dyk*³/₄dKvfonf abmZOOfudk &onf&Sdaomf
rpufqkyf r&GH&SmbJ cE``mudk,f rQw avmuf¹/₂kHom
okH;aqmif&mV rif;jrwf ajracG;tdk\ a&S;OD;pGmaom
pt*Fgudk ,ltyfV rif;jrwf toQifr[muóyrax&fonf-]]igonf
ausmif;rS qif;oufí &GmodkY qGrf;tvdkYiSg 0ifcJhNyD?
xrif;pm; aeaomç Elem&Sdaom a,mufsm;odkY

tav;tjrwfjyKum teD;uyfí &yfNyD/ xkdElem&Sdaom
a,mufsm;onf jynfykyfç aoG;ajcmufwdkYjzifh
rSnfhaom vufjzifh xrif;vkyfudk ightm;
qufuyfvSL'gef;NyD? xrif;vkyfudk xnfhavmif; aepOf
Elem&Sdaom a,mufsm;\ vufacsmif;onfvnf; poydwfxJü
jywfusavNyD/ igonf eH&Hajcudk rSDí qGrf;vkyfudk
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0*FEÅykPÖm;\ om;jzpfaom
toQifOyaoerax&fonf-]]Murf;wrf;aom abmZOfjzifhvnf;
a&mifh&Jwif;wdrf&m\? &&SdonfrS wpfyg;
rsm;pGmaom t&omudk rawmifhw&m? t&omwdkYü
wyfrufol\ pdwfonf psmefü rarGUavsmfEdkif? qdk;
aumif;ç ,kwfjrwf &wwforQaom tpmjzifh wif;wdrf
a&mifh&JEdkifolonf r*fzdkvfudk jynfhapEdkif\}}[k
bpum;udkvnf; a[mawmfrltyfV /

ajcmufckajrmuf Z&od*Fgv*FyOşm NyD;/

7-rdFyOşm (orif\ t*Fg jyóem)**

7/ toQifbk&m;em*aoe]]orif\ t*FgokH;yg;wkdYudk
,ltyfukef\}}[lí qdkawmfrlV tb,f
t*FgokH;yg;wkdYudk ,ltyfygukefoenf;[k (ar;avQmuf\)/

rif;jrwf orifonf aeYtcg awmü vSnfhvnf\? nOfhtcg
vGifwD;acgifü vSnfhvnf\? rif;jrwf ptwlomvQif ur®|
mef; pD;jzef;aom a,m*Dyk*³/₄dKvfonf aeYtcg awmü
ae&m\? nOfhtcg vGifwD;acgifü ae&m\ rif;jrwf orif\
a&S;OD;pGmaom pt*Fgudk ,ltyf\

rif;jrwf ewfxufewfjzpfawmfrlaom
jrwfpGmbk&m;onf MuufuD;xzG,fudk jy&m avmr
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xdkigbk&m;onfum; (wydkYwJG + waygif; ESpfv\
tMum; &Spf&ufjzpfao qD;ESif;usaom tcgü
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nOfhtcg igbk&m; onf vGifwD;acgifü ae\? aeYtcg
awmtkyfö ae\? aEGvwdkY\ aemufqkH;wpfvü aeYtcg
vGifwD;acgifü ae\? nOfhtcg awmtkyfö ae\}}[k
bpum;udkvnf; a[mawmfrltyf\

rif;jrwf aemufwpfrsKd;um; orifonf vSHjzpfap?
jrm;jzpfap a&S;¹/₂lusa&mufvmonf&Sdaomf
vSnfhwyf\? ajy;vTm;\? udk,fudk vufeufteD;odkY
raqmif? rif;jrwf ptwlomvQif ur®|mef;pD;jzef;aom
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ajy;vTm;&m\? pdwfudk udavomteD;odkY raqmiftyf/
rif;jrwf orif\ ESpfckajrmufaom pt*Fgudk ,ltyf\

rif;jrwf aemufwpfrsKd;um; orifonf vlwdkYudk
jrifonf&Sdaomf]]xdkvlwdkYonf ighudk
rjrifapukefownf;}}[k xdkxdkpb twnf&Sdaom
t&yfodkY ajy;oujhodkY? rif;jrwf ptwl omvQif ur®|
mef;pD;jzef;aom a,m*Dyk*³/₄Kdvfonf
cdkuf&efjzpfjcf;ç rnDñGwfjcf;ç jiif;ckHjcf;
tavh&Sdukefaom oDv r&Sdç
ysif;&dolwdkYudkvnf;aumif;? taygif;tazmfö
arGUavsmfolwdkYudkvnf;aumif;
jrifonf&Sdaomf]]xdkolwdkYonf ighudk

rjrifapukefownf;? igonfvnf; xdkolwdkYudk rawGU
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orkwf odrSwftyfonf rjzpfzl;acs}}[k bpum;udkvnf;
a[mawmfrltyfV /

ckepfckajrmuf rdFyOşm NyD;V**

8-a*g^{1/2}ly*FyOşm (EGm;taygif;\ t*Fgjyóem)

8/ toQifbk&m;em*aoe]]EGm;taygif;\
t*Fgav;yg;wdkYudk ,ltyfukef\}}[lí qdkawmfrlV
tb,ft*Fgav;yg;wdkYudk ,ltyfygukefoenf;[k
(ar;avQmuf\)/ rif;jrwf EGm;taygif;onf rdrd\ae&m
jCHtdrfudk rpGefYouJhodkY? rif;jrwf ptwlomvQif ur®|
mef;pD;jzef;aom a,m*D
yk*^{3/4}Kdvfonf]]pudk,faumifonf rjrJjcif;ç t0wfwdkYjzifh
zkH;vTrf;&jcif;ç ESdyfe,f&jcif;ç uJGysufjcif;ç
z^{1/2}dkz&JjyefYMuJjcif;ç ysufpD;jcif; oabm&Sd\}}[k
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a&S;OD;pGmaom pt*Fgudk ,ltyfV

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qif;&Jjcif;jzifh 0efudk &GufaqmifouJhodkY? rif;jrwf
ptwlomvQif ur®|mef; pD;jzef;aom
a,m*Dyk*^{3/4}Kdvfonf aqmufwnftyfjrwfaom
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q&mht&mü xm;ygtHh}}[k bpum;udkvnf;
a[mawmfrltyf\ /

**&Spfckajrmuf a*g¹/₂ly*FyO\$ m NyD; **

9-0&m[*FyO\$ m (0uf\ t*Fg jyóem)

9/ toQifbk&m;em*aoe]]0uf\
t*FgESpfyg;wdkYudk ,ltyfukef\}}[lí qdkawmfrlV
tb,ft*FgESpfyg;wdkYudk ,ltyfygukefoenf;[k
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tdyfouJhodkY? rif;jrwf ptwlomvQif ur®|
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oabmudk jrifí pl;prf; qifjcfum wpfOD;wnf; jzpfí
tazmfryg owdy|mefpaom tm¹/₂kHtwGif;ü tdyfae\}}[k
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udk;ckajrmuf 0&m[*FyOšm NyD;V

10-[wåd*FyOšm (qif\ t*Fgjyóem)

10/ toQifbk&m;em*aoe]]qif\
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y'kr®mMumtdkifodkY oufqif;um qifwdkY\

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tvkH;pkHwdkYü apmifhpnf;jcif;onf aumif;\?
tvkH;pkHwdkYü (raumif;rIrs) &SufaMumufí
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q,fckajrmuf [w–d*FyO\$ m NyD;V

av;ckajrmuf Oypdum0*f NyD;V

5-oD[0*f

1-oD[*FyO§m (jcaoFh\ t*Fg jyóem)

11/ toQifbk&m;em*aoe]]jcaoFh\
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tb,ft*Fgckepfyg;wdkYudk ,ltyfygukefoenf;[k
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a[mawmfrltyfV /

a&S;OD;pGmaom oD[*FyOşm NyD;V

2-puú0gu*FyOşm (puú0gufiSuf\ t*Fgjyóem)

2/ toQifbk&m;em*aoe]]puú0gufiSuf\
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ur®|mef; pD;jzef;aom a,m*Dyk*¾Kdvfonf
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bpum;udkvnf; a[mawmfrltyf\ /

okH;ckajrmuf ayPm[du*FyOšm NyD;V

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edrdrwfrSwfudkr,l? vspfvsl¹/₂líhtrSwfrsm;pGm jyKí
aeouJhodkY? rif;jrwf ptwlomvQif ur®|mef;pD;jzef;aom
a,m*Dyk*³/₄dKvfonf wpfyg;aom trsKd;odkY
uyfonf&Sdaomf xdktrsKd;ü rdef;rç a,mufsm;wdkY\

anmifapmif;üvnf;aumif;? tif;ysOfüvnf;aumif;?
t0wfykqdk;üvnf;aumif;? wefqmüvnf;aumif;? tdrfwGif;
tokH;taqmifüvnf;aumif;?
tdrfytokH;taqmifüvnf;aumif;?
abmZOftxl;taxGwdkYüvnf;aumif; edrdwfrSwftom;udk
r,l&m? vspfvsl¹/₂lonf jzpf&m\? &[ef;[laom
trSwfonmudk a&S;¹/₂ljzpfap&m\ rif;jrwf tdrfcdk\
pt*Fgwpfyg;udk ,ltyf\ rif;jrwf
ewfxufewfjzpfawmfrlaom jrwpfGmbk&m;onf
plVem&'Zmwfü-]]olwpfyg;tdrfodkY
aomufjCIF;iSgvnf;aumif;? pm;jCIF;iSgvnf;aumif;
Oifonf&Sdaomf twdkif;t&SnfESifh ,SOí cJ&m\?
twdkif;t&SnfESifh ,SOí pm;&m\? rdef;r\
tqif;]¹/₂lyg¹/₂kH}ü pdwfxm;rjyK&m}}[k ppum;udkvnf;
a[mawmfrltyf\

av;ckajrmuf C&uaygw*FyOşm NyD;/

5-Ovlu*FyOşm (cifykyfiSuf\ t*Fgjyóem)

5/ toQifbk&m;em*aoe]]cifykyfiSuf\
t*FgESpfyg;wdkYudk ,ltyfukef\}}[lí qdkawmfrl\ tb,f
t*FgESpfyg;wdkYudk ,ltyfygukefoenf;[k (ar;avQmuf\)/
rif;jrwf cifykyfiSufonf usD;iSufwdkYESifh
qefYusifbufjzpfí nOfhtcgü usD;taygif;&Sd&modkY
oGm;vsuf rsm;pGmaom usD;wdkYudkvnf;
owfouJhodkY? rif;jrwf ptwlomvQif ur®|
mef;pD;jzef;aom a,m*Dyk*³/₄Kdvfonf
rodrl]arm[]ESifh qefYusifjCIF;udk jyK&m\?
wpfa,mufwnf; qdwfNidrf&mt&yfü aeí rodrl]arm[]udk
aumif;pGm ESdrfeif;&m\? t&if;rS jzwf&m\ rif;jrwf
cifykyfiSuf\ a&S;OD;pGmaom pt*Fgudk ,ltyf\

 rif;jrwf aemufwpfrsKd;um; cifykyfiSufonf
vkHjchKpGm udef;atmif;ouJhodkY? rif;jrwf ptwl

omvQif ur®|mef;pD;jzef;aom a,m*Dyk*³/₄Kdvfonf
jidrf0yfpGm wpfyg;wnf;udef;atmif;jcif;ü arGUavsmf
onfç wpfyg;wnf; udef;atmif;jcif;ü aysmfydkufonf
jzpf&m\ rif;jrwf cifykyfiSuf\ ESpfckajrmufaom
pt*Fgudk ,ltyf\ rif;jrwf ewfxufewfjzpfawmfrlaom
jrwfpGmbk&m;onf
oH,kwåedum,fjrwfö-]]pomoemawmfü &[ef;onf
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arGUavsmfonfç udef;atmif;jcif;ü
wpfyg;wnf;aysmfydkufonf jzpfí]]pw&m;um;
qif;&Jwnf;}}[k[kwfrSefaomtwdkif; od\?]]pw&m;um;
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qif;&JcsKyf&m (edAÁmef) odkY
a&mufaMumif;jzpfao tusifhwnf;}}
[k[kwfrSefaomtwdkif; od\}}[k bpum;udkvnf;
a[mawmfrltyf\ /

ig;ckajrmuf Ovlú*FyOşm NyD;V

6-owywå*FyOşm (acguf&SmiSuf\ t*Fgjyóem)

6/ toQifbk&m;em*aoe]]acguf&SmiSuf\
t*Fgwpfyg;udk ,ltyf\}}[lí qdkawmfrl\ tb,f
t*Fgwpfyg;udk ,ltyfygoenf;[k (ar;avQmuf\)/ rif;jrwf
acguf&SmiSufonf wGefjrnfvufholwpfyg;wdkYtm;
ab;r&Sdonfudkvnf;aumif;? ab;&Sdonfudkvnf;aumif;
ajymMum;ouJhodkY? rif;jrwf ptwlomvQif ur®|
mef;pD;jzef;aom a,m*Dyk*³/₄Kdvfonf
olwpfyg;wdkYtm; w&m;udk a[mojzifhh
z¹/₂dkz&Jus&aom 0dedygwab;udk ab;tm;jzifh jy&m\
edAÁmefudk ab;uif;aomtm;jzifh jy&m\ rif;jrwf

acguf&SmiSuf\ pt*Fgwpfyg;udk ,ltyfV rif;jrwf
toQifyda@mvm&'GgZ rax&fonf-]]a,m*D&[ef;onf
i&Jü ab;\ aMumufvefYzG,fudkvnf;aumif;? edAÁmefü
jyefYajym rsm;jym;aom csrf;omudkvnf;aumif;
pESpfyg;ukefaom tusKd;wdkYukd jytyfukef\}}[k
bpum;udkvnf; a[mawmfrltyfV /

ajcmufckajrmuf owywå*FyOšm NyD;V

7-0^{*3/4}Kvd*FyOšm (vif;EdkY\ t*Fgjyóem)

7/ toQifbk&m;em*aoe]]vif;EdkY\
t*FgESpfyg;wdkYukd ,ltyfukef\}}[lí qdkawmfrlV tb,f
t*FgESpfyg;wdkYukd ,ltyfygukefoenf;[k (ar;avQmuf\)/
rif;jrwf vif;EdkYonf tdrfodkY0ifí ysHoef;
vSnfhvnfNyD;aomf xGuf\?
xdktdrfüraESmifh,SufouJhodkY? rif;jrwf ptwlvomvQif
ur®|mef;pD;jzef;aom a,m*Dyk^{*3/4}Kdvfonf &GmodkY
qGrf;tvdkYiSg 0ifvsuf tdrfpOftwdkif; vSnfhvnfNyD;
aomf &aom vmbfjzifh vsifpGmomvQif xGuf&m\
xdk&Gmü aESmifh,Sufonf rjzpf&m/ rif;jrwf vif;EdkY\
a&S;OD;pGmaom pt*Fgudk ,ltyfV

rif;jrwf aemufwpfrsKd;um; vif;EdkYonf
olwpfyg;tdrfü aeonf&Sdaomf xdktdrf&SifwdkYtm;
qkwf,kwfysufpD;aMumif;udk rjyKouJhodkY? rif;jrwf
ptwlvomvQif ur®|mef;pD;jzef;aom a,m*D
yk^{*3/4}dKvfonf ('g,um) tdrfwdkYodkY csOf;uyfí
tvGefawmif;jcif;jzifhvnf;aumif;? odapjcif;]0dnwf}
rsm;ojzifhvnf;aumif;? rdrdudk,f\ tjypfa'gorsm;ojzifh
tvGef tqdktajymrsm;ojzifhvnf;aumif;? wlrQaom
csrf;omqif;&J&Sdojzifhvnf;aumif; xdk'g,umwdkYtm;
wpfpkHwpf&m ESvkH;rom ,mzG,fudk rjyK&m?
xdk'g,umwdkY\ jyKvkyf&if;trludk r,kwfavsmhap&m?
tvkH;pkH BuD;yGg;jcif;udk omvQif tvdk&Sd&mV

rif;jrwf vif;EdkY\ ESpfckajrmufaom pt*Fgudk ,ltyfV
 rif;jrwf ewfxufewfjzpfawmfrlaom jrwfpGmbk&m;onf
 'DCedum,fjrwf
 vu©Pokwfü-]]o'gw&m;jzifhvnf;aumif;?
 oDvjzifhvnf;aumif;? y&d,wftMum;tjrifjzifhvnf;aumif;?
 ynmjzifhvnf;aumif;? pGefYMuJjcif;jzifhvnf;aumif;?
 avmuDw&m;jzifhvnf;aumif;? rsm;pGmukefaom
 aumif;jrwfaom *kPfwdkYjzifhvnf;aumif;?
 Opömjzifhvnf;aumif;? pyg;jzifhvnf;aumif;?
 v,f,mjzifhvnf;aumif;? om;orD;wdkYjzifhvnf;aumif;?
 r,m;wdkYjzifhvnf;aumif;? tajcav;acsmif;&Sdaom
 owå0gwdkYjzifhvnf;aumif;?
 aqGrsKd;wdkYjzifhvnf;aumif;?
 taqGcifyGef;wdkYjzifhvnf;aumif;?
 cspfcifawmfpfolwdkYjzifhvnf;aumif;?
 tm;tifjzifhvnf;aumif;? tqif;jzifhvnf;aumif;?
 csrf;omjcif;jzifhvnf;aumif;? udk,fusKd;ç olusKd;
 ESpfrsKd;pkHwdkYjzifhvnf;aumif; olwpfyg;wdkYonf
 todkYvQif rqkwf,kwfukeftHUenf;[k tvdk&Sd\?
 tusKd;NyD;ajrmufjcif;udkvnf; vGefpGm awmifhw\}}[k
 bpum;udkvnf; a[mawmfrltyfV /

ckepfckajrmuf 0^{3/4}Kvd*FyOšm NyD;V

8-Zvlu*FyOšm (arQmh\ t*Fgjyóem)

8/ toQifbk&m;em*aoe arQmh\
 t*Fgwpfyg;udk ,ltyf\}}[lí qdkawmfrlV tb,f
 t*Fgwpfyg;udk ,ltyfygoenf;[k (ar;avQmuf\)/ rif;jrwf
 arQmhonf tMuifolü wG,f\? xdkolüom jrJpGm wG,fí
 aoG;udk pkwfouJhodkY? rif;jrwf ptwlomvQif ur®|
 mef;pD;jzef;aom a,m*Dyk^{3/4}Kdvfonf tMuifur®|
 mef;wnf;[laom tm^{1/2}kHü pdwfonf wG,f\? xdkur®|
 mef;wnf;[laom tm^{1/2}kHudk tqif;tm;jzifhvnf;aumif;?

oP²meftm;jzifhvnf;aumif;?
 t&yfrsufESmtm;jzifhvnf;aumif;?
 wnf&mrSD&mtm;jzifhvnf;aumif;?
 tydkif;tjcm;tm;jzifhvnf;aumif;?
 toGiftjyiftm;jzifhvnf;aumif;?
 trSwfedrdwftm;jzifhvnf;aumif; jrJpGm
 wnfaxmifpdkufESufí xdkpGJvrf;aom
 tm¹/₂kHjzifhomvQif wfpfpkHwpfckaom t&omESifh
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 [laom t&[wåzdkvft&omudk aomuf&m\ rif;jrwf
 arQmh\ pt*Fgwpfyg;udk ,ltyf\ rif;jrwf
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 ur®|mef;tm¹/₂kHü wnfí xdkpdwfjzifh rnfonfh
 t&omwdkYESifhrQra&m,Sufaom
 Odrkwåd[laomedAÁmefç r*fç zkdvft&omudk
 aomufokH;tyf\}}[k bpum;udkvnf; a[mawmfrltyf\ /

&Spfckajrmuf Zvlu*FyOşm NyD;V

9-oyÜ*FyOşm (a>r\ t*Fgjyóem)

9/ toQifbk&m;em*aoe a>r\
 t*FgokH;yg;wdkYudk ,ltyfukef\}}[lí qdkawmfrl\ tb,f
 t*FgokH;yg;wdkYudk ,ltyfygukefoenf;[k (ar;avQmuf\)/
 rif;jrwf a>ronf &ifbwfjzifh oGm;ouJhodkY? rif;jrwf
 ptwlomvQif ur®|mef;pD;jzef;aom a,m*Dyk*³/₄Kdvfonf
 ynmjzifh oGm;tyf\? rif;jrwf ynmjzifh oGm;aom
 a,m*Dyk*³/₄Kdv\ pdwfonf enf;rSef vrf;rSef oabmrSefü
 vSnfh vnf\? rrSefaom oabmvu©Pmudk a&SmifMuOf\
 [kwfrSefaom oabmvu©Pmudk yGg;rsm;V rif;jrwf a>r\
 a&S;OD;pGmaom pt*Fgudk ,ltyf\

rif;jrwf aemufwpfrsKd;um; a>ronf
 oGm;vmonf&Sdaomf (tqdyfEdkifaom) aq;udk MuOf
 a&Smifí oGm;\? rif;jrwf ptwlomvQif ur®|

mef;pD;jzef;aom a,m*Dyk*³/₄dKvfonf raumif;aom
tusifh'kp¹/₂dkufudk MuOfa&Smifojzifh
oGm;vmvSnfhvnf&m\ rif;jrwf a>r\ ESpfckajrmufaom
pt*Fgudk ,ltyf\

rif;jrwf aemufwpfrsKd;um; a>ronf vlwdkYudk
jrifonf&Sdaomf ylyef\? pdk;&drf\? MuHpnf\? rif;jrwf
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raumif;aom tMuHwdkYudk MuHrdí rarGUavsmfjcif;
jzpfay:vwfaomf]]igonf arhavsmhayghwefojzifh
aeY&ufudkukefvGefaptyfjyD? xdkaeY&ufudk
wpfzef&jcif;iSg rwwfaumif;}}[k ylyef&m\
pdk;&drf&m\? MuHpnf&m\ rif;jrwf a>r\
okH;ckajrmufaom pt*Fgudk ,ltyf\ rif;jrwf
bv'mwd,Zmwfü
udEé&mzdkrESpfOD;wdkYonf-]]rkqdk; igwdkYonf
wpfnOfhywfvkH; tvdkr&SdMuukefb] wpfOD;onf
wpfOD;udk vGrf;qGwfatmufarhMuukefvsuf
(jrpfa&jcm;í) auGuGif;aeMu&ukef\? xdk
wpfnOfhtwGufudk ylaqG; vGrf;qGwfukefonfjzpfí
xdknOfhrsKd; aemufxyf wpfzef rjzpfygapvifh[k
idkyJGcsDcs pdk;&drfMu&ukef\}}[k (rkqdk;tm;
ajymaom) bpum;udk
jrwfpGmbk&m;onfvnf;a[mawmfrltyf\ /

udk;ckajrmuf oyÜ*FyOšm NyD;V

10-tZ*&*FyOšm (pyg;BuD;a>r\ t*Fgjyóem)

10/ toQifbk&m;em*aoe]]pyg;BuD;a>r\
t*Fgwpfyg;udk ,ltyf\}}[lí qdkawmfrl\ tb,f
t*Fgwpfyg;udk ,ltyfygoenf;[k (ar;avQmuf\)/ rif;jrwf
pyg;BuD;a>ronf BuD;pGmaom udk,f&Sd\
rsm;pGmaom aeYwdkYywfvkH; ,kwfavsmhaom
Orf;acgif;&Sd\? tvGefEGrf;ygy;\? Orf;acgif; jynfhatmif

tpmudk r&? jynfhpkHpGm r&onfjzpfíomvQif udk,f\ rQwavmuf¹/₂kHrQjzifhom rQwouJhodkY? rif;jrwf
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olwpyfyg;xHrS qGrf;udk&&ef uyfaom?
olwpyfyg;ay;vSLonfudkom vdkvm;aom?
udk,fwdkif,ljcif;rS MuOfa&Smifaom? ur®|mef;
pD;jzef;aom a,m*Dyk*³/₄Kdvfonf
0rf;jynfhavmufatmifaom qGrf;tm[m&udk &&ef
cj,Of;\? tm[m& &Edkifcj\? cj,Of;ojzifh &tyfV/
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tusKd;pD;yGg;udkom yGg;rsm;apvdk&if;&Sdaom
trsKd;aumif;om; a,m*Donf av;vkyfç ig;vkyfaom
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rif;jrwf pyg;BuD;a>r\ wpfckaom pt*Fgudk ,ltyfV/
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pm;onf&Sdaomf edAÁmefokdkY apvTwfaom
pdwf&Sdaom &[ef;tm; csrf;ompGm aeEdkifjcif;iSg
oifhavsmfavmuf\}}[k þpum;udkvnf; a[mawmfrltyfV /

q,fckajrmuf tZ*&*FyOšm NyD;V

ig;ckajrmuf oD[0*f NyD;V

6-ruú#u0*f

1-yE|ruú#u*FyOšm (yifhul\ t*Fgjyóem)

1/ toQifbk&m;em*aoe]]yifhul\
t*Fgwpfyg;udk ,ltyf\}}[lí qdkawmfrl\ tb,ft*Fg
wpfyg;udk ,ltyfygoenf;[k(ar;avQmuf\)/ rif;jrwf
yifhulonf vrf;ü yifhuluGef&uf(yifhultdrf) udk jyKí
xdkuGef&ufü ydk;onfvnf;aumif;? ,ifonfvnf;aumif;?
ESHaumifonfvnf;aumif; tu,fí Nidonf jzpftHh?
xdktaumifudk zrf;,lí pm;ouJhodkY? rif;jrwf ptwlmvQif
ur®|mef; pD;jzef;aom a,m*Dyk*³/₄Kdvfonf
'Gg&ajcmufyg;wdkYü owdy|mefwnf;[laom
uGef&ufAdwmefudkjyKí xdkuGef&ufAdwmefü
udavomwnf;[laom ,ifaumifwdkYonf tu,fí
zJGUrdukefonf jzpftHh? xdkae&müyifvQif owftyf\
rif;jrwf yifhul\ pt*Fgwpfyg;udk ,ltyf\ rif;jrwf tEk¹/₂k'g
rax&fonf-]]ajcmuf'Gg&wdkYü (jzpfaom) pdwfudk
owdy|meftm¹/₂kHjrwfü tjrj pJGrSwf&m\? xdkpdwfü
udavomwdkYonf tu,fí NidukeftHh?
OdyóemyGg;rsm;aom a,m*D
yk*³/₄KdvfonfhxdkudavomwdkYudk owftyfukef\}}[k
bpum;udkvnf; a[m awmfrltyf\ /

a&S;OD;pGmaom yE!ruú#u*FyOşm NyD;/

2-xeódw'g&u*FyOşm (EdkYpdkYoli,f\ t*Fgjyóem)

2/ toQifbk&m;em*aoe]]EdkYpdkYoli,f\
t*Fgwpfyg;udk ,ltyf\}}[lí qdkawmfrl\ tb,f
t*Fgwpfyg;udk ,ltyfygoenf;[k (ar;avQmuf\)/ rif;jrwf
EdkYpdkYoli,fonf rdrd tusKd;üom ijhuGufí
EdkYpdkYvdkaomf idkdouJhodkY? rif;jrwf ptwlmvQif
ur®|mef;pD;jzef;aom a,m*D yk*³/₄Kdvfonf rdrdtusKd;
(t&[wåzdkvf)ü ijhuGufí ygVdoifjcf;ç t|uxmoifjcf;ç
aumif;pGm vkHYvjyKjcf;ç qdwfNidrf&mt&yfü
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jzpf&mV rif;jrwf EdkYpdkYoli,f\ pt*Fg wpfyg;udk ,ltyfV/
rif;jrwf ewfxufewfjzpfawmfraom jrwfpGmbk&m;onf
'DCedum,fjrwf y&dedAÁme okwåefü-]]tmeE´m
igbk&m; wdkufwGef;\? oifwdkYonf
rdrdtusKd;pD;yGg;ü aphaqmfMuukefavmh?
rdrdtusKd;pD;yGg;ü tm;xkwfMuukefavmh?
rdrdtusKd;pD;yGg;ü rarh ravsmhMuukefbJ
udavomudk ylyefapwwfaom vkHYv&Sdukefç
edAÁmefodkY apvTwftyfaom pdwf&Sdukefonf jzpfí
aeMuukefavmh}}[k ppum;udkvnf; a[mawmfrltyfV /

ESpfckajrmuf xeódw'g&u*FyOšm NyD;V

3-pdwâu"&ukr®*FyOšm (ukef;vdyfajymuf\ t*Fgjyóem)

3/ toQifbk&m;em*aoe]]ukef;vdyfajymuf\
t*Fgwpfyg;udk ,ltyf\}}[lí qdkawmfraV/
tb,ft*Fgwpfyg;udk ,ltyfygoenf;[k (ar;avQmuf\)/
rif;jrwfukef;vdyfajymufonf a&rS aMumufaomaMumifh
a&udk MuOfa&Smifí oGm;V xdkodkYa&udk
MuOfa&SmifjCIF;aMumifhvnf; toufrS
rqkwf,kwfouJhodkY? rif;jrwf ptwlomvQif ur®|
mef;pD;jzef;aom a,m*Dyk*¾Kdvfonf arhavsmhrlü ab;
[k ½lavh&Sdonf jzpf&mV rarhavsmhrlü
*kPfaus;Zl;txl;udk ½lavh&Sdonf jzpf&m\? xdkodkY
(arhavsmhrlü) ab;[k ½lavh&Sdonf\ tjzpfamumifhvnf;
&[ef;\ tjzpfRS r,kwf? edAÁmef\ teD;ü uyfí wnfV/
rif;jrwfukef;vdyfajymuf\ pt*Fgwpfyg;udk ,ltyfV rif;jrwf
ewfxufewfjzpfawmfraom jrwfpGmbk&m;onf
"r®y'ü-]]rarhavsmhCIF;ü arGUavsmfaom?
arhavsmhCIF;ü ab;[k ½lavh&Sdaom &[ef;onf
&[ef;*kPfaus;Zl;jzpfam r*fzdkvfrS qkwf,kwfjCIF;iSg

rxdkuf? edAÁmef\ teD;üomvQif wnf\}}[k
bpum;udkvnf; a[mawmfrltyfV /

okH;ckajrmuf pdwåu"&ukr®*FyOşm NyD;V

4-y0e*FyOşm (awmtkyf\ t*Fgjyóem)

4/ toQifbk&m;em*aoe]]awmtkyf\
t*Fgig;yg;wdkYudk ,ltyfukef\}}[lí qdkawmfrlV tb,f
t*Fgig;yg;wdkYudk ,ltyfygukefoenf;[k (ar;avQmuf\)/
rif;jrwf awmtkyfrnfonfhrpifMu,faom vltaygif;udk
zkH;vTrf;ouJhodkY? rif;jrwf ptwlomvQif ur®|
mef;pD;jzef;aom a,m*Dyk*¾Kdvfonf
wpfyg;aomolwdkY\ tjyphç cRwf,Gif;csufudk
zkH;vTrf;&m\? rzGifhtyf/ rif;jrwf awmtkyf\
a&S;OD;pGmaom pt*Fgudk ,ltyfV

rif;jrwf aemufwpfrsKd;um; awmtkyfonf
rsm;pGmaom vlwdkYrS qdwfouJhodkY? rif;jrwf
ptwlomvQif ur®|mef;pD;jzef;aom a,m*Dyk*¾Kdvfonf
wyfrufri]&m*}? trsufxGufrl]a'go}? awGa0rl]arm[}?
axmifvTm;rl]rme}? rSm;aomt,l]'d|d}[laom
uGef&ufwdkYrSvnf;aumif;?
tvkH;pkHaomudavomwdkYrSvnf;aumif; uif;qdwfonf
jzpf&mV rif;jrwf awmtkyf\ ESpfckajrmufaom pt*Fgudk
,ltyfV

rif;jrwf aemufwpfrsKd;um; awmtkyfonf vlwdkYjzifh
usOf;ajrmif;jcif;rS uif;onfjzpfí qdwfNidrfouJhodkY?
rif;jrwf ptwlomvQif ur®|mef;pD;jzef;aom
a,m*Dyk*¾dKvfonf t&d,mwdkY\
Opömr[kwfukefaom ,kwfnHhaom
tukodkvfw&m;wdkYrS uif;qdwfonf jzpf&mV rif;jrwf
awmtkyf\ okH;ckajrmufaom pt*Fgudk ,ltyfV

rif;jrwf aemufwpfrsKd;um; awmtkyfonf Nidrfoufí
oefY&Sif;pifMu,fouJhodkY? rif;jrwf ptwlomvQif ur®|
mef;pD;jzef;aom a,m*Dyk*¾Kdvfonf Nidrfoufí
oefY&Sif;pifMu,fonf jzpf&m \?&m*ponfü Nidrf;at;onfç
rmeudk y,fNyD;onfç aus;Zl;acszsufjcif;udk y,fNyD;onf
jzpf&m V rif;jrwf awmtkyf\ av;ckajrmufaom
pt*Fgudk ,ltyfV

rif;jrwf aemufwpfrsKd;um; awmtkyfonf
t&d,mjzpfaomolawmfaumif;wdkY tjrJ
rSD0JtyfouJhodkY? rif;jrwf ptwlomvQif ur®|
mef;pD;jzef;aom a,m*Dyk*¾Kdvfonf
t&d,mjzpfaomolawmfaumif;wdkY tjrJrSD0Jtyfonf
jzpf&mV rif;jrwf awmtkyf\ ig;ckajrmufaom
pt*Fgudk ,ltyfV rif;jrwf ewfxufewfjzpfawmfrlaom
jrwfpGmbk&m;onf
oH,kwåedum,fjrwfü-]]&m*ponfwdkYrS
qdwfuif;ukefaom? jzLpifaom tusifh&Sdukefaom?
edAÁmefodkY apvTwftyfaom pdwf&Sdukefaom?
udavomudk &SdKUNr\$Kdufwwfukefaom?
tjrJxufoefaom 0D&d,&Sdukefaom ynm&SdwdkYESifh
twlwuG aexdkif&m\}}[k ppum;udkvnf;
a[mawmfrltyfV /

av;ckajrmuf y0e*FyO\$ m NyD;V

5-½ku©*FyO\$ m (opfyif\ t*Fg jyóem)

5/ toQifbk&m;em*aoe]]opfyif\
t*FgokH;yg;wdkYudk ,ltyfukef\}}[lí qdkawmfrlV tb,f
t*FgokH;yg;wdkYudk ,ltyfygukefoenf;[k (ar;avQmuf\)/
rif;jrwf opfyifrnfonfum; tyGifhtoD;udk aqmifouJhodkY?
rif;jrwf ptwlomvQif ur®|mef;pD;jzef;aom
a,m*Dyk*¾dKvfonf udavomrS
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r*fzdkvf[laom toD;udkaqmifonf jzpf&mV rif;jrwf
opfyif\ a&S;OD;pGmaom pt*Fgudk ,ltyfV

rif;jrwf aemufwpfrsKd;um; opfyifonf teD;odkY
uyfvmukefaom vlwdkYtm; t&dyfudk ay;ouJhodkY?
rif;jrwf ptwlomvQif ur®|mef;pD;jzef;aom
a,m*Dyk*³/₄Kdvfonf teD;odkY uyfvm 0ifvmukefaom
yk*³/₄KdvfwdkYtm; qGrf;paom
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taphtpyfjzifhvnf;aumif; taphtpyf jyK&mV rif;jrwf
opfyif\ ESpfckajrmufaom pt*Fgudk ,ltyfV

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xl;axGjcm;em; uGJjym;onf\ tjzpfudk rjyKouJhodkY?
rif;jrwf ptwlomvQif ur®|mef;pD;jzef;aom
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xl;axG uJGjym;onf\ tjzpfudk rjyK&m? cdk;olç olowfç
&efolwdkYüvnf;aumif;?
rdrdüvnf;aumif;]]powå0gwdkYonf tb,fodkYvQif
ab;&ef r&SdMuukefbj? aMumifhMupdk;&drfjcif;
r&SdMuukefbj? qif;&J r&SdMuukefbj rdrdudk,fudk
csrf;csrf;omom aqmifEdkifygukeftHhenf;}}[k
wlrQaom arwåmyGg;jcif;udk jyK&mV rif;jrwf opfyif\
okH;ckajrmufaom pt*Fgudk ,ltyfV rif;jrwf
w&m;ppfolBuD;jzpfawmfrlaom
toQifom&dykwå&mraX&fonf-]]jrwfpGmbk&m;onf
owfykwfn\$Of;yef;wwfaom a'0'wfüvnf;aumif;?
cdk;oljzpfaoM t*kFvdrmvüvnf;aumif;?
(owf&efvmaom) "eygvqifüvnf;aumif;?
(om;awmf)&m[kvmüvnf;aumif; tvkH;pkHaomolwdkYü
wlrQaom pdwf&Sdawmfrl\}}[k ppum;udkvnf;
a[mawmfrltyfV /

ig;ckajrmuf ½ku©*FyOşm NyD;V

6-arC*FyOšm (rdk;\ t*Fgjyóem)

6/ toQifbk&m;em*aoe]]rdk;\
t*Fgig;yg;wdkYudk ,ltyfukef\}}[lí qdkawmfrl\ tb,f
t*Fgig;yg;wdkYudk ,ltyfygukefoenf;[k (ar;avQmuf\)/
rif;jrwf rdk;onf jzpfay:vmaom jrLtnpftaMu;udk
Nidrf;apouJhodkY? rif;jrwf ptwlomvQif ur®|
mef;pD;jzef;aom a,m*Dyk*³/₄Kdvf onf jzpfay:vmaom
udavom jrLtnpftaMu;udk Nidrf;aptyf\ rif;jrwf rdk;\
a&S;OD;pGmaom pt*Fgudk ,ltyf\

rif;jrwf aemufwpfrsKd;um; rdk;onf ajrū tyludk
Nidrf;apouJhodkY? rif;jrwf ptwlomvQif ur®|
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arwāmbm0emjzifh ewfESifhwuGaom vltaygif;udk
Nidrf;ap&m\ rif;jrwf rdk;\ ESpfckajrmufaom
pt*Fgudk ,ltyf\

rif;jrwf aemufwpfrsKd;um; rdk;onf tvkH;pkHaom
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tvkH;pkHaom owā0gwdkYtm; ,kHMunfrl]o''g}
w&m;udk jzpfapí? xdk,kHMunfrl]o''g}w&m;[laom
rsKd;aphudk tvGefjrwfaom y&rw—edAÁmefcsr;om
pnf;pdrfwdkifatmif ewfjynfç vUjynfűjzpfaom
csr;ompnf;pdrf[laom okH;yg;aom
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okH;ckajrmufaom pt*Fgudk ,ltyf\

rif;jrwf aemufwpfrsKd;um; rdk;onf Owktm;jzifh
jzpfyGg;í ajrtjyifű aygufa&mufukefaom jrufç opfyifç
EG,fç csKHç aq;yifç awmpdk;opfyifwdkYudk
apmifha&SmufouJhodkY? rif;jrwf ptwlom vQif ur®|
mef;pD;jzef;aom a,m*Dyk*³/₄Kdvfonf
oifhavsmfaomtm;jzifh ESvkH;oGif;rludk jzpfapí?
xdkoifhavsmfaomtm;jzifh ESvkH;oGif;rljzifh
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ukodkvf w&m;wdkYonf oifhavsmfaomtm;jzifh
ESvkH;oGif;jcif;vQif t&if;&Sdukef\ rif;jrwf rdk;\ av;ck
ajrmufaom pt*Fgudk ,ltyf\

rif;jrwf aemufwpfrsKd;um; rdk;onf
&Gmonf&Sdaomf jrpfc wpfzufqnfuefc av;axmifh
uefwdkYudkvnf;aumif;? acsmufc acsmufvufwufc
a&tdkifc xkH;tdkifc a&wGif;wdkYudkvnf;aumif;
a&tvSOfwdkYjzifh jynfhapouJhodkY? rif;jrwf
ptwlvomvQif ur®|mef;pD;jzef;aom a,m*Dyk*³/₄Kdvfonf
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owå0gudk
jrifonf&Sdaomf ,lZemwpfodef;wkdifatmifyif
wpfcPcsif;jzifh <uawmfrlí xdkolUtm; opömaV;yg;udk
odapawmfrl\}}[k bpum;udkvnf; a[mawmfrltyf\ /

ajcmufckajrmuf arC*FyOšm NyD;V

7-rPd&we*FyOšm (ywåjrm;\ t*Fg jyóem)

7/ toQifbk&m;em*aoe]]ywåjrm;&wem\
t*FgokH;yg;wdkYudk ,ltyfukef\}}[lí qdkawmfrl\
tb,ft*FgokH;yg;wdkYudk ,ltyfygukefoenf;[k
(ar;avQmuf\)/ rif;jrwf ywåjrm;&wem onf pifppf
xuf0ef;usif pifMu,fouJhodkY? rif;jrwf ptwlvomvQif ur®|
mef;pD;jzef;aom a,m*Dyk*³/₄Kdvfonf pifppf
xuf0ef;usif pifMu,faom toufarG;jcif;&Sdonf jzpf&m\
rif;jrwf ywåjrm;&wem\ a&S;OD;pGmaom
pt*Fgukd ,ltyf\

rif;jrwf aemufwpfrsKd;um; ywåjrm;&wemonf
wfpfkHwfpf&maom tnpftaMu;ESifh
ra&maESmouJhodkY? rif;jrwf ptwlomvQif ur®|
mef;pD;jzef;aom
a,m*Dyk*³/₄dKvfonf ,kwfnHhukefaom
w&m;ç ,kwfnHhukefaom taqGcifyGef;wdkYESifhwuG
ra&maESm&m/ rif;jrwf ywåjrm;&wem\
ESpfckajrmufaom pt*Fgudk ,ltyfV

rif;jrwf ywåjrm;&wemonf (rsKd;rSef)
&wemwdkYESifh ,SOpyfouJhodkY? rif;jrwf ptwl
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tvGefjrwfaom Zmwf&SdaomolwdkYESihftwl
aygif;oif;qufqH&m\? r*ftusKd;iSg usifhol? zdkvfü
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pifMu,fukefolwdkYESifh ¹/₂dkaousKd;EGHukefí
aygif;oif; qufqHjcif;udk jyKMuukefavmh?
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ynda`E´&ifhMuukefvsvuf qif;&J\ tqkH;udk
jyKEdkifMuukefvwåHU}}[k bpum;udkvnf;
a[mawmfrltyfV /

ckepfckajrmuf rPd&we*FyOşm NyD;V

8-rm*0du*FyOşm (om;rkqkd;\ t*Fgjyóem)

8/ toQifbk&m;em*aoe]]om;rkqdk;\
t*Fgav;yg;wdkYudk ,ltyfukef\}}[lí qdkawmfrlV

tb,ft*Fgav;yg;wdkYudk ,ltyfygukefoenf;[k
(ar;avQmuf\)/ rif;jrwf om;rkqdk;onf tenf; i,fom
tdyfouJhodkY? rif;jrwf ptwlomvQif ur®|
mef;pD;jzef;aom a,m*Dyk*³/₄Kdvfonf tdyfjCIF;enf;onf
jzpf&m\ rif;jrwf om;rkqdk;\ a&S;OD;pGmaom
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rif;jrwf aemufwpfrsKd;um; om;rkqdk;onf
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tm¹/₂kHwdkYüomvQif pdwfudk jrJpGm
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pt*Fgudk ,ltyf\

rif;jrwf aemufwpfrsKd;um; om;rkqdk;onf jyKzG,ftr\|
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mef;pD;jzef;aom a,m*Dyk*³/₄Kdvfonf]]ptcgonfum;
wpfyg;wnf; udef;atmif;&rnfh tcgwnf;? ptcgonfum;
udef;atmif;&mrS xGuf&rnfh tcgwnf;}}[k
udef;atmif;jCIF;\ tcgudk od&m\ rif;jrwf om;rkqdk;\
okH;ckajrmufaom pt*Fgudk ,ltyf\

rif;jrwf aemufwpfrsKd;um; om;rkqdk;onf
om;orifukd jrifonf&Sdaomf]]porifudk &ayvwåHU}}[k
&Tifvef;jCIF;udk jzpfapouJhodkY? rif;jrwf ptwlomvQif
ur®|mef;pD;jzef;aom a,m*Dyk*³/₄Kdvfonf ur®|
mef;tm¹/₂kHü tvGefarGUavsmfonf jzpfí vGefjrwfaom
w&m;txl;udk &ay awmhvwåHU}}[k &TifysjCIF;udk
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vGefpGm&TifjCIF;udk jzpfaptyf\}}[k ppum;ukdvnf;
a[mawmfrltyfV /

&Spfckajrmuf rm*0du*FyOšm NyD;V

9-AmVdodu*FyOšm (ig;rQm;ol\ t*Fgjyóem)

9/ toQifbk&m;em*aoe]]ig;rQm;ol\
t*FgESpfyg;wdkYudk ,ltyfukef\}}[lí qdkawmfrlV tb,f
t*FgESpfyg;wdkYudk ,ltyfygukefoenf;[k (ar;avQmuf\)/
rif;jrwf ig;rQm;olonf ig;rQm; csdwfjzifh ig;wdkYudk
xkwfiifouJhodkY? rif;jrwf ptwlomvQif ur®|
mef;pD;jzef;aom a,m*Dyk*¾Kdvf onf ÓPfjzifh
rGefjrwfaom r*fzdkvfwdkYudk xkwf,ltyfukefV rif;jrwf
ig;rQm;ol\ a&S;OD;pGmaom pt*Fgudk ,ltyfV

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ig;udk owfí jyefYajym rsm;jym;aom vmbfudk
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tedrdwår*fzkdvfedAÁmefudkvnf;aumif;?
0darmu©r*fzdkvfedAÁmefudkvnf;aumif;? tyÜPd[dw
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tbdnmOfajcmufyg;wdkYudkvnf;aumif; &Edkif\}}[k
ppum;udkvnf; a[mawmfrltyfV /

udk;ckajrmuf AmVdodu*FyOšm NyD;V

10-wpäu*FyOšm (wpnf;orm;\ t*Fgjyóem)

10/ toQifbk&m;em*aoe]]wpnf;orm;\
t*FgESpfyg;wdkYudk ,ltyfukef\}}[lí qdkawmfrl\/
tb,ft*FgESpfyg;wdkYudk ,ltyfygukefoenf;[k
(ar;avQmuf\)/ rif;jrwf wpnf;orm;onf wHrsOf;csnfudk
vdkufavsm nDñGwfapí opfudk a&GouJhodkY? rif;jrwf
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a&S;OD;pGmaom pt*Fgudk ,ltyf\

rif;jrwf aemufwpfrsKd;um; wpnf;orm;onf tumudk
y,fí tESpfudk ,louJhodkY? rif;jrwf ptwlomvQif ur®|
mef;pD;jzef;aom a,m*Dyk*³/₄Kdvfonf owå0gç
ocFg&wdkY jrJ\[laom]oów}t,ludkvnf;aumif;? aovQif
b0jywf\[laom]Oapä'}t,ludkvnf;aumif;? xdktof onfyif
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udk,fonf wpfjcm;[laom t,ludkvnf;aumif;? xdkig\
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t,ludkvnf;aumif;? wfpkHwpfa,mufaomolu rjyKtyfç
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cHpm;&\[laom t,ludkvnf;aumif;? uH\ tusKd;om[k
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om cHpm;&\[k ,laom t,ludkvnf;aumif;? podkY

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jiif;ckHjcif;\ taMumif;jzpfaom t,lwdkYudkvnf;aumif;
y,fpGefYí ocFg&wdkY\ oabm udkvnf;aumif;?
tvGefuif;qdwfjcif;udkvnf;aumif;? vkHYvuif;jcif;ç
ZD0uif;jcif;udkvnf;aumif;? pifppf
jywfuf;qdwfNidrfjcif;ukdvnf;aumif; pJG,l&m\ rif;jrwf
wpnf;orm;\ ESpfck ajrmufaom pt*Fgudk ,ltyf\ rif;jrwf
ewfxufewfjzpfawmfrlaom jrwpfGmbk&m;onf
okwåedygwfü-]]trldufozG,f ysufjy,faom
tvdk&Sdoludk ESifxkwfMuukefavmh? c½ka,muf
oGm;ykyftwl ysufjy,faom oDv&Sdoludkvnf;
ESifxkwfMuukefavmh? xdkYaMumifh
&[ef;tusifhr[kwfb] &[ef;tusifhjzpf\k rSwfxifukefaom
t,ltzsif;wdkYudk ESifxkwfMuukefavmh/ ,kwfrmaom
tvdkwdkYudkvnf;aumif;? ,kwfrmaom tusifhç
usufpm;&m; tm½kHwdkYudkvnf;aumif;
ESifxkwfNyD;í pifMu,fukefolwdkYonf pifMu,fukef
olwdkYESifh ½dkaousKd;EGHukefí
aygif;oif;qufqHjcif;udk jyKMuukefavmh? xdkodkY
jyKonf&Sdaomf nDñGwfMuukefonfjzpfí ynda`E
´&ifhMuukefvsuf qif;&J\ tqkH;udk
jyKEdkifMuukefvwåHU}}[k bpum;udkvnf;
a[mawmfrltyf\ /

q,fckajrmuf wpäu*FyOşm NyD;V

ajcmufckajrmuf ruú#u0*f NyD;V

7-ukrÇ0*f

1-ukrÇ*FyOşm (tdk;\ t*Fgjyóem)

1/ toQifbk&m;em*aoe tdk;\ t*Fgwpfyg;udk ,ltyf\}}
[lí qdkawmfrl\ tb,f t*Fgwpfyg;udk ,ltyfygoenf;[k

(ar;avQmuf\)/ rif;jrwf tdk;onf a&jynfhonf&Sdaomf
toHrjyKouJhodkY? rif;jrwf ptwlomvQif ur®|
mef;pD;jzef;aom a,m*Dyk*³/₄Kdvfonf
ygVdtm*kHüvnf;aumif;? w&m;txl;udk
&jcif;üvnf;aumif;? oifMum;jcif;üvnf;aumif;?
r*fzdkvfüvnf;aumif; xGwfjrwfjcfif;odkY
a&mufonf&Sdaomf toHrjyK&m? xdkxGwfjrwfjcfif;odkY
a&mufaom *kPfjzifh rmef axmifvTm;jcif;udk rjyK&m?
rmefrljcfif;udk rjyK&m? ESdrfhcsaom rmefç
ESdrfhcsaom rmefrljcfif;&Sdonf jzpf&m\?
ajzmifhrSefonfç ElwfrMurf;onfç txl; taxG rusKH;0g;onf
jzpf&m\ rif;jrwf tdk;\ pt*Fgwpfyg;udk ,ltyf\ rif;jrwf
ewfxufewf jzpfawmfrlaom jrwfpGmbk&m;onf
okwâedygwfü-]]tMuiftdk;onf ,kwfavsmh\ (rjynfh)?
xdk,kwfavsmhaom tdk;onf toHjyK\? tMuiftdk;onf
jynfhvQH\? xdkjynfhvQHaom tdk;onf toHr>ruf?
Nidrfoufonfomwnf;? vlrdufonf rjynhfaom tdk;ESifh
wl\? ynm&Sdonf um; jynfhvQHaom tdk;BuD;ESifh
wlay\}}[lí bpum;udkvnf; a[mawmfrltyf\ /

a&S;OD;pGmaom ukrÇ*FyOşm NyD;V

2-umVm,o*FyOşm (wD;wkwfiSuf\ t*Fg jyóem)

2/ toQifbk&m;em*aoe]]wD;wkwfiSuf\
t*FgESpfyg;wdkYudk ,ltyfukef\}}[lí qdkawmfrl\ tb,f
t*FgESpfyg;wdkYudk ,ltyfygukefoenf;[k (ar;avQmuf\)/
rif;jrwf wD;wkwfiSufonf ao&nfudk aomufrdaomf
axG;tefypfouJhodkY? rif;jrwf ptwlomvQif ur®|
mef;pD;jzef;aom a,m*Dyk*³/₄dKvfonf
oifhavsmfaomtm;jzifh ESvkH;oGif;jcif;aMumifh
rESpfoufzG,fjzpfaoom pdwfudk axG;tefypf\ rif;jrwf
wD;wkwfiSuf\ a&S;OD;pGmaom pt*Fgudk ,ltyf\

rif;jrwf aemufwpfrsKd;um; wD;wkwfiSufonf
wpcfBudrf aomuftyfaoma&udk raxG; rtefouJhodkY?
rif;jrwf ptwlomvQif ur®|mef;pD;jzef;aom
a,m*Dyk*³/₄Kdvfonf]]xkdjrwfpGmbk&m;onf
jrifhjrwfawmfrlygay\? opö mav;yg;udk razmufrjyef
udk,fwdkif odjrifawmfrlygayV w&m;awmfonf
aumif;pGm a[mMum;xm;aom w&m;awmfygaywnf;?
oHCmawmfonf aumif;pGm usifhawmfrlygay\}}[k
wpcfBudrf jzpfay:vmaom MunfndKrludk jyefí
ravQmh cystyf? ¹/₂kyfonf tedpöç onmonf tedpöç
ocFg&wdkYonf tedpöç OdnmOfonf tedpö[k wpcfBudrf
jzpfay:vmaom ÓPfudk wpcfzef ravQmh cystyf/ rif;jrwf
wD;wkwfiSuf\ ESpfckajrmufaom pt*Fgudk ,ltyfV
rif;jrwf ewfxufewfjzpfawmfrlaom
jrwfpGmbk&m;onf-]]aomwmywådr*fÓPfü aumif;pGm
ÓPftjrir pifMu,fNyD;aomolonf t&d,mwdkY\ w&m;ü
jrJjrHvsuf? xl;aom yk*³/₄KdvftjzpfodkY a&mufí?
rsm;pGmaom tzdkYtm;jzifh rwkefrvlyfEdkif? xdkolonf
cyfodrf;aom tjym;tm;jzifh jrwf onfh tjzpfodkYom
a&muf\}}[k bpum;udkvnf; a[mawmfrltyfV /

ESpfckajrmuf umVm,o*FyOşm NyD;V

3-qwå*FyOşm (xD;\ t*Fgjyóem)

3/ toQifbk&m;em*aoe]]xD;\
t*FgokH;ygwdkYudk ,ltyfukef\}}[lí qdkawmfrl\ tb,f
t*FgokH;yg;wdkYudk ,ltyfygukefoenf;[k (ar;avQmuf\)/
rif;jrwf xD;onf OD;xdyfxufí (wnfvvsuf)
vSnfhvnfusufpm;ouJhodkY? rif;jrwf ptwlomvQif ur®|
mef;pD;jzef;aom a,m*D yk*³/₄Kdvfonf udavomwdkY\
OD;xdyftxufü (wnfí) vSnfhvnfusufpm;onf jzpf&mV
rif;jrwf xD;\ a&S;OD;pGmaom pt*Fgukdk ,ltyfV

rif;jrwf aemufwpfrsKd;um; xD;onf OD;xdyfũ
axmufyHUwwfonf jzpfouJhodkY? rif;jrwf ptwlomvQif
ur®|mef;pD;jzef;aom a,m*Dyk*¾Kdvfonf
oifhavsmfaomtm;jzifh ESvkH;oGif;jcif;[laom
taxmuftyHh&Sdonf jzpf&mV rif;jrwf xD;\
ESpfckajrmufaom pt*Fgudk ,ltyfV

rif;jrwf aemufwpfrsKd;um; xD;onf avç aeylç
rdk;aygufwdkYudk y,fazsmufouJhodkY? rif;jrwf
ptwlomvQif ur®|mef;pD;jzef;aom a,m*Dyk*¾Kdvfonf
txl;xl;tjym;jym; t,l&Sdaom rsm;pGmaom
orPjAm[®PwdekY\ t,l[laom av? (&m*ça'goçarm[)][lonfh
rD;oHk;yg;[laom aeyl? udavom[laom
rdk;aygufwdkYudk y,fazsmuftyfukefV rif;jrwf xD;\
okH;ckajrmufaom pt*Fgudk ,ltyfV rif;jrwf
w&m;ppfolBuD;jzpfawmfrlaom
toQifom&dykwå&mraX&fonf]]jyefYus,fí
taygufr&Sdaom jrJrH cdkifcHhpGm zGUJ,Suftyfaom
xD;onf avç aeyludkvnf;aumif;? BuD;pGmaom
rdk;aygufwdkYudkvnf;aumif; wm;jrpfouJhodkY?
xdkYtwlomvQif oDvwnf;[laom xD;udk aqmif;aom
pifMu,faom jrwpfGmbk&m;om;awmfonfvnf;
udavomrdk;aygufwdkYudkvnf;aumif;?
rD;okH;yg;tylwdkYudkvnf;aumif; wm;jrpfEdkif\}}[lí
bpum;udkvnf; a[m awmfrltyfV /

okH;ckajrmuf qwå*FyOşm NyD;V

4-acwå*FyOşm (v,f\ t*Fgjyóem)

4/ toQifbk&m;em*aoe]]v,f\
t*FgokH;yg;wdkYudk ,ltyfukef\}}[lí qdkawmfrlV
tb,ft*FgokH;yg;wdkYudk ,ltyfygukefoenf;[k
(ar;avQmuf\)/ rif;jrwf v,fonf a&ajrmif;ESifh
jynfhpkHouJhodkY? rif;jrwf ptwlomvQif ur®|

mef;pD;jzef;aom a,m*Dyk*³/₄Kdvfonf aumif;pGm
usifhtyfaom 0wfBuD; 0wfi,f[laom ajrmif;ESifh
jynfhpkHonf jzpf&m\ rif;jrwf v,f\ a&S;OD;pGmaom
pt*Fgudk ,ltyf\

rif;jrwf aemufwpfrsKd;um; v,fonf
uefoif;tydkif;tjcm;ESifh jynfhpkH\? xdkuefoif;
tydkif;tjcm;jzifh a&udk apmihfa&Smufí pyg;udk
&ifhap\? rif;jrwf ptwlomvQif ur®|mef; pD;jzef;aom
a,m*Dyk*³/₄Kdvfonf apmifhxdef;rl]oDv}? &Sufri]
[d&D}wnf;[laom tydkif;tjcm;ESifh jynfhpkHonf
jzpf&m\? xdkapmifhxdef;rl]oDv}? &Sufri][d&D}wnf;
[laom tydkif;tjcm;jzifhvnf; &[ef;*kPfudk
apmifha&Smufí av;yg;ukefaom
r*fzdkvfwdkYudk ,ltyfukef\ rif;jrwf v,f\
ESpfckajrmufaom pt*Fgudk ,ltyf\

rif;jrwf aemufwpfrsKd;um; v,fonf
pyg;jzpfay:aMumif; ajrMoZmESifh jynfhpkHonf jzpfí
v,form;tm; &Tifvef;jcif;udk jzpfapwwf\? tenf;i,faom
rsdK;aphudk pdkufysKd;aomfvnf; toD;tESH rsm;pGm
jzpf\ rsKd;aphudk rsm;pGm pdkufysKd;onf&Sdaomf
txl;ojzifh rsm;jym;aom toD; tESHjzpf\ rif;jrwf
ptwlomvQif ur®|mef;pD;jzef;aom a,m*Dyk*³/₄Kdvfonf
aumif;rl jzpfay: aMumif; tusifhESifh jynfhpkHonf jzpfí
jyefYajymaom tusKd;udk ay;apEdkifonf jzpf&m\?
tMuifhtjcif;t&mjzifh tenf;i,f ay;vSLaomf rsm;aom
tusKd;&Sdonf jzpf\? rsm;pGm ay;vSLaomf txl;ojzifh
rsm;jym;pGm tusKd;&Sdonf jzpf\ xkdtjcif;t&mjzifh
'g,umwdkY\ &Tifvef;jcif;udk jzpfap&m\ rif;jrwf v,f\
okH;ckajrmufaom pt*Fgudk ,ltyf\ rif;jrwf
0denf;"dk&fjzpf aom toQifOygvdrax&fonf-]]v,fESifh
wlpGm aumif;rljzpfxfGef;&m jyefYajymaom tusKd;udk
ay;Edkifonf jzpf&m\? tMuif tvSLcHyk*³/₄Kdvfonf
jyefYajymaom 'getusKd;udk ay;Edkif\? pyk*³/₄dKvfonf

aumif;rljzpxGef;&m jrwfVSpGmaom v,f rnf\}}[k
ppum; udkvnf; a[mawmfrltyf\ /

av;ckajrmuf acwå*FyOşm NyD;V

5-t*'FyOşm (tqdyfajzaq;\ t*Fgjyóem)

5/ toQifbk&m;em*aoe]]tqdyfajzaq;\
t*FgESpfyg;wdkYudk ,ltyfukef\}}[lí qdkawmfrlV
tb,ft*FgESpfyg;wdkYudk ,ltyfygukefoenf;[k
(ar;avQmuf\)/ rif;jrwf tqdyfajzaq;ü ydk;avmufwdkYonf
rwnfEdkifukefouJhodkY? rif;jrwf ptwlomvQif ur®|
mef;pD;jzef;aom a,m*D yk³/₄dKvfonf pdwfü
udavomwdkYudk rwnfaptyf/ rif;jrwf tqdyfajzaq;\
a&S;OD;pGmaom pt*Fgudk ,ltyfV

rif;jrwf aemufwpfrsKd;um; tqdyfajzaq;onf
udkuftyfç awGUxdtyfç jriftyfç pm;tyfç aomuftyfç
cjtyfç vsuftyfaom tvkH;pkHaom tqdyfudk
y,fazsmufEdkifouJhodkY? rif;jrwf ptwlomvQif ur®|
mef;pD;jzef;aom a,m*Dyk³/₄Kdvfonf&m*rlç a'gorlç
arm[rlç rmerlç 'd|dwnf;[laom tvkH;pkHaom tqdyfudk
y,fazsmuf&mV rif;jrwf tqdyfajzaq;\ ESpfckajrmufaom
pt*Fgudk ,ltyfV rif;jrwf ewfxufewfjzpfawmfrlaom
jrwpGmbk&m;onf-]]ocFg&w&m;wdkY\
oabmw&m;udk ½lqifjcifvdkaom a,m*Dyk³/₄Kdvfonf
udavomwnf;[laom tqdyfudk zsufqD;&mü
tqdyfajzaq;ESifh wlonfom jzpf&m\}}[k ppum;udkvnf;
a[mawmfrltyf\ /

ig;ckajrmuf t*'FyOşm NyD;V

6-abmZe*FyOşm (abmZOf\ t*Fgjyóem)

6/ toQifbk&m;em*aoe]]abmZOfl
t*FgokH;yg;wdkYudk ,ltyfukef\}}[lí qdkawmfrl\ tb,f
t*FgokH;yg;wdkYudk ,ltyfygukefoenf;[k (ar;avQmuf\)/
rif;jrwf abmZOfonf tvkH;pkHaom owå0gwdkYtm;
taxmuftyHh jzpfouJhodkY? rif;jrwf ptwlomvQif ur®|
mef;pD;jzef;aom a,m*Dyk*¾dKvfonf tvkH;pkHaom
owå0gwdkYtm; r*f\ taxmuftyHh jzpfap&m\ rif;jrwf
abmZOfl a&S;OD;pGmaom pt*Fgudk ,ltyf\

rif;jrwf aemufwpfrsKd;um; abmZOfonf
tvkH;pkHaom owå0gwdkY\ cGeftm;ukd
wdk;yGg;apouJhodkY? rif;jrwf ptwlomvQif ur®|
mef;pD;jzef;aom a,m*Dyk*¾dKvfonf aumif;rl\
wdk;yGg;jcif; jzifh wdk;yGg;ap&m\ rif;jrwf abmZOfl
ESpfckajrmufaom pt*Fgudk ,ltyf\

rif;jrwf aemufwpfrsKd;um; abmZOfudk
tvkH;pkHaom owå0gwdkY awmifhwtyfouJhodkY?
rif;jrwf ptwlomvQif ur®|mef;pD;jzef;aom
a,m*Dyk*¾Kdvfonf tvkH;pkHaom
vltaygif;wdkYhawmifhwtyfol jzpf&m\ rif;jrwf abmZOfl
okH;ckajrmufaom pt*Fgudk ,ltyf\ rif;jrwf
toQifr[marm*¾vmefrax&fonf-]]tm;xkwfjcf;vkHYv&S
daom yk*¾Kdvfonf £a`E´udk
apmihfpnf;jcif;jzifhvnf;aumif;? tjrJ ed,rjzpfaom
oDvjzifhvnf;aumif;? tusifhy#dywfjzifhvnf;aumif;
vltm;vkH; awmifhwtyfonf jzpfap&m\}}[k
bpum;udkvnf; a[mawmfrltyf\ /

ajcmufckajrmuf abmZe*FyOšm NyD;V

7-£ómo*FyOšm (av;orm;\ t*Fgjyóem)

7/ toQifbk&m;em*aoe]]av;orm;\
t*Fgav;yg;wdkYudk ,ltyfukef\}}[lí qdkawmfrl\

tb,ft*Fgav;yg;wdkYudk ,ltyfygukefoenf;[k
(ar;avQmuf\)/ rif;jrwf av;orm;onf jrm;wdkYudk
ypfonf&Sdaomf ajcESpfzufwdkYudk ajrBuD;ü jrJpGm
wnfapV 'l;ykqpfwdkYudk rcRwf,Gif; atmif jyKV
jrm;awmifhudk cg;tpyfü xm;V udk,fudk
awmifhcdkifatmif jyKV vufESpfzufwdkYudk
av;tpyf&Sd&modkY wifV vufqkyfudk jrJrJqkyfV
vufacsmif;wdkYudk tMum;r&Sd aphaphpyfpyf jyKV
vnfyif;udk csDrV rsufpdwdkYudkvnf;aumif;?
cHwGif;udkvnf;aumif; ydwfV rSwfwdkifudk
ajzmifhpGm jyKV]]ypftHh}}[k &Tifvef;jcif;udk
jzpfapV rif;jrwf ptwlomvQif ur®|mef; pD;jzef;aom
a,m*Dyk*³/₄Kdvfonf oDvwnf;[laom ajrü OD&d,wnf;
[laom ajcwdkYudk wnfap&mV onf;chJcif; tusifhü
arGUavsmfirludk rcsKdUwJhatmif jyK&mV
apmifhpnf;jcif;ü pdwfudk xm;&mV £a`E`apmifhjcif;
[laom avmued,rw&m;ü udk,fudk uyfaqmif&mV
tvdkqdk;ESifh awGa0 rdef;armrludk ESdyfpuf&mV
oifhavsmfaomtm;jzifh ESvkH;oGif;rl
a,medaomreodum&}ü pdwfudk aphaphpyfpyf
jyK&mV vkHYvudk jr\$ifhwif&mV ajcmuf'Gg&wdkYudk
ydwftyfukefV atmufarhrl lowd} udk
jzpfap&mV]]tvkH;pkHaom udavomwdkYudk ÓPfwnf;
[laom jrm;jzifh ypftHh}}[k &Tifjcif;udk jzpfap&mV
rif;jrwf av;orm;\ a&S;OD;pGmaom pt*Fgudk ,ltyfV

rif;jrwf aemufwpfrsKd;um; av;orm;onf
aumufauG;wGefYvdrfaom jrm;udk ajzmifhpGm
jyKjcif;iSg jrm;ajzmifhaom usnfudk aqmif,louJhodkY?
rif;jrwf ptwlomvQif ur®|mef;pD;jzef;aom
a,m*Dyk*³/₄Kdvfonf pudk,fü aumufauG;wGefYvdrfaom
pdwfudk ajzmifhpGm jyKjcif;iSg owdy|mefwnf;[laom
usnfudk aqmif&mV rif;jrwf av;orm;\ ESpfckajrmufaom
pt*Fgudk ,ltyfV

rif;jrwf aemufwpfrsKd;um; av;orm;onf rSwfwdkifü
jrm;ypfavhvmouJhodkY? rif;jrwf ptwlomvQif ur®|
mef;pD;jzef;aom a,m*Dyk*³/₄Kdvfonf pudk,fü
avhvm&mV rif;jrwf ur®|mef;pD;jzef;aom
a,m*Dyk*³/₄Kdvfonf pudk,fü tb,fodkY avhvm&moenf;
[lrl-rjrJaom]tedpö}tm;jzifh avhvmtyfV/
qif;&Jaom]'ku©}tm;jzifh avhvmtyfV tvdkodkY
rvdkufaom]tewå}tm;jzifh avhvmtyfV/
tema&m*gtm;jzifh/y/ tdkif;trmtm;jzifh/
ajimifhtm;jzifh/ qif;&J\ wnf&mtm;jzifh/
temjzpf&mtm;jzifh/ &efoltm;jzifh/
ysufpD;wwfaomtm;jzifh/ ysufpD; aMumif; ab;tm;jzifh/
tusKd;rJhudk aqmifaom ab;Oy'ftm;jzifh/ ab;tm;jzifh/
ab;\ Niduyf&mtm;jzifh/ avmu"Hü
vlyf&Sm;aomtm;jzifh/ ysufpD;aomtm;jzifh/
rcdkifcHhaomtm;jzifh/ ab;rS
rapmifha&Smufaomtm;jzifh/ ykef;atmif;&m
r&Sdaomtm;jzifh/ rSDcdk&m
r&Sdaomtm;jzifh/hokcponfrS qdwfaomtm;jzifh/
okcponfrS tcsnf;ESD;tm;jzifh/ t&Sifociftjzpf ponfrS
okOf;aomtm;jzifh/ tjypftm;jzifh/ azmufjyefwwfaom
oabmtm;jzifh/ tESpfr&Sdaomtm;jzifh/ raumif;r\ tjrp
&if;tm;jzifh/ owfykwfn\$Of;qJwwfaomtm;jzifh/
BuD;yGg;jcif;uif;aomtm;jzifh/ tmo0\ tm¹/₂kH
jzpfaomtm;jzifh/ jyKjyifpD&if&aomtm;jzifh/
rpöKrm&f? udavomrm&f\ tmrdotm;jzifh/
y#doaE"aejcif; oabmtm;jzifh/ tdkjcif;oabmtm;jzifh/
emjcif;oabmtm;jzifh/ aojcif;oabmtm;jzifh/
yIaqG;jcif;oabmtm;jzifh/ idka<u;jcif;oabmtm;jzifh/
jyif;pGmyifyef;jcif;oabmtm;jzifh/
ylyefwwfaomoabmtm;jzifh avhvmtyfV rif;jrwf
podkYvQif ur®|mef;pD;jzef;aom a,m*Dyk*³/₄dKvfonf
pudk,fü avhvm&mV rif;jrwf av;orm;\
okH;ckajrmufaom pt*Fgudk ,ltyfV

rif;jrwf aemufwpfrsKd;um; av;orm;onf naewdkif;?
eHeufwdkif; avhvmouJhodkY? rif;jrwf ptwlomvQif
ur®|mef;pD;jzef;aom a,m*Dyk*³/₄dKvfonf naewdkif;?
eHeufwkdif; ur®|mef; tm¹/₂kHü avhvm&mV rif;jrwf
av;orm;\ av;ckajrmufaom pt*Fgudk ,ltyfV rif;jrwf
w&m;ppfolBuD; jzpfawmfrlaom
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